The ABC's on OCD:

A Family Education Series on Obsessive-Compulsive Disorder in Children and Adolescents

A four- week Educational Series that will include:

Week #1: An overview of OCD

Week #2: A review of family accommodation

and OCD

Week #3: A review of medication and cognitive behavioural therapy treatment options for OCD **Week #4:** Helpful strategies to manage OCD at home and school settings.

Dates and Time:

This Education Series is offered on Tuesdays from 4:00 pm – 5:00 pm in February, June, and October

Location:

St. Joseph's Healthcare Hamilton –West 5th Campus 100 West 5th Street, Hamilton, ON

To register please contact:

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A collaborative project developed by:







