

# Medication Information Card

## Oxybutynin (Ox – ee – bu – tin – in)

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### Other names for this medication

Ditropan<sup>®</sup>                      Oxytrol<sup>®</sup>                      Ditropan XL<sup>®</sup>

There are many other names for this medication.

### How this medication is used

This medication decreases cramps and spasms of your bladder muscles. This helps your bladder hold more urine for longer. You do not feel the need to urinate as often.

### How to take this medication

Take this medication exactly as directed by your doctor.

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

**Tablet:**                      Swallow each tablet whole with a full glass of water.  
Do not crush, chew or suck the tablet.

**Oxytrol Patch:**        Apply on dry, clean, intact skin. If your patch falls off, fold it in half and discard it. Then put on another patch. Change the patch every 3 to 4 days.

This medication increases the effects of alcohol making you more sleepy and dizzy. Do not drink alcohol such as wine, beer or liquor while taking this medication.

## **While taking this medication you may notice**

- red itchy rash
- drowsiness
- constipation or diarrhea
- dry eyes, mouth, nose and throat
- decreased sweating

Until you know how this medication affects you, do not drive or operate machinery.

To prevent constipation, eat food high in fibre, drink 6 to 8 glasses of liquid each day and exercise regularly. Food high in fibre includes whole grain products, vegetables and fruit.

Avoid strenuous exercise and exposure to heat for long periods of time because this medication may cause you to sweat less than normal.

To help dry mouth, try sucking sugar-free candy or chewing sugar-free gum. Sucking on ice chips also helps if you are not on a limited fluid diet. Good care of your teeth is very important at this time.

## **Contact your doctor if you notice**

- extreme drowsiness
- severe constipation
- extreme body heat
- blurred vision
- your eyes are more sensitive to bright light
- heart palpitations