

Patient & Family Advisory Council

June 21, 2021 ~ 3:00pm - 5:00pm

Minutes

	Sept 21/20	Oct 19/20	Dec 15/20	Nov 16/20	Jan 18/21	Feb 22/21	Mar 15/21	April 19/21	May 17/21	June 21/21
Helene Hamilton (Co-Chair)										
Susan Tkachuk (Vice-Chair)										
Peggy Chapman			X							X
Lana Yilmaz										
Michael Doughty										
Linah Hegazi										
Jan Kasperski										
Brian Cooke										
Julia Boyd										
Martha Ronalds										
Sahar Monzavi										
Mackenzie M. (LOA)										
Ali B.										
Susan Lohin										
Debra Leah Hartman										
Angelo M.										
Donna Johnson (Interim CNE)										
Cheryl Williams (Chief Nursing Executive)									X	X
D. Pitt (Coordinator Patient Relations)										
L. Volman (Director of Nursing Practice, MH & A)	X	X	X						X	
F. Wilson (Manager, Patient & Family Collaborative Support Services)		X								
B. Sunstrum (Knowledge Translation Specialist, Forensic Psychiatry)							X	X	X	X
E. O'Connell (Co-Chair, Nurse Management Council)							X	X	X	X
M. Joyner (Director, Quality Dept)										X
V. Constantinescu (Patient Experience Consultant, Quality Dept)										
S. Mondoux (Quality Lead, Emergency Dept)	X	X	X	X						X
J. Williams (Resource)										

X = Regrets

 = Not a current member

Abbreviation List:

PFAC = Patient and Family Advisory Council

PFA = Patient and Family Advisor

SJHH = St. Joseph's Healthcare Hamilton

Item	Topic	Presenter
1.0	INTRODUCTION	
1.1	<p>Call to Order</p> <ul style="list-style-type: none"> The agenda for the June 21 2021 meeting was approved. The minutes from the May 17th meeting were approved. 	H. Hamilton
1.2	<p>Land Acknowledgement</p> <ul style="list-style-type: none"> PFAC opened the meeting with the SJHH Land Acknowledgement. 	H. Hamilton
1.3	<p>Introduction</p> <p>Welcomed guests: Gail Belisario, Hamilton Joint Boards of Governors, Dr. Zain Chagla, Jesseca Tolan, Dee Dee Georges, Patient & Family Advisor community</p>	H. Hamilton
2.0	ANNOUNCEMENTS	
2.1	<p>Larissa Volman Departure</p> <ul style="list-style-type: none"> Larissa will be leaving St Joe's and ending her term with PFAC. She is moving to a new position as the Executive Dean at Mohawk College. 	H. Hamilton
3.0	PRESENTATIONS	
3.1	<p>COVID-19 – Regional Updates:</p> <ul style="list-style-type: none"> As of June 21st, there are 6 active COVID facility outbreaks in the city. Outbreaks are mainly seen in workplaces and supportive housing 19 cases per 100,000 people per week have contracted COVID either by close contact or community acquired. Cases are low in the community and we have done well at minigated the spread The Roadmap to reopen is a three-step plan to safely and cautious reopen the province and gradually lift public health measures. The plan is based on the province wide vaccination rate and improvements in key public health and health care indicators <p>COVID-19 – St. Joe's Updates:</p> <ul style="list-style-type: none"> As of June 21st, we are caring for 6 patients with COVID There are 35-40 acute care patients who are recovering from COVID at the hospital In the ICU patients tend to be in the 60+ age group with an average length of stay around 30 days 	Dr. Z. Chagla
3.2	<p>Vaccine Update– St. Joe's:</p> <ul style="list-style-type: none"> Presently, a major concern in the community is regarding the Delta variant. The data around Delta variant shows that a two-dose vaccine series provides protection for people from severe outcomes Hamilton is a hot spot with higher numbers of COVID cases therefore vaccinations remain a priority in our region We have seen a reduction in hospitalizations. COVID vaccine offers 70-75% protection with a single dose and well over 90% of the two doses <u>Astra Zeneca & Clots</u> <ul style="list-style-type: none"> Data has show that there is aproximately 1 in 60000 clots with this vaccine 1 fatality and a few cirtically ill patiens on Ontario – recognized early and patients were educated on what symptoms to look for and when to go to hospital 2nd dose 1 in 600000 clotting 1.3 people per million after second dose with Astra Zeneca Myocarditis which is inflamntation of the heart has been seen in people who received the Astra Zeneca vaccine, however the risk remains low and falls within a range of 1 in 100000 Patients are monitored in the community and a few have been hospitalized Symptoms of clots would typically include; headaches, abdominal pain, chest pain, leg swelling, shortness of breath, bruising ~ 4-20 days post vaccine 	Dr. Z. Chagla

