

St. Joseph's Healthcare

St. Joseph's Healthcare Hamilton is a university teaching hospital, affiliated with the Faculty of Health Sciences at McMaster University and Mohawk College.

We are dedicated to providing compassionate, sensitive care to our clients and their families and to achieving excellence in healthcare through our ongoing commitment to education and research.

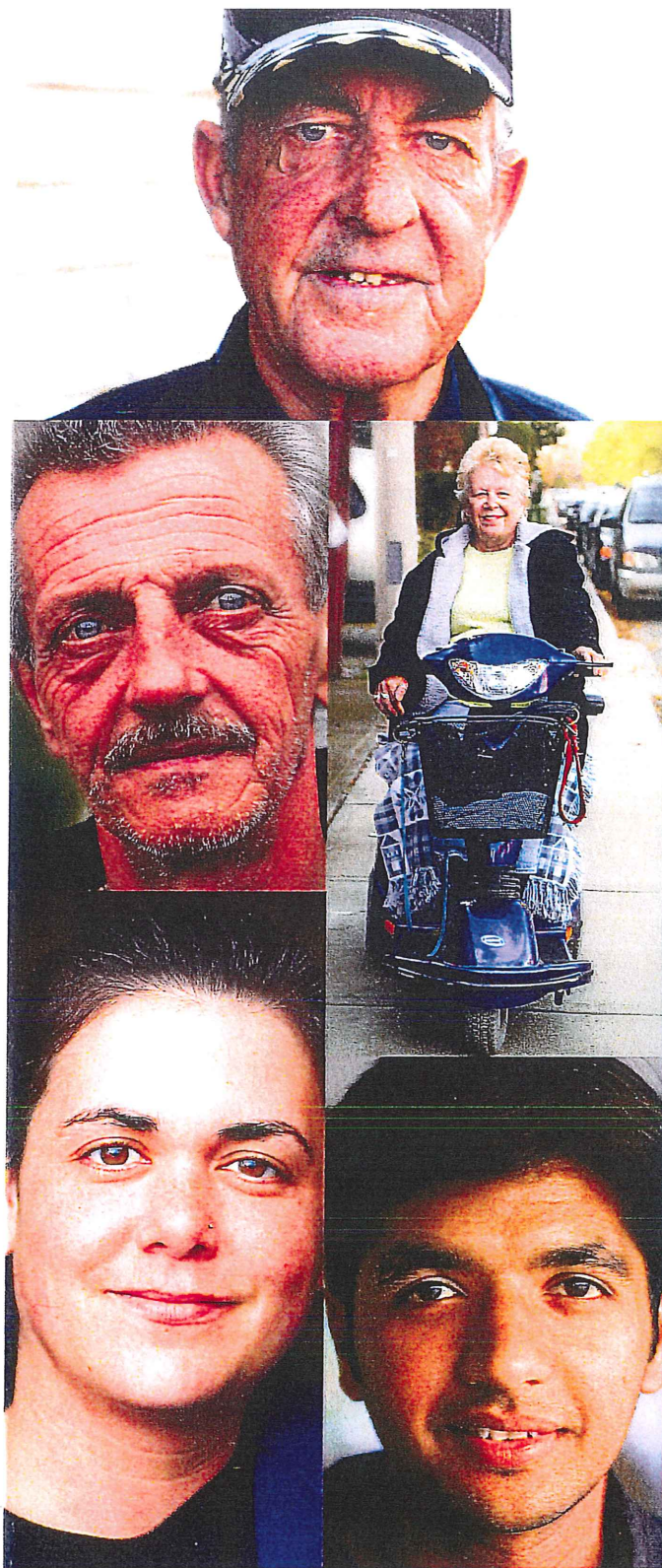
St. Joseph's Healthcare Hamilton has four assertive community treatment programs serving clients in Hamilton, Haldimand-Norfolk, Brant County and Six Nations of the Grand.

These programs are part of St. Joseph's Centre for Mountain Health Services in Hamilton, Ontario. The facility is a specialized tertiary-care centre dedicated to the care of individuals with severe mental illness, their families and their community.

A Vision for Mental Health

St. Joseph's Healthcare Hamilton is an acknowledged leader in the provision of psychiatric care. Our reputation is based on the quality of care provided to our patients, the expertise of our staff, the innovative nature of our programs and the excellence of our research.

Our vision is to pioneer innovation to radically reduce the disability associated with mental illness and enhance the health of the community. At St. Joseph's, we are deeply committed to eradicating stigma and barriers to social integration and to promoting the fullest recovery for every person.



Hamilton ACTT (HARTS)

52 Cannon Street West, Suite 204
Hamilton, Ontario L8K 2B5

Telephone: 905.525.4273 Fax: 905.525.4926
Email contact: jmonetta@stjoes.ca

Hours

Monday to Friday, 8:30 AM to 8:30 PM
Weekends and holidays, 11:30 AM to 7:30 PM

St. Joseph's
Healthcare & Hamilton

ST. JOSEPH'S HEALTHCARE HAMILTON

HAMILTON ACTT

Assertive Community Treatment Team

Hope.
Recovery.
Empowerment.

St. Joseph's
Healthcare & Hamilton



Hamilton ACTT

Hamilton ACTT (Assertive Community Treatment Team) delivers specialized community-based services to people 18 years of age within the Hamilton area. We serve people with complex physical, psychological and social needs due to severe mental illness (including schizophrenia, schizoaffective disorder, major depression, and bipolar disorder) accompanied by significant functional impairment, disruption of normal life tasks, periods of hospitalization, and need for psychotropic medication.

Funded by the Ministry of Health and Long-Term Care, Hamilton ACTT responds to the needs of clients with severe mental illness who require intensive care beyond that provided by office-based case management services.

ACTT provides comprehensive, individualized services to allow clients to gain or regain valuable and meaningful roles in the community. Our services are based on the belief that all individuals have the right to full participation in community living.

ACTT uses proven therapeutic principles and approaches with the following key goals:

- Reduction of mental health symptoms
- Increased housing stability
- Heightened independence
- Greater life satisfaction
- Improvements in employment and educational outcomes
- Enhanced social and family relationships



Services

Comprehensive assessment and individualized recovery planning
Frequent and flexible contact schedules
Crisis planning and intervention services
Medication management
Health and wellness teaching
Caregiver education and support
Recreational opportunities
Employment and education services
Peer support
Individualized and/or group services
Assistance with disability benefits and entitlements
Addiction treatment
Regular review of treatment services

Guiding Principles

All individuals have the right to full participation in community living.
Services are comprehensive and individualized.
Client preference and goals determine service provision and intensity.
Services are provided for as long as clients find them helpful.
Staff embrace the principles of hope, recovery and empowerment.
Service excellence is promoted through an ongoing commitment to education and research.

The ACT Team

The ACT Team is staffed by a multidisciplinary team of professionals who share the responsibility for treatment, rehabilitation and support. The team includes specialists in psychiatry, nursing, social work, occupational therapy, vocational counselling, addiction counselling, recreational therapy and peer support. Hamilton ACTT carries out its services in partnership with other area service providers, as well as physicians, family members, and existing support networks.

Referrals

Anyone, including family members and potential clients, can refer an individual to our services by calling our office. Admission to an ACT program is based on an assessment of need and service capacity.

Contact

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