

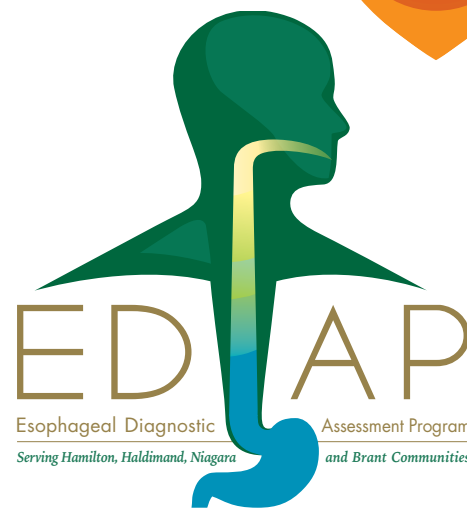
connections

New patient program enhances care for those with suspected esophageal cancer

Despite recent advances in the diagnosis and treatment of esophageal cancers, the estimated five year survival rate for this form of cancer in Ontario is among the lowest of all cancers at 13%, second only to pancreatic cancer. In Canada, esophageal cancer is the 7th leading cause of cancer death in men, 14th in women with mortality rates steadily rising.

Responding to recommendations from Cancer Care Ontario (CCO), the National Comprehensive Care Network (NCCN-USA) and the European Society for Medical Oncology regarding the benefits associated with the utilization of multidisciplinary care teams when treating esophageal cancer, St. Joseph's Healthcare Hamilton (SJHH), in partnership with the Juravinski Cancer Centre (JCC) and Brantford General Hospital (BGH), has developed and introduced an unique new centralized program that will now ensure that individuals with suspected esophageal cancer will receive the timeliest and most appropriate and comprehensive care during their entire cancer journey.

The first of its kind in Canada, the Esophageal Diagnostic Assessment Program (DAP) will further improve the patient experience and enhance the current pathway to care for those with suspected esophageal cancer through early detection, a reduced wait time for diagnosis and treatment and better treatment outcomes all through a single point of access for referrals. Statistics clearly show that patients diagnosed with or have suspected esophageal cancer require a great deal of clinical and hospital resources. The development of a regional Esophageal DAP will help alleviate this burden on our healthcare system by means of this streamlined referral process all coordinated by a Nurse Navigator. As a result, this will also reduce unnecessary emergency room visits and hospital re-admissions.



According to Dr. Yaron Shargall, Head of Thoracic Surgery, "the concept of a centralized Esophageal DAP emerged after seeing the success of the Lung Diagnostic Assessment Program (LDAP) which was launched in 2010. This program provides a coordinated process for patients with suspected lung cancer to undergo timely access to diagnosis and treatment. Seeing the long delays that our patients often experience when waiting for diagnosis and the fact that many diagnoses will be too far advanced by that time, we realized the importance of turning this concept into reality." Currently SJHH LDAP has 250-300

Continued on Page 7: Introducing EDAP



From St. Joe's Hamilton (@STJOESHAMILTON)

St. Joe's is pleased to launch an Online Virtual Tour to showcase the Women's & Infants' Program! Check it out here! <http://stjoes.ca/default.asp?action=article&ID=355>

12 Apr 2013

Inside this Issue...

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And the SAGE 2013 nominees are... p 6

In Memoriam: Sister Joan O'Sullivan



It is with profound appreciation for a life well lived that we announce the passing of Sister Joan O' Sullivan on Saturday, April 27th, 2013.

Though her roles as CEO of St. Joseph's Hospital and her teaching and executive positions in Kitchener, Guelph and Brantford hospitals, Sister Joan continued to serve our hospitals and communities with great distinction, vision and humility; always ensuring that in every decision, we remained true to our mission.

Sister Joan served nearly **67** years as a Sister of St. Joseph

Sister Joan was recognized by many for her ongoing contributions to healthcare and in 2008, was acknowledged for the significant and lasting impact she had on our own organization by receiving a Sisters of St. Joseph of Hamilton Mission Legacy Award.

Sister "Joan O'" led us through many challenging years and decisions and at the same time remained close to our staff and patients and was a very familiar presence in our corridors. Her death leaves a void but also a reminder and inspiration for each of us to consider the legacy that she and the Sisters have given to all of us. Her life was devoted to others, the relief of suffering, building and strengthening the institutions founded so long ago by the Sisters of St. Joseph.

May she rest in peace. ●

President's Message

This month there are many days set aside to honour and recognize a number of disciplines in the healthcare field. This includes our nursing staff, physicians, our speech language and audiology team, and our physiotherapists just to name a few. Though these significant dates, weeks and months are annual opportunities to stimulate awareness of various healthcare disciplines, they also give us the chance to celebrate the hard work and dedication these healthcare professionals give to our organization.

Here at St. Joe's, we know that it is the collective efforts and contributions of each and every one of our staff, physicians, learners and volunteers together that has truly made our hospital the exceptional healthcare facility it is today.

We do our best to recognize the contributions of all our staff through events such as our recent "Free Cup of Joe" event hosted annually every May 1st on what

is recognized as St. Joseph the Worker Day. I hope that you had the opportunity to enjoy a cup of coffee or tea courtesy of our St. Joe's Foundation team.

On behalf of the Senior Leadership Team and the St. Joseph's Healthcare Hamilton Board of Trustees, I would like to sincerely thank every one of our St. Joe's colleagues for their ongoing commitment to improving the lives of the patients and families we have the privilege to serve.



Dr. David Higgins

Value the Invaluable: Celebrating Nursing Week 2013



We hope you will join us in celebrating the nursing staff at St. Joe's.

Each year, the Ontario Nurses' Association (ONA) declares a provincial Nursing Week in recognition of the 60,000 registered nurses, allied health professionals and more than 14,000 nursing students in the province who contribute to their communities by providing patient care, 24/7. They are truly a vital part of the multi-disciplinary health care team.

This year, ONA has chosen as the theme for Nursing Week:

Value the Invaluable.

Please see [MyStJoes](#) for an overview of this month's events at St. Joes.



EVENT

Big Bike for Heart and Stroke
May 30, 2013
5:00 PM
Slainte's Irish Pub
33 Bowen St.



ADVERTISEMENT

Hearing Aid Retail Service:

Charlton Campus, Bishop Dowling Wing, Level 0

We offer a full range of services and products including:

- ▶ Dispensing of hearing aids
- ▶ Dispensing of assistive listening/alerting systems such as amplified telephones, special alerting devices for doorbells and smoke alarms
- ▶ Consulting about advanced technologies such as Bluetooth to link the user to various audio devices used at home, and FM systems for better hearing in noisy environments
- ▶ Customizing musician ear plugs and swim plugs
- ▶ Battery sales

Our team has been recognized by customers and colleagues through two recent awards:

🏆 *The Hamilton Spectator Reader's Choice Platinum Award – Hearing Aid Dispensary Retail Service*

🏆 *Health Professionals Excellence in Practice Award – Team Clinical Practice*

May

...is National Physiotherapy Month

To celebrate National Physiotherapy Month, the St. Joe's Physiotherapy staff are again giving back to the community by raising money for the Big Bike for Heart and Stroke. Last year, our team filled the bike with 32 riders and raised a total of \$3,599.00 for Heart and Stroke. This year's Big Bike event is scheduled for **May 30th, 2013 at 5:00 pm** in front of Slainte's Irish Pub, 33 Bowen St., Hamilton.



If you would like to make a contribution, please visit the [MyStJoes homepage](#) and click on the link located under the [Information and Events section](#).

...is Speech and Hearing Awareness Month

One in 10 Canadians have speech, language, swallowing, or hearing difficulties. During the month of May, which is Speech and Hearing Awareness Month, Speech-Language Pathologists and Audiologists come together to increase public awareness and sensitivity to the challenges faced by people who have difficulty communicating and/or swallowing.

Speech-Language Pathologists and Audiologists at St. Joe's provide screening, assessment, intervention and consultation services for infants, children (and their families) and adults in ambulatory, community and inpatient settings. We are committed to research, public and staff education, mentoring and training of learners, and offering opportunities for volunteers. ●

If you have further questions regarding our services or professions, please contact our departments: [Speech-Language Pathology](#) at ext. 36101 or [Audiology](#) at ext. 36102.

The 3 Wishes Project: Promoting Dignity-Conserving Care in the ICU

SEBASTIAN DOBOSZ Research Communications Coordinator, SJHH



A SJHH pilot study seeks to transform end-of-life care by fulfilling the final wishes of dying patients, their families and ICU caregivers.

Earlier this year, a 78-year old patient in our Intensive Care Unit (ICU) was able to fulfill one of her promises to her family – one of her personal wishes. She had promised her youngest daughter that she would live to see the day of her wedding. Because of a new initiative taking place at SJHH, her daughter was able to marry her partner in a very emotional, intimate wedding ceremony held by her mother's bedside in the Intensive Care Unit. Three hours later, the patient was taken off life support – fulfilling her final promise before saying goodbye to her family.

A pilot project, 3 