

Medication Information Card

Diclectin (Die – cleck – tin)

Other names for this medication

Doxylamine-Pyridoxine

How this medication is used

This medication helps prevent and control nausea and vomiting in pregnancy.

If you have glaucoma, talk to your doctor before taking this medication.

How to take this medication

Take this medication exactly as directed by your doctor.

Swallow whole with a full glass of water. Do not split, crush or chew.

Most women take this medication by mouth at bedtime to help control nausea in the morning. The tablets are coated to delay the effect until morning. If you have nausea during the day, you may need to take a second dose in the middle of the morning or the middle of the afternoon.

You need to talk to your doctor about your symptoms. You can work out the amount of medication to take with your doctor. Do not change your dose without talking to your doctor first.

Tell your doctor and pharmacist about all the medications and natural or herbal products you take, even the ones you buy without a prescription.

Avoid alcohol such as wine, beer or liquor while taking this medication and while you are pregnant.

please turn over →

While taking this medication you may notice

- drowsiness
- dizziness
- headache
- you feel irritable
- fast heart beat
- diarrhea
- blurred vision

Do not drive, operate machinery or make important decisions until you know how this medication affects you.

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

Contact your doctor if you notice

- confusion
- stomach pain
- trouble sleeping
- very fast heart beat
- trouble passing urine
- vision changes

Talk to your doctor before you breastfeed. Studies have shown that small amounts of this medication are found in breast milk.