

IS YOUR LOVED ONE UNDERGOING TREATMENT AT THE ANXIETY TREATMENT AND RESEARCH CLINIC? WE WANT TO HEAR FROM YOU!

Participants needed for a study on family members' feelings about their loved ones starting cognitive-behaviour therapy (CBT).

Family members of those scheduled to begin/just beginning group and/or individual CBT are eligible to participate!

As a participant in this study, you would be asked to complete a 30-minute **online survey**.

In appreciation for your time, you have the option to enter a draw to win one of **four \$50 pre-paid Visa cards**.

For more information about this study, or to volunteer for this study, please contact:

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This study has been reviewed by, and received ethics clearance through a University of Waterloo Research Ethics Committee (#40041) and the Hamilton Integrated Research Ethics Board (#5218).

