-St. Joseph's -Healthcare & Hamilton

# Satellite Hemodialysis Program



Satellite Hemodialysis Unit King Campus 2757 King Street East Hamilton, Ontario

Monday to Saturday 7:30 a.m. to 11:30 p.m. 905-522-1155 ext. 34854

# What is the Satellite Hemodialysis Program?

The King Campus Satellite Unit is a modern hemodialysis unit providing care for hundreds of people with kidney disease.

In this program, patients have the option to learn how to take an active part in their own care.



You may notice some people doing some or all of the procedures needed to start or stop dialysis. Along with members of the health care team, each person decides what he or she is able to do.

# You may see:

- people doing some of their care called partial self-care
- people doing all of their care called total self-care
- people learning to do dialysis at home called home hemodialysis

### Who works in this program?

Many members of the health care team help you with your care. The unit has specially trained registered nurses, registered technologists, non-registered technologists, clerks, an access coordinator and primary care nurses.



Regular visits are made by doctors, dietitians, social workers and exercise therapists. If you would like to talk to any of these team members talk to your nurse and this will be arranged.

# When is this unit open?

- Monday to Saturday
- 7:30 a.m. to 11:30 p.m.
- A doctor and nurse are always on-call during off hours

Doors to the unit open at 7:30 a.m. and the first patients are scheduled to start at 8:00 a.m.

Patients are asked to stay in the waiting room until their station is prepared. A nurse will come for you when the station is ready.

The waiting room offers:

- comfortable seats
- a blanket warmer
- a microwave, refrigerator, ice machine and sink
- a weigh scale and thermometer
- a locker room

There are 3 patient washrooms inside the unit.





# How are patients scheduled?

There are 3 shifts of patients for each station each day:

- morning
- afternoon
- evening

Start times and stations are assigned by the charge nurse based on availability. You are assigned the same time as often as possible.

#### What is in a dialysis station?

Each station is equipped with a reclining chair, telephone, television and web access. You must bring your own earphones. You may bring in portable DVD players and computers.



You should avoid eating or drinking during dialysis as this can cause a drop in blood pressure. This makes it harder to remove your fluid. If you bring food from home, you can eat it after you have finished treatment.

#### What happens if I need medical care?

Minor medical problems are managed on-site by a primary care nurse or in the urgent care department.

Any patient who has a serious medical problem is transferred promptly to St. Joseph's Hospital by ambulance.

There is a nephrologist assigned to cover the unit each day. The primary care nurses keep in touch with the nephrologists and discuss medical issues with them.

#### What else can I find at this centre?

The King Campus has a pharmacy, laboratory, urgent care department and a radiology department.

The cafeteria, in the main building, is open from 7:00 a.m. to 2:00 p.m. It is closed on week-ends and holidays.

#### What about transportation and parking?

- DARTS provides service here.
- Patient parking is available for a monthly fee.
- Major bus routes service this area.

