
Leukotriene Receptor Antagonists (Lu-ko-try-een)

Other names for this medication:

- Singulair®

How this medication is used?

All people have substances called leukotrienes in their bodies. Leukotrienes cause narrowing and swelling of the airways in the lungs. Leukotriene Receptor Antagonists block the action of leukotrienes. This improves asthma symptoms and helps prevent asthma episodes.

How to take this medication

Take this medication exactly as directed by your doctor or health care provider. Take this medication even when there are no asthma symptoms.

This medication comes in tablets or chewable tablets. Take this medication as written on your prescription. If you have questions, talk to your doctor, pharmacist, asthma educator or health care provider that looks after your asthma.

This medication does not act quickly enough to be used as a rescue or quick relief medication. Continue to use the other medications that have been prescribed for the treatment of asthma such as bronchodilators and inhaled steroids.

While taking this medication you may notice

- headache
- abdominal pain or upset

Contact your doctor or health care provider if you notice

- a skin rash

This may be an allergic reaction to the medication.

What should I tell my doctor or health care provider?

Your doctor or health care provider needs to know about:

- all medications you take
- all allergies you have
- all medical conditions you have

Tell your doctor or health care provider if you are pregnant, planning to become pregnant or plan to breastfeed.