

Warning Signs - When to Call the Doctor

Here is a list of signs warning that your condition may need treatment.

Report any of these signs to your doctor right away:

- More shortness of breath than usual
- Change in the colour of sputum such as brown, yellow or green
- Change in the thickness of sputum
- Change in the amount of sputum
- Blood in sputum
- Increased swelling in the ankles from your usual
- A general feeling of ill health
- Chest pain or tightness
- Increased number of morning headaches
- Dizzy spells, feeling restless or not being able to sleep
- Confusion or changes in how alert you feel
- Lethargy or feeling more sleepy or drowsy
- Problems waking in the morning or staying awake during the day
- An increase or decrease in weight for no clear reason
- An increase in the number of pillows you need to sleep comfortably
- Fever or chills