

Medication Information Card - for Renal Patients

Sodium Polystyrene Sulfonate

(Sod – dee – um Pol – ee – sty – reen
Sul – fon – ate)

Other names for this medication

Kayexalate[®]

PHL – Sodium Polystyrene Sulfonate

PMS – Sodium Polystyrene Sulfonate

K – Exit Poudre

How this medication is used

This medication is used to decrease potassium levels in the blood. Potassium is important for heart and muscle function. Potassium must be at the right level for the heart and muscles to work properly. In kidney disease, potassium may build up in the blood. When potassium is too high it can be dangerous to the heart.

How to take this medication

Take this medication exactly as directed by your doctor. Only take this medication if your potassium is high.

This medication comes in a powder form. Mix in a small amount of water and stir quickly and thoroughly. Drink right away. Do not let the mixture sit. Do not mix in orange juice or other fruit juices that contain potassium.

Do not take this medication at the same time you take calcium or aluminum phosphate binders and antacids.

While taking this medication you may notice

- nausea
- loss of appetite
- constipation

Contact your doctor if you notice

- irritability
- confusion
- increased thirst
- muscle weakness or spasms
- your heart beat is not regular
- chest pain