

Medication Information Card

Prednisone (Pred – ni – zone)

Other names for this medication

There are many other names for this medication.

How this medication is used

This medication is used to treat many different problems. It can lessen swelling, inflammation, redness, itchiness and allergies.

Prednisone can also be used to treat problems with breathing or the immune system.

How to take this medication

Take this medication exactly as directed by your doctor or health care provider. If you are taking this medication once daily, take it in the morning with breakfast.

Take this medication with food.

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

Never stop taking prednisone without checking with your doctor or health care provider first.

When it is time to stop taking prednisone, your doctor or health care provider may slowly decrease the amount of medication you are taking.

Due to increase risk of infection, check with your doctor or health care provider before having any vaccinations, flu shots or dental work.

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While taking this medication you may notice

- a sense of well-being or depression
- an increased appetite
- weight gain
- upset stomach
- restlessness
- trouble sleeping
- skin changes such as acne or stretch marks
- water gain making your hands, feet and face puffy
- bruising
- headache
- dizziness
- increased sweating
- increased blood pressure
- increased blood sugar levels

Contact your doctor or health care provider if you notice

- severe puffiness of your hands, feet and face
- a lot of bruising or bleeding
- a painful or burning feeling in your stomach
- black or bloody stools
- a fever for 24 hours or more
- changes in your menstrual cycle
- muscle pain and weakness
- wounds that do not heal
- mouth sores or redness inside your mouth
- blurred vision or other problems seeing
- frequent mood changes or unusual behaviour for you
- new pain in hips, groin or thighs