

ON THE DAY OF YOUR APPOINTMENT

- Please arrive 1 hour prior to your appointment time
- Do not have anything to eat for at least 4 hours prior to your appointment time. You may have sips of water with your medication if necessary.
- Bring a list of all your current medication
- Stop taking your blood thinners 5 days before your appointment
- Take all of your heart/blood pressure medications
- If you are diabetic, take all of your medications
- Have a responsible person accompany you and drive you home



Please report to the Day Surgery Department
1 hour prior to your appointment time.

Day Surgery Department, Level 2
Surgical Centre
Charlton Campus



Don't forget to allow time for parking.



If you have any questions or need to cancel
your appointment please call:

905-522-1155 ext. 34075



What you need to know about
**ANGIOPLASTY AND
VASCULAR STENTING**

QUESTIONS, ANSWERS AND PREPARATION
INFORMATION FOR PATIENTS

INTRODUCTION:

This booklet contains information to help you get ready for your angioplasty and vascular stenting.

What is an angioplasty with vascular stenting

You may have already had a test called an angiogram. This is a special x-ray of the blood vessels, which showed a narrowed area. If you have not had this done, the radiologist will do this before doing the angioplasty.

Angioplasty is a procedure where the radiologist puts a thin tube called a catheter into an artery. The catheter has a small balloon at the end. The catheter is placed into the narrowed area. The radiologist will use a special device to fill the balloon. This will open the narrowed area up. The radiologist will take more x-rays using dye to be sure the narrowed area is better.

Vascular stenting, which is often done at the same time as angioplasty, is when a small mesh tube called a stent is placed into the newly opened area to keep it open.

What are the risks and complications of angioplasty and stenting?

Angioplasty and stenting are very safe procedures, but there are some risks. The risks and possible complications are bleeding, infection, allergic reaction to the x-ray dye and damage to the blood vessel. Every precaution is taken to prevent these from happening.

Who will do the angioplasty and stenting?

A specially trained doctor called an "Interventional Radiologist" will do the procedure in the Diagnostic Imaging Department.

How will I get ready for the angioplasty?

Follow the instructions on the information sheet you have been given. When you arrive in the Day Surgery Department the nurse will get you ready for the procedure. When you are ready you will be taken to the angiography suite. The radiologist will explain the procedure to you. If you agree to have it done you will be asked to sign a consent form.

How long will the angioplasty take?

The time it takes to do an angioplasty varies from person to person. It can take from 1 to 1 1/2 hours. The time depends on where the narrowed area is and how many there are.

What will happen after the angioplasty and stenting?

Some patients are admitted to hospital and stay overnight after an angioplasty and stenting. Some patients have the angioplasty and stenting and go home later the same day. Your doctor will tell you if you will need to stay in hospital overnight.

If you are admitted to hospital after your angioplasty and stenting you will be taken to the nursing unit where you will rest quietly in bed. Your doctor will decide when you can get up and go home.

If you are to go home the same day you will be taken to the Day Surgery Unit where you will rest quietly until it is time for you to go home. You must be accompanied home by a responsible adult and this person must stay with you overnight.