

# The ABC's on OCD:

## *A Family Education Series on Obsessive-Compulsive Disorder in Children and Adolescents*

A four- week educational series that will include:

**Week #1:** An overview of OCD

**Week #2:** A review of cognitive-behavioural therapy for OCD

**Week #3:** A review of pharmacological treatment options for OCD

**Week #4:** Helpful strategies to manage OCD at home and school settings.

**Dates and Time:**

February 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>th</sup> 2017

4:30-5:30pm

**Location:**

St. Joseph's Healthcare Hamilton –West 5<sup>th</sup> Campus

**To register please contact:**

Dora Fuciarelli (905) 522-1155 ext. 35373

***A collaborative  
project  
developed by:***

**ANXIETY  
Treatment  
Research  
&  
CENTRE**

St. Joseph's  
Healthcare  Hamilton

  
JOSEPH BRANT  
MEMORIAL HOSPITAL

  
Halton Healthcare