

# Medication Information Card

## Alfacalcidol

(Al – fah – cal – sih – doll)

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### Other names for this medication

One-Alpha<sup>®</sup>

There are other names for this medication.

### How this medication is used

This medication is a form of vitamin D. Vitamin D is needed to keep bones and teeth strong. It works by helping your body absorb calcium. When your body does not have enough vitamin D, your body may not be getting enough calcium.

This medication is also used to reduce the production of parathyroid hormone in chronic renal failure.

### How to take this medication

Take this medication exactly as directed by your doctor. It may be taken with or without meals. Do not take vitamin D, phosphorus or calcium supplements unless your doctor has prescribed them.

## How to take this medication (continued)

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

**Capsules:** Store at room temperature away from direct sunlight.

**Oral Drops:** Store in fridge in the original carton. When ready to take a dose, remove the protective cap, but not plastic dropper from bottle. Turn the bottle upside down to allow the oral drops to flow into the dropper. Add amount of drops to small amount of water or milk, and then drink the water or milk.

## While taking this medication you may notice

- headache
- nausea, vomiting
- weakness or tiredness

## Contact your doctor if you notice

- dry mouth
- loss of appetite
- constipation
- muscle pain