

Seniors Mental Health Clinic – Hamilton 100 West 5<sup>th</sup> Street, Hamilton L8N 3K7 Located on Level One – across from elevators Tel.: 905-522-1155 ext 36396

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Date:\_\_\_\_\_
Time: \_\_\_\_\_
With Dr.:

- Please arrive 15 minutes before your scheduled appointment time.
- If possible have a family member or friend accompany you to your appointment.
- Your appointment will take **2 hours**.
- You and your family member or friends will meet with the doctor and the nurse.
- If a translator is required, please call back as soon as you can and advise our secretary.

## **Cancel or Change Appointment**

- To cancel or change your appointment please contact our clinic secretary at:
  - o 905-522-1155 ext 36396.
- 48 hour cancellation notice is required.

## What to Bring

- Ontario Health Card
- All medication in original bottles or dosette or blister packs



- All over the counter remedies including vitamins, herbals and non prescription medications (e.g. Gravol, Tylenol)
- Walking aide



• Reading **glasses** 



- Please wear **hearing aids**
- **Change** for the parking meter

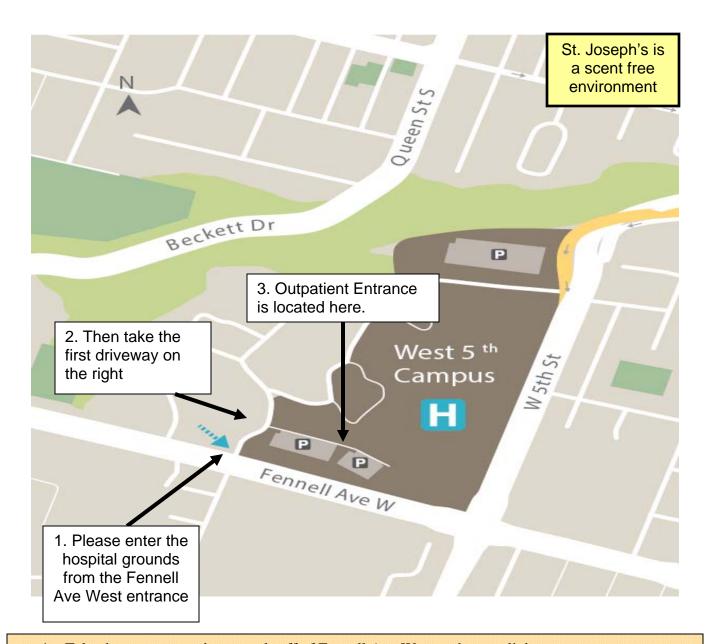


## Our New Location and Parking – effective February 3, 2014

- Our clinic is located at the new St. Joseph's West 5<sup>th</sup> Campus located on the corner of West 5<sup>th</sup> and Fennell Ave West. **You will enter the building using the Outpatient Entrance**.
- Please access the Outpatient Entrance from Fennell. The Outpatient Entrance will be the first driveway to the right. There are 2 parking lots directly across from the Outpatient entrance. Please note payment is required in disabled parking spots.
- Enter the Outpatient Entrance on Level 0 and the Seniors Mental Health Clinic is located one floor up, on Level 1. We are directly across from the elevators and at the top of the staircase. We are here to help. Please ask a volunteer or St. Joseph's staff person to direct you in the building and/or if you need wheelchair assistance.



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- 1. Take the entrance to the grounds off of Fennell Ave West at the stop light.
- 2. Then take the first driveway to your right.
- 3. Paid parking is available in either of the 2 lots. Watch the signs for details about parking payment.
- 4. Enter the building using the Outpatient Entrance.
- 5. Our clinic is located one floor up. There are elevators located on the left and take the elevator up one level. There is also a staircase directly in front.
- 6. Our clinic is located directly in front of the elevators and at the top of the staircase there is a blue sign overhead of the doorway.
- 7. Please come into the clinic our registration area is painted orange.
- 8. Please check in with receptionist or have a seat and someone will be with you shortly.