

## Visual Fields Eye Test

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### What is a visual fields eye test?

This is an eye test used to assess the total area you can see while you focus on a centre point. Your eye's ability to detect a spot of light on a dark or brighter background will be tested.

Some people have a test called a Goldmann visual fields test for driving. This may be required by the Ontario Ministry of Transport.

### Why do I need a visual field test?

This test provides information to your eye doctor to:

- diagnose an ocular (eye) disease
- evaluate a neurological disease
- monitor the progression of an ocular disease
- monitor how well prescribed medications are working
- give to the Ontario Ministry of Transport

### The day of your appointment:

- Plan to arrive no more than 15 minutes before your appointment time.
- You will not be getting drops and will be able to drive yourself after your appointment.



### When you arrive:

1. Clean your hands with the pump provided.
2. Sit in the waiting room
3. Wait to be called to the Registration desk. You will be called according to your scheduled appointment time – not the time you arrive
4. Register at the Registration desk when called. Be prepared to show your Ontario Health card.
5. After registering, a technician will escort you to the visual fields testing room. It is a dark room that you will be in for about 15 minutes.



**Plan to be at the Eye Clinic about 1 hour. There are many doctors and patients in this clinic for many tests and procedures so you may see people go in “out of order”.**