The ABC’s on OCD:

**A Family Education Series on Obsessive-Compulsive Disorder in Children and Adolescents**

A four-week Educational Series that will include:

**Week #1:** An overview of OCD  
**Week #2:** A review of family accommodation and OCD  
**Week #3:** A review of medication and cognitive behavioural therapy treatment options for OCD  
**Week #4:** Helpful strategies to manage OCD at home and school settings.

**Dates and Time:**  
This Education Series is offered on Tuesdays from 4:00 pm – 5:00 pm in February, June, and October

**Location:**  
St. Joseph’s Healthcare Hamilton – West 5th Campus  
100 West 5th Street, Hamilton, ON

**To register please contact:**  
Dora Fuciarelli (905) 522-1155 ext. 35373

A collaborative project developed by: