

## DBT Private Practice Resource List (NOT Covered by OHIP)

*Although most individuals on this list are registered with a college, individual practitioners may or may not be accountable to a professional college. While many provide excellent services, clients will want to make their own enquiries about the professional training, accountability, and fees of private service providers.*

*The following names are not intended to represent an endorsement of the identified practitioners:*

<b>WITHIN HAMILTON</b>					
<b>Name</b>	<b>Services Offered</b>	<b>Address</b>	<b>Phone</b>	<b>Fax</b>	<b>Website</b>
DBT Hamilton	<ul style="list-style-type: none"> <li>• Standard DBT for adults</li> <li>• Opening September 2016</li> <li>• Referrals accepted starting August 24, 2016</li> </ul>	10 George St., Suite 207 Hamilton, Ontario L8P 1C8	(905) 526- 2100	(905) 526- 2100	dbthamilton. com
Tracy Miles, DBT- Trained Therapist	<ul style="list-style-type: none"> <li>• DBT</li> </ul>		(289) 237- 9029		

<b>OUTSIDE OF HAMILTON</b>					
<b>Name</b>	<b>Services Offered</b>	<b>Address</b>	<b>Phone</b>	<b>Fax</b>	<b>Website</b>
Andrew Ekblad, Ph. D., Registered Clinical Psychologist	<ul style="list-style-type: none"> <li>• DBT in private practice</li> </ul>	221 Woolwich St. Guelph, ON N1H 3V4	(519) 901- 1231		<a href="http://broadleafhealth.ca/">http://broadl eafhealth.ca/</a>
Broadview Psychology	<ul style="list-style-type: none"> <li>• Standard DBT program for adolescents and adults</li> <li>• Family and couples therapy</li> </ul>	889 Broadview Ave., Toronto, ON M4K 2P9	(647) 348- 5140		broadviewps ychology.co m
Centre for Mindbody Health	<ul style="list-style-type: none"> <li>• Standard DBT Program for adults</li> <li>• Also treats anxiety, depression, mindfulness, etc.</li> </ul>	250 Eglinton Ave. West, Suite 200, Toronto, ON M4R 1A7			<a href="http://cmbh.space/">http://cmbh. space/</a>

Dr. Carmen Weiss and Associates	<ul style="list-style-type: none"> <li>• DBT</li> </ul>	5195 Harvester Rd., Unit 4B, Burlington, ON L7L 6E9	(289) 427- 5577	(905) 637- 4995	<a href="https://drcarmenweiss.ca">https://drcarmenweiss.ca</a>
EBT3	<ul style="list-style-type: none"> <li>• Standard DBT Program for adolescents and adults</li> <li>• Also treats PTSD, anxiety, etc. within the clinic</li> </ul>	#180-2 Clarlton St., Toronto, ON M5B 1J3			<a href="http://www.ebt3.com">http://www.ebt3.com</a>
Emily Cripps, Ph.D	<ul style="list-style-type: none"> <li>• Serves the adult population</li> </ul>	Toronto, ON	(416) 220- 7434		
The Fell Group	<ul style="list-style-type: none"> <li>• Standard DBT Program for adolescents and young adults</li> </ul>	505 Elginton Ave. West, Suite 510, Toronto, ON M5N 1B1			<a href="http://www.thefellgroup.org/">http://www.thefellgroup.org/</a>
Halton Centre for Cognitive Therapy & Stress Reduction	<ul style="list-style-type: none"> <li>• Individual and group DBT</li> </ul>	3A-418 North Service Rd. E., Oakville, ON L6H 5R2	(905) 901- 0597		<a href="http://www.haltontherapy.ca/index.html">http://www.haltontherapy.ca/index.html</a>
Lyndsey Davies, MSW, RSW	<ul style="list-style-type: none"> <li>• Serves the adult population</li> </ul>	Toronto, ON	(647) 200- 9573		
Susan Wnuk, Ph.D	<ul style="list-style-type: none"> <li>• Serves the adult population</li> </ul>	(Maitland St, Wellesley & Jarvis) Toronto, ON	(416) 727- 8305		
Toronto DBT Centre	<ul style="list-style-type: none"> <li>• Standard DBT Program for adolescents and adults</li> </ul>	28 Madison Ave, Main Floor, Toronto, ON, M5R 2S1			<a href="http://www.dbtcentre.com/">http://www.dbtcentre.com/</a>
The WaterStone Clinic	<ul style="list-style-type: none"> <li>• DBT for Eating Disorders – adolescent and adult</li> <li>• Full-day, half-day, and weekly DBT treatment available</li> <li>• Insurance only</li> </ul>	50 Bond Ave.Toronto, ON M3B 0A6			<a href="http://www.waterstoneclinic.com">http://www.waterstoneclinic.com</a>