

# Hooking up your valved PICC at home for therapy

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## Supplies

- alcohol wipes
- clean towel
- primed IV tubing
- syringes with normal saline
- garbage bag
- gloves. Gloves are worn if you have a cut, a rash or an infection on your hands.

## Getting ready

1. Wash your hands.
2. Put your supplies on a clean, unused towel. Place supplies in the order they will be used.
3. Prepare the IV bag and tubing.

## Hooking up

1. Put on gloves if needed.
2. Clean the connection between the PICC and the end cap with an alcohol wipe. Rub well for 15 seconds.
3. Remove the end cap. Allow to dry.
4. Clean the end of the PICC with an alcohol wipe. Rub well for 15 seconds. Allow to dry.
5. Flush with normal saline.
6. Attach the prepared IV tubing to the PICC.
7. Turn on your IV or pump. Set rate as instructed.
8. Secure the PICC as taught.

Refer to the handout Living with your valved PICC – problems and what to do if needed.

