
Inhaled Corticosteroid Combined with Long Acting Beta 2-Agonist Medication

Other names for this medication:

- Breo[®] – fluticasone furoate + vilanterol

How does this medication work?

The corticosteroid part of this medication reduces inflammation, swelling and mucous in the airways.

The long acting beta 2 agonist part of this medication helps the muscles around the bronchial tubes in the lungs to relax. This widens or bronchodilates the tubes and improves breathing. This medication also makes the muscle less likely to contract and narrow the tubes in response to exercise, cold air and irritants such as dust and cigarette smoke.

This medication helps over 24 hours.

How much medication do I take and how often?

Take this regularly as directed by your doctor.

While taking this medication you may notice:

- fast heart beat
- headache
- heart palpitations
- problems sleeping
- a hoarse voice, and/or sore throat or mouth
- bruising when taken for long periods of time

Irritation or a yeast infection can cause a sore throat. Yeast causes white spots in the mouth and/or throat. A doctor can give you medication to treat a yeast infection.

To prevent problems

- After inhaling the medication, rinse your mouth and gargle with water, then spit the water out.
- Work with your doctor or health care provider to find the smallest dose you need to control your breathing problems.