
Optical Coherence Tomography (OCT)

What is an OCT test?

An OCT is an eye test that looks at the back of the eye called the retina. The retina is the part of the eye that allows you to see. The retina contains an oval area called the macula which the doctor looks at. The macula is responsible for central vision.

Why do I need an OCT test?

An OCT test provides information to your ophthalmologist on:

- Macular degeneration
- Macular holes
- Diabetic retinopathy
- Optic nerve damage

The day of your appointment:

- Plan to arrive no more than 15 minutes before your appointment time.
- You will be getting eye drops and need to arrange to have someone drive you after your appointment.



When you arrive:

1. Clean your hands with the pump provided.
2. Sit in the waiting room
3. Wait to be called to the Registration desk. You will be called according to your scheduled appointment time – not the time you arrive
4. Register at the Registration desk when called. Be prepared to show your Ontario Health card.
5. After registering, a technician will take you to the visual fields testing room. It is a dark room that you will be in for about 15 minutes.



Plan to be at the Eye Clinic about 1 hour. There are many doctors and patients in this clinic for many tests and procedures so you may see people go in “out of order”.