



Regional Joint Assessment Program

1-888-868-5568

Community Pools – Aquatic Exercise Programs

Location	Facility	Telephone Number
Hamilton	Bennetto Recreation Centre 450 Hughson Street North	905-546-4944
	Central Memorial Recreation Centre 93 West Avenue South	905-546-4939
	Dalewood Recreation Centre 1150 Main Street West	905-546-4946
	Huntington Park Recreation Centre 87 Brentwod Drive	905-546-4880
	Jimmy Thompson Pool 1099 King Street East	905-546-4768
	Norman Pinky Lewis Recreation Centre 192 Wentworth Street North	905-546-3122
	Riverdale Recreation Centre 150 Violet Drive	905-546-4284
	Ryerson Recreation Centre 251 Duke Street @ Queen	905-546-3111
	Sir Allan MacNab Recreation Centre 145 Magnolia Drive	905-546-2554
	Sir Winston Churchill Recreation Centre 1715 Main Street East	905-546-4775
	Sir Wilfrid Laurier Recreation Centre 60 Albright	905-546-4853

Location	Facility	Telephone Number
	Westmount Recreation Centre 39 Montcalm Drive	905-546-4932
	Hamilton Downtown Family YMCA 79 James Street South	905- 529-7102
	Les Charter Family YMCA 356 Rymal Road East	905-667-1515
	Hill Park Recreation Centre 465 East 16 th Street @ South Bend	905-546-4920
Ancaster	Ancaster Aquatic Centre 47 Meadowbrook Drive	905-540-9358
Burlington	Aldershot Community Pool 50 Fairwood Place	905-637-5688
	Angela Coughlan Pool 2425 Upper Middle Road	905-335-7000
	Burlington Centennial Pool 5151 New Street	905-639-5722
	Tansley Woods Pool 1996 Itabashi Way	905-332-1996
	Ron Edwards Family YMCA 500 Drury Lane	905-632-5000
Brantford	Wayne Gretzky Sports Centre 254 North Park Street	519-756-9900
Dundas	Dundas Community Pool 39 Market Street South	905-540-6694
	St. Joseph's Villa 56 Governor's Road	905-627-3541 ext. 2222
Fort Erie	EJ Freeland Community YMCA 1555 Garrison Road	905-871-9622

Location	Facility	Telephone Number
Jordon	Best Western Beacon Harbourside 2793 Beacon Blvd	905-562-4155
Paris	Paris Community Pool 80 Laurel	519-442-7311
Niagara Falls	Family YMCA of Niagara Falls 4261 Fourth Avenue	905-356-8760
	Boys and Girls Club of Niagara 8800 McLeod Road	905-357-2444
Niagara-on-the-Lake	Pillar and Post Inn Spa King and John Street	905-468-2123
	White Oaks Fitness and Racquet Club Glendale and QEW	905-688-6800
St. Catharines	Walker Family YMCA 25 YMCA Drive	905-934-9622
	Holiday Inn St. Catherines Lake Street and QEW	905-934-8000
	Howard Johnson Hotel 89 Meadowvale Road	905-934-5400
	Brock University 500 Glenridge Avenue	905-688-5550 Ask for aquatics program
	Niagara Ina Graften Gage Seniors Village 413 Linwell Street	905-935-6822
	Heidehof Home for the Aged 600 Lake Street	905-935-3344
	Network Niagara/Niagara Rehabilitation 541 Glenridge Avenue	905-688-5575 Need medical referral

Location	Facility	Telephone Number
Stoney Creek	H.G. Brewster Pool 200 Dewitt Road	905-643-4434
	Valley Park Recreation Centre 970 Paramount Drive	905-573-3600
	Stoney Creek Recreation Centre 45 King Street West	905-546-2196
Waterdown	Flamborough Family YMCA 207 Parkside Drive	905-690-3555
Welland	Welland Area Family YMCA 285 East Main Street	905-735-5484

Hamilton Health Sciences does not endorse any particular vendor or listing. The resources may change and not all resources may be listed.



NIAGARA HEALTH SYSTEM
SYSTÈME DE SANTÉ DE NIAGARA



Hamilton Health Sciences



Brant Community
Healthcare System
The Welland, Paris
The Brantford General

St. Joseph's
Healthcare Hamilton



JOSEPH BRANT
MEMORIAL HOSPITAL

This program is part of the Hamilton, Niagara, Haldimand and Brant Local Health Integration Network

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