- MRNA Vaccines and Myocarditis
 - Reports of myocarditis 16-30 year olds
 - First described in Israel, then USA
 - Male predominant, worst on second shot
 - Pleuritic chest pain, shortness of breath
 - Echocardiography and MRI normal
 - Self resolving, no reports of permanent myocardial issues
- Mixing and Matching Brands of Vaccine
 - Studies have shown a spike in protein however research have shown the benefits in mixing the vaccine
 - A side effect that was noted was an increase in sore arm and Sortness of Breath
 - Differences between moderna and Pfizer are < 1 % (minor changes to coding regions + stabilizers to proteins)
 - Immune system doesn't recognize differences between vaccines
 - Similar differences to Coke and Pepsi, or different brands of over the counter Tylenol
 - Pfizer and Moderna can be effectively interchanged

Q: Can you tell us more about the new Delta variant?

A: A major concern right now is the Delta variant which is a virus strain first identified in India in December. It then swept rapidly through that country and Great Britain. From what we know so far, people who are fully vaccinated against COVID appear to have protection against the Delta variant, but anyone who is unvaccinated and not practicing preventive strategies is at risk for infection.

Q: What treatment is recommended for those who had myocarditis after a COVID vaccine and what are the long term effects of myocarditis?

A: A small number of cases of myocarditis (inflammation of the heart muscle) following immunization with COVID vaccines have been reported in Canada. These cases are very rare and most reported cases to date have followed vaccination with an mRNA vaccine (Pfizer and Moderna) and were resolved with taking anti-inflammatories and rest. There have not been any long term side effects noted.

Q: Do we have to wear a mask at indoor gatherings if all of the guests are fully vaccinated?

A: The Centers for Disease Control and Prevention (CDC) in the United States have indicated that fully vaccinated people no longer need to wear a face mask or stay 6 feet away from others in most settings, whether outdoors or indoors. This has not been approved in Canada and we will continue to follow the guidelines provided by the Province.

Q: What percentage of vaccine non compliance have you encountered?

A: Outreach, confidential consultation services to meet and ask questions, we can't because of privacy we don't have a good sense of numbers as we only get what numbers are provided by the govt. General population there is probably a good 10-20 percent who are resistant. Network of family and friends who can help those who will not get the vaccine, answer their questions, point them to the right place. 8% will never get vaccination.

Q: Do you think we will reach our goal where 80% of the population will be vaccinated with a single dose by the end of June?

A: Yes I feel that 80% is an achievable number and I think we will reach it. From the polling results for Canada, approximately 88% of the population are willing to get vaccinated.

Q: Do you think that health care workers should be mandated to get the vaccine?

A: I think it's really important that everyone is protected. There has been communication within the government for long term care home staff to have mandatory COVID immunization requirements but at this time, I am not sure what the Provincial plan will look like.

