

Inhaled Bronchodilator ~ Muscarinic Antagonist Medication ~

Other names for this medication:

Short-Acting:

• Atrovent – ipratropium bromide

Long-Acting:

- Incruse umeclidinium
- Incruse umeclidinium bromide
- Seebri glycopyrronium bromide
- Spiriva tiotropium bromide
- Tudorza aclidinium bromide

How does this medication work?

This medication helps the muscles around the bronchial tubes in the lungs to relax. This widens or bronchodilates the tubes and improves breathing. This medication also makes the muscle less likely to contract and narrow the tubes in response to exercise, cold air and irritants such as dust and cigarette smoke.

How fast and long does this medication work?

- Atrovent: This depends on how you are advised to use it. It takes about 5 to 15 minutes to begin working. The effects can last for 4 to 6 hours.
- **Incruse:** Begins to work within 30 to 60 minutes.
- **Seebri:** Begins to work within 5 to 15 minutes.
- **Spiriva:** Begins to work within 30 to 60 minutes.
- **Tudorza**: Begins to work within 30 to 60 minutes.

How much medication do I take and how often?

Take this medication on a regular basis as directed by your doctor.

While taking this medication you may notice:

- headache
- dry mouth
- bad taste in mouth
- constipation

Dry mouth often goes away. If not, talk to your health care provider about what you can do to help.

Consult your doctor if:

- this medication is less effective than usual
- you have trouble passing urine

If any of these occur, you may need other treatment.