

Medication Information Card

Mexiletine (Mex – i – le – teen)

Other names for this medication

Mexitil[®]

There are many other names for this medication.

How this medication is used

This medication helps your heart beat regularly.

This medication is also used to treat nerve pain.

How to take this medication

Take this medication exactly as directed by your doctor. It must be taken regularly even if you are feeling well. It is best to take this medication evenly spaced over 24 hours.

Your doctor will need to check your heart often when you begin taking this medication.

Do not stop taking this medication without checking with your doctor first.

To avoid stomach upset, take this medication with food or milk.

If you miss a dose, take it as soon as you remember. If it is less than 4 hours to your next dose, skip the missed dose. Take your next dose at the usual time. Do not take 2 doses at one time.

Until you know how this medication affects you, do not drive or operate machinery.

please turn over →

While taking this medication you may notice

- fatigue
- trouble walking
- trembling or shaking of hands
- heartburn
- nausea or vomiting
- nervousness
- trouble sleeping
- dizziness

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

Contact your doctor if you notice

- chest pain
- your heartbeat is not regular
- your heartbeat is faster or slower than normal
- trouble breathing
- unexplained fever or chills
- unusual bleeding or bruising
- blurred vision
- skin rash