<p>Q: Are patients coming to the hospital to receive a vaccine? A: Yes, patients who attend the Firestone Outpatient clinic are offered a COVID vaccine as well as short stay patients. A plan is also underway to allow patients to receive a vaccine when admitted to the Emergency Department.</p> <p>Q: Down the road, do you expect that the COVID vaccine will be linked to the annual influenza vaccine? A: The World Health Organization forecasts that people most vulnerable to COVID, such as the elderly, may need to get an annual vaccine booster to be protected against variants. More research is being done on this as it is still a work in progress.</p> <p>Q: Should transplant patients continue to remain vigilant as they are more susceptible to illness? A: I would agree that two doses might not be enough for transplant recipients however being fully vaccinated will help to protect them from severe medical outcomes. There is some literature published that suggests giving transplant patients a third vaccine to boost their immunity.</p> <p>Q: Do you feel that we will get back to normal before winter? A: As variants emerge it seems that we are not done with COVID yet. We may see an influenza season with COVID. We have one solution with the vaccine, but what will the winter look like is still unknown. The Province is continually discussing the possibility of a 4th wave and a lot of work is being done in the background to prepare for when and if it may occur.</p>	
<p>Strategic Plan Refresh</p> <ul style="list-style-type: none"> Due to the COVID-19 pandemic, the implementation of the 2025 Strategic Plan has been impacted and our external environment has changed. As a result, we will undertake a “strategy refresh” process this Summer; beyond a typical annual review Goals: <ul style="list-style-type: none"> Determine if any adjustments to our strategic priorities are necessary, given changes in our external environment and organizational challenges revealed during the pandemic Review the selection, pace and expectations of our major strategic initiatives Identify ways in which we can strengthen our ability to prioritize, implement change and engage our teams in meaningful transformation The updated plan will be completed and launched in September 2021 Proposed PFAC Engagement: <ul style="list-style-type: none"> Establish an Ad Hoc Group with PFAC representation Ensure proposed adjustments are not beyond scope of the goals and the refresh Provide input and feedback on proposed changes to the strategy Ensure the voice of the patient, family and caregiver are included <p>Comments:</p> <ul style="list-style-type: none"> During Wave one of the COVID Pandemic, I felt that PFA’s were not included in the hospital activities. After discussion with leadership, PFA’s have now been involved in the leadership committee. Not being able to be physically present, I still feel disconnected with the work that has gone over the past year more so at the program/unit level. I feel a focus group with discussion would be the best way for PFA’s to contribute versus passive methods such as surveys. 	A. Guy
<p>Email Notification for Outpatient Appointments -My Dovetale</p> <ul style="list-style-type: none"> On June 9th, St. Joe’s went live with Dovetale email appointment notifications for outpatient visits. This feature allows patients who have an email address on file to receive information about upcoming outpatient appointments followed by quick reminders via email How it works: 	D. Georgees

	<ul style="list-style-type: none"> • Default: Patients are automatically emailed if an email address exists in their profile • Patients enrolled in MyDovetale will receive 3 email messages: <ul style="list-style-type: none"> • Notification with prompt to log into MyDovetale and check for new messages • Notification to include appointment details • Qualick email reminder 1 day before their appointment • Patients not enrolled in MyDovetale will receive 2 email messages: <ul style="list-style-type: none"> • Notification to include appointment details • Email reminder 1 day before their appointment • If patients want to stop receiving notifications, they may either update their communication preference settings in My Dovetale or contact their clinic for registration staff to update their settings <p>Q: Not everyone is tech savvy, if you don't have an email address or access to a computer will there be a phone call reminder? Is there an option to be contacted by phone and add it as your preferred method of communication?</p> <p>A: For all MyDovetale patients, an email address would be in their file. In addition to the follow up processes practiced by the clinic where your appointment is taking place, you will also receive email confirmation of your appointment. At this time, we do not have a way to do auto-calling or auto-texting.</p> <p>ACTION: D. Georgees to follow up on choices of preferred methods of communication for patients in the MyDovetale system. MRP: D. Georgees</p>	
3.3	<p>H. Hamilton Leadership - Thank You!</p> <ul style="list-style-type: none"> • H. Hamilton will end her term as PFAC Co-Chair as of June 2021. S. Thachuck will be the new PFAC Co-Chair starting in September 2021 until June 2023. Thank you Helene for your extensive knowledge, commitment and passion in leading the Patient & Family Advisory Council. 	S. Thachuk
4.0	STANDING ITEMS	
	<p>Project Assignments</p> <ul style="list-style-type: none"> • An update on all active projects to date was presented • There were 5 project requests for Patient & Family Advisor (PFA) participation between the months April 10 2021 to May 10 2021. 	V. Constantinescu
5.0	CONCLUDING ITEMS	
5.1	<p>Date of Next Meeting - Held Virtually via ZOOM Monday, September 21, 2021 3:00pm – 5:00pm</p>	