



## Scope of Practice

*Certified Spiritual Care Practitioners and Psycho-Spiritual Therapists seek to improve the quality of life for individuals and groups experiencing spiritual, moral and existential distress related to changes in health, maturation, ability, and life circumstances. They utilize a holistic, relational approach to assess the nature and extent of the concerns, collaboratively develop a plan of care, provide therapeutic interventions to promote, maintain, and restore health and/ or palliate illness and injury, and evaluate the implementation of the plan of care to ensure its efficacy and adequacy.*

# Spiritual Care

**Professional Practice Leader (Charlton, King, West 5th):**

Kelly Collins

**Number of Members of Discipline:**

SITE	FTE	PTE	POSITION
Charlton	7.6		
King	0		By referral only.
West 5th	3.6		

## Clinical Practice Achievements

### Quality & Safety

- Completed Site Accreditation for Supervised Pastoral Education Program through the Canadian Association for Spiritual Care (CASC) in March 2019, receiving a full 5-year accreditation with no deficiencies.

### Change

- Successfully developed a change management strategy regarding practice changes by adding discussion time at each staff meeting to discuss proposed changes that were non-urgent or optional.
- Integrated spiritual care providers across the SJHS into a large team by supporting them to attend and contribute to professional development activities/journal club bi-monthly, to celebrate our new team by creating and displaying System team posters at each location during Spiritual Care Awareness Week and by attending as a team to a lunch with Bishop Crosby at the Cathedral. This became a goal with the change in responsibilities for the former Manager of Spiritual to the new role of Director of Spiritual Care for the St. Joseph's Health System.

## Community

- Initiated chaplain-led support for St. Joseph's Homecare staff by providing emotionally and spiritually oriented debriefing sessions regarding their experiences of caring for patients and their families. These occur bi-monthly at their team meetings.
- Expanded Spiritual Care Advisory Committee members to include further community faith groups, academic institutions, social service organizations, volunteers, and healthcare partners in addition to our healthcare organization's interprofessional and intercultural staff in order to ensure just and equitable spiritual care practices and to support and advance the mission, vision and values of the Sisters of St. Joseph and the ministry of the Diocese of Hamilton.
- Shared Spiritual Care flow sheets/navigator and transition process with Trillium (Mississauga) and St. Joseph's in London as they embark on EMR.
- Collaborated with UHN Spiritual Care re: benchmarking for Bickle Site.
- Planned and led the CAMH Trans Day of Remembrance Service (1 Resident).
- Organized with Volunteer Services a Christmas Luncheon for West 5th spiritual care volunteers.
- Co-led Butterfly release on Tuesday, September 10, 2019.
- Co-led Little Pieces of Light on Monday, October 7, 2019.

## Interconnection

- Presented at all General Hospital Orientation about Spiritual Care and availability of Spiritual Care Practitioners for staff support as required.
- Mentored students at the Mohawk Interprofessional Education Event (1 staff member).
- Attended St. Joe's System Day (2 staff members--Director and PPL).
- Conducted a memorial for an outpatient for Homes for Special Care on July 24, 2019.
- Led in partnership with Peer Advisory, Tree of Hope dedication ceremony on October 17, 2019.
- Facilitated Christmas Tree lightings and carol singings in partnership with Public Affairs.
- Organized the Annual Christmas Service at West 5th on Dec 13, 2019.
- Supported wellness community activities through Wellness Committee (1 staff).

## Academic Pursuits

### Formal Teaching:

- Provided volunteer training in spiritual care and ongoing didactics for spiritual care volunteers.
- Gave spiritual care In-service to Mohawk College students on 8 Rehab and Complex Care.
- Led workshop for 3rd year Nursing Students on the role of Spiritual Care, also a second workshop for nursing students from McMaster.
- Provided didactics on topics: Spiritual care and mental health; spirituality groups; life review research project; three wishes research project.
- Facilitate teaching on labyrinth and lead labyrinth walk for Mohawk OT students.
- Led in-service to Nephrology resident physicians.

# Academic Pursuits

## Internal Teaching:

- All our Pastoral Education programs are affiliated with Martin Luther University College (Laurier). Our Certified Clinical Pastoral Supervisor Educators are also professional faculty with Martin Luther University College.
- Taught the following units of Supervised pastoral education:
  - Winter Clinical Pastoral Education unit. (4 learners)
  - Spring Clinical Pastoral Education unit (5 learners) includes clinical placements at St. Mary's Hospital in Kitchener and St. Joseph's Health Centre Guelph.
  - Residency of 3 CPE units beginning September 2019.(4 residents)
  - Extended Fall-Winter Pastoral Counseling Education Unit.( 3 learners)

## Clinical Teaching:

- Presented on role of spiritual care for Forensic family education group.

## Continuing Education:

- Engaged all spiritual care staff across SJHS in ongoing professional development sessions and journal club in discussion of peer reviewed articles about spiritual care best practices and sharing continuing education topics with the group (topics such as Emotion-Focused Therapy).
- Certified as a Certified Spiritual Care Practitioner with CASC (1 staff member).
- Received Trillium Gift of Life Network In-service (Spiritual Care Staff).
- Trained for Dovetale: Ambulatory Training (PPL): MIS Stats Education (8 staff); Dovetale Pro Training for RHPs (PPL); Initial Dovetale training (13 Learners, 4 Residents, 1 Staff).
- Did CPI training (learners, residents, new staff; all staff up to date).
- Attended workshops or courses as follows:
  - Catholic Health Sponsors of Ontario—Mission Leadership (2 staff).
  - Capacity Building for Mental Health Practitioners with Concurrent Diagnosis (1 staff).
  - Participated in 2-day Project Management Training (PPL).
  - Connection between Mental Health and Nutrition (1 Staff).
  - End of Life Planning (Train the Trainer) (1 Staff).
  - "After" Workshop—Employee Wellness (1 Staff).
  - Patient and Family Co-Design series (PPL).
  - Seminar-Family Group Counseling (1 Staff).
  - Participated in 2-day workshop Sex Addiction and Betrayal Trauma.
  - Critical Care Update (1 Staff).
  - Workshop by Gabor Mate: Hungry Ghost: A Biopsychosocial Perspective on Addiction (1 Staff).
  - Emotionally Focused Couple Therapy Workshop (1 Staff).
- Attended CASC events:
  - Ontario Networking Day (3 Staff, 4 learners).
  - Attended CASC National Conference in New Brunswick (1 staff).
  - CASC Ontario meeting (6 staff).
  - Fall CASC-SWONT meeting (8 staff).
  - Participated in ongoing in-house education/rounds: Ethics, Nephrology Grand Rounds, Psych Rounds, and Lunch 'n Learns.

# Scholarly Pursuits

## Research:

- Initiated collaboration between the Kidney Program, The Kidney Foundation and the Spiritual Care Department to undertake a Spiritual Care Life Review Research Study with Hemodialysis patients. Staff Nephrologist, Dr. Amber Molnar, will be co-investigator along with Lucinda Landau, RP, DMin. Study currently preparing for Research Ethics Review.
- Initiated a research project on the topic of Trauma Informed Supervision in Supervised Pastoral Education. Literature review being undertaken by Kelly Collins, RP, MDiv, MA (Spiritual Care and Psychotherapy). Others in the department will take part in this research as well in later stages.

## Publications:

- Compassionate End-of-Life Care: Mixed-Methods Multisite Evaluation of the 3 Wishes Project (Ann Intern Med; Nov 2019). Vanstone M, Neville TH, Clarke FJ, Swinton M, Sadik M, Takaoka A, Smith O, Baker A, LeBlanc A, Foster D, Dhingra V, Phung P, Xueqing X, Kao Y, Heels-Ansdell D, Tam B, Toledo F, Boyle A, Cook DJ. Compassionate End-of-Life Care: Mixed-Methods Multisite Evaluation of the 3 Wishes Project. Ann Intern Med. 2019; [Epub ahead of print 12 November 2019]. doi: <https://doi.org/10.7326/M19-2438>.
- Fostering Humanism: a mixed methods evaluation of the Footprints Project in critical care. (BMJ Open. 2019). Hoad, N, Swinton M, Takaoka A, Tam B, Shears M, Waugh L, Toledo F, Clarke FJ, Duan EH, Soth M, Cook DJ. Fostering Humanism: a mixed methods evaluation of the Footprints Project in critical care. BMJ Open. 2019; 9:e029810.doi:10.1136/bmjopen-2019-029810.

## Abstracts:

- Spirituality and End-of-life Wishes in the ICU: A Multicenter Quantitative Analysis of the 3 Wishes Project (CCCF 2019). Pitararu J, Clarke FJ, Hoad N, Heels-Ansdell D, Takaoka A, Toledo F, Smith OM, Baker A, Sandhu G, Leblanc A, Foster F, Dhingra V, Richardson J, Neville T, Phung P, Xu X, Kao Y, Granone M, Foster J, McMullen S, Reeve B, Dechert W, Swinton M, Vanstone M, Cook DJ for the Multicenter 3 Wishes Project Team. Spirituality and End-of-life Wishes in the ICU: A Multicenter Quantitative Analysis of the 3 Wishes Project. Critical Care Canada Forum 2019. Toronto, ON. Nov 10-13, 2019.

# Scholarly Pursuits

## Publications Continued...

### Abstracts:

- Building organizational compassion (for our patients and ourselves) through the 3 Wishes Project (CCCF 2019). Sadik M, Vanstone M, Neville T, Swinton M, Takaoka A, Clarke FJ, Hoad N, Toledo F, Tam B, LeBlanc A, Dhingra V, Smith OM, Baker A, Phung P, Kao Y, Xu X, Cook DJ. Building organizational compassion (for our patients and ourselves) through the Three Wishes Project. Critical Care Canada Forum 2019. Toronto, ON. Nov 10-13, 2019.
- Compassionate End-of-Life Care in the ICU: Mixed-methods multi-site evaluation of the Three Wishes Project (CCCF 2019). Cook DJ, Vanstone M, Neville T, Clarke FJ, Swinton M, Sadik M, Takaoka A, Smith O, Baker A, LeBlanc A, Foster D, Dhingra V, Phung P, Xu X, Kao Y, Heels-Ansdell D, Tam B, Toledo F, Boyle A, Sandhu G, Hodder J, Santos M. Compassionate End-of-Life Care in the ICU: Mixed-methods multi-site evaluation of the 3 Wishes Project. Critical Care Canada Forum 2019. Toronto, ON. Nov 10-13, 2019.
- Fostering Organizational Compassion in the ICU through the 3 Wishes Project (AMEE 2019). Vanstone M, Sadik M, Swinton M, Clarke FJ, Toledo F, Cook DJ. Fostering Organizational Compassion in the ICU through the 3 Wishes Project. Association of Medical Educators of Europe 2018. Vienna, Austria. Aug 16, 2019.
- Facilitators enabling transition of an end of life research project to clinical program (SCCM 2019). Tam B, Clarke FJ, Takaoka A, Hoad N, Toledo F, Waugh L, Soth M, Rudkowski J, Alhazzani W, Duan E, Perri D, Ligor T, Jaeschke R, Hayes C, Heels-Ansdell D, Boyle A, Woods A, Swinton M, Vanstone M, Cook DJ. Facilitators enabling transition of an end of life research project to clinical program. 48th Society of Critical Care Medicine Critical Care Congress. San Diego, CA. Feb 17-20, 2019. Crit Care Med 2019; 47(1): p.185; Abstract#393.
- Patient and Family Engagement at the End-of-Life: The Multicenter 3 Wishes Project (SCCM 2019). Clarke FJ, Neville TH, Swinton M, Smith OM, Foster D, Toledo F, Hoad N, Takaoka A, Shears M, Buck K, Lee C, Piacentino R, LeBlanc A, Goksoyr S, Xu X, Kao Y, Vanstone M, Heels-Ansdell H, Phung P, Cook DJ. Patient and Family Engagement at the End-of-Life: The Multicenter 3 Wishes Project. 48th Society of Critical Care Medicine Critical Care Congress. San Diego, CA. Feb 17-20, 2019. Crit Care Med 2019; 47(1): p.185; Abstract#409.

# Scholarly Pursuits

## Publications Continued...

### Abstracts:

- What do dying patients, their families, and their clinicians wish for? Findings from the Multicenter 3 Wishes Project (SCCM 2019). Clarke FJ, Hoad N, Toledo F, Smith OM, Foster D, LeBlanc L, Lockington L, Sandhu G, Hodder J, Santos M, Khalid I, Xu X, Kao Y, Granone M, Guyatt P, Phung P, Arthur J, Reeve R, Deckert W, Neville TH, Cook DJ. What do dying patients, their families, and their clinicians wish for? Findings from the Multicenter 3 Wishes Project. 48th Society of Critical Care Medicine Critical Care Congress. San Diego, CA. Feb 17-20, 2019. Crit Care Med 2019; 47(1):p.183, Abstract #405.
- Not All That Counts Can Be Counted: Managerial Perspectives of the 3 Wishes Project- done (SCCM 2019). Swinton M, Vanstone M, Smith OM, Baker A, LeBlanc A, Foster D, Dhingra V, Takaoka A, Clarke FJ, Woods A, Boyle A, Toledo F, Cook DJ. Not All That Counts Can Be Counted: Managerial Perspectives of the 3 Wishes Project. 48th Society of Critical Care Medicine Critical Care Congress. San Diego, CA. San Diego, CA. Feb 17-20, 2019. Crit Care Med 2019; 47(1): 179 Abstract #396. doi: 10.1097/01.ccm.0000551149.49178.c3.

## External Committees:

- Bereaved Families of Ontario (1 staff participated in quarterly meetings, offered professional feedback for new program to support bereaved individuals impacted by death of loved one through MAID, supported leadership transition, recruited new member for advisory committee.

## Leadership:

- Supporting Canadian Association for Spiritual Care and CASC/ACCP processes: Advanced Consultation for 2 students at outside organizations.
- Initiated a weekly Family Support Group on Harbour N1&E1 in partnership with Rec. Therapy.
- Facilitated weekly mindfulness meditation, Nephrology/Transplant mindfulness meditation.
- Led quarterly hospital memorial services, various spirituality groups and religious services, co-led Silent Hope Pregnancy Loss Memorial Service.



# Discipline Goals 2020

## Change

- Building upon pilot project of providing spiritual care support to Homecare staff as a SJHS Spiritual Care Team.

## Community

- Provide education, in collaboration with interdisciplinary team, to community faith leaders on the topic of caring for those in our congregations being discharged from a mental health facility. (Fr. Andrew Lopatniuk leading initiative)

## Research & Education

- Obtain ethics approval for “Spiritual Care Life Review Research Study with Hemodialysis Patients.” (Lucinda Landau leading from Spiritual Care in collaboration with Dr. Amber Molnar)
- Complete literature review for “Trauma-Informed Supervision in Supervised Pastoral Education.” (Kelly Collins leading from Spiritual Care).
- Ongoing participation in Three Wishes research (Feli Toledo supports this from Spiritual Care).

