## To Do Checklist

Call your local pharmacist to schedule a **MedsCheck** appointment 2 weeks before your surgery.

Bring ALL of your medications to your **MedsCheck** appointment. Medications include: prescriptions and non-prescriptions, herbal products, vitamins, ear or eye drops, inhalers, sprays and patches.

Bring the **MedsCheck** form that the pharmacist completed as well as all the medications that you take at home to your Pre-Admission Clinic Appointment. Date of your Pre-Admission Clinic Appointment

**Date of your** 

**MedsCheck** 

St. Joseph's Healthcare & Hamilton

50 Charlton Avenue East Hamilton, Ontario Canada L8N 4A6 www.stjoes.ca

Contact: Pharmacy Department Phone: 905- 522-1155 ext: 32922 E-mail: cnieuwst@stjoes.ca



Medication Reconciliation and

MedsCheck



What is Medication Reconciliation?

Medication Reconciliation is a way to make sure that your most up-todate medication list is available to all members of the health care team looking after you. This helps us make sure you take the correct medication during your stay at St. Joseph's Healthcare Hamilton.

## What is MedsCheck?

**MedsCheck** is a free 30 minute conversation with your community pharmacist where your medications are explained. Your pharmacist then gives you a form that you bring to your Pre-Admission Clinic appointment. This helps the staff at

St. Joseph's keep track of all the medications you take and prevents any mistakes.



Who is Eligible for a MedsCheck?

All residents of Ontario who take 3 or more prescription medications are eligible.

> How do you Prepare for your MedsCheck Appointment?

You can prepare for your **MedsCheck** appointment by bringing the following items to your scheduled meeting:

- Your OHIP card
- Any current medication containers, including those from other pharmacies or a list of all your medications
- Any non-prescription medications, vitamins, and/or herbal products you currently take



## What is Your Role?

We need your help for Medication Reconciliation to be successful. You play an active role in your care by helping health professionals gather your medication list.

Remembering all the names of your medications and how often you take them can be hard. That is why we would like you to make a **MedsCheck** appointment with your community pharmacist before your surgery.

## Your MedsCheck form may look like this:

