

Medication Information Card

Progestins (Pro – ges – tins)

Other names for this medication

Prometrium™
Provera®
Medroxyprogesterone Acetate

There are many other names for this medication.

How this medication is used

This medication is used to treat many different problems.

It is often used together with estrogen to relieve the symptoms of menopause. It is used to help:

- abnormal uterine or menstrual bleeding
- lack of menstruation

How to take this medication

Do not use Prometrium if you are allergic to peanut products.

Take this medication exactly as directed your doctor.

If you miss a dose of this medication, take it as soon as possible. However if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

While taking this medication you may notice

- nausea
- weight gain
- tender, swollen breasts
- swollen ankles, feet
- fatigue
- mood changes
- spotting or irregular menstrual periods
- dizziness
- drowsiness

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

To avoid weight gain, follow a healthy diet and exercise plan. Talk to your doctor or dietitian for help.

Contact your doctor if you notice

- severe menstrual bleeding
- numbness in your arm or leg
- severe pain in the leg, calf or chest
- severe headache
- slurred speech
- breathing problems
- changes in vision
- severe mood changes