

Peer Support Council Application

Mental Health and Addiction Program

The Mental Health and Addiction Program (MHAP) at St. Joseph's Healthcare Hamilton (SJHH) is recruiting individuals experiencing mental illness and/or addiction to join our **Peer Support Council**.

If you are a person who has received mental health and/or addiction services from SJHH in the recent past (under 3 years), and have a passion to contribute, we encourage you to apply:

Today's Date: _____

Your Name: _____

Address: _____

City: _____ Postal Code: _____

Phone: _____

Email Address: _____

How did you find out about us? _____

Have you done or are you presently doing any type of volunteer work and, if so, what type? _____

Have you ever participated in any committees or boards? If so, please let us know the nature of your participation. _____

Do you possess any of the following skills?

*(This is merely to be able to help the executive in the assignment of duties. **Please check those that apply.**)*

Basic Computer Skills Advanced Computer Skills Speaking in Front of An Audience Assisting in Developing Reports and Position Papers

In what way do you feel you can assist the Peer Support Council in continuing and strengthening our Mission and Purpose? _____

How will you be able to use your experience in a productive and hopeful context in representing others with the lived experience of mental illness?

Signature of Applicant: _____

Please ensure that you have read and agree with the Peer Support Council Mission and Statement of Purpose on the back of this form →

To submit completed application or get more information:
Phone: (905) 522-1155 x **33148** | Email: **patfamadvisory@stjoes.ca**
www.stjoes.ca/patientcouncil

St. Joseph's
Healthcare  Hamilton

Peer Support Services Mission Statement

In Keeping with St. Joseph's Healthcare Hamilton's mission and values of compassion, dignity and respect, Peer Support Services aims to improve the quality of life of persons who share the lived experience of mental illness.

Staff, volunteers and members embrace the unique needs of our peers by providing support in a non-judgmental, respectful way through education, information sharing, peer support, social/recreational activities, and organizational and system advocacy.

Statement of Purpose

The purpose of the Peer Support Council is to directly support others with a psychiatric illness and/or addiction by:

- Providing support including empathetic listening, encouragement, information and sharing experiences
- Advocating for the needs of the individual at an organizational/system level.
- Role modeling self help and empowerment skills
- Advancing and promoting self-determination, autonomy and personal decision making
- Designing, implementing and presenting stigma reduction, public and staff education campaigns
- Ensuring the involvement of individuals with lived experience is valued and respected

The Council will advise the mental health system, specifically the Mental Health and Addiction Program (MH&AP) of St. Joseph's healthcare Hamilton by:

- Ensuring that the perspective of persons with lived experience is considered in decision making
- Advocating for the needs of individuals who use the services of the MH&AP
- Giving a voice to the peer perspective in any and all meetings, committees, and task groups that impact on the overall care and treatment of persons served.

The Peer Support Council will operate in conjunction with St. Joseph's Healthcare Hamilton, Mental Health and Addiction Program, but is self-governing.

Thank you for your interest in the Peer Support Council!

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