

UNDERSTANDING YOUR OBSESSIVE- COMPULSIVE DISORDER EXPERIENCE

The Anxiety Treatment and Research Clinic (ATRC) is currently seeking participants who experience symptoms of obsessive-compulsive disorder. **You may be eligible to participate if you:**

You have been diagnosed with obsessive-compulsive disorder (OCD) and this is the primary concern for you currently.

You have not recently been in therapy and are not currently in therapy.

You are between the ages of 18 to 65.

You have a smart phone with a data plan.

Study Details

We are interested in the fact that people experience their OCD symptoms in different ways. For different people similar symptoms of OCD may be driven by different concerns. The relationships between an individual's underlying concern and how that affects various factors of an individual's experience with OCD is currently uncertain. The **purpose of this study** is to explore how the underlying concerns in OCD affect various factors of the OCD experience.

Interested participants will be asked to come to the ATRC and complete some questionnaires. This part of the study will last approximately 1 hour. For the following 5-day period, participants will be asked to complete brief questionnaires about the symptoms, thoughts, behaviours, and emotions you experience on a daily basis regarding your obsessive-compulsive disorder. You will receive 4 text messages a day for a total of 5 days.

A complementary parking pass will be provided for the in-person study visit, if needed.

This research study has been reviewed by the Hamilton Integrated Research Ethics Board at (905) 521-2100 ext. 42013

For more information, please contact:

Christina Puccinelli, Ph.D. Student
(905) 522-1155 ext. 31246
puccinc@mcmaster.ca