

Medication Information Card

Nitroglycerin – Sublingual Tablets

(Nye – troe – gli – ser – in)

Other names for this medication

Nitrostat[®]

There are other names for this medication.

How this medication is used

This medication is used to reduce chest pain due to angina. It works by relaxing the blood vessels.

This medication works within 5 minutes.

How to take this medication

Take this medication exactly as directed by your doctor.

Take this medication if you are having chest pain.

Place one tablet under your tongue and let it dissolve. If your chest pain does not get better in 5 minutes after taking the tablet, place a second tablet under your tongue. If your chest pain does not get better after you have taken 3 tablets in 15 minutes, get emergency help.

The tablets must be kept in the original bottle. After you open the bottle, remove the cotton plug and discard. Keep the bottle tightly closed and do not put other medications into this bottle.

Do not take this medication if you take medication for erectile dysfunction such as Viagra[®], Levitra[®] or Cialis[®].

While taking this medication you may notice

- dizziness
- headache
- flushing of face or neck

This medication can make you dizzy. Before taking this medication, find a place close by to sit down. Take some time to rest before getting up. Get up slowly. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

Contact your doctor if you notice

- severe pounding headache
- fainting
- blurred vision
- skin rash
- trouble breathing
- fast heartbeat

To prevent fainting, avoid standing for long periods of time and exercising in hot weather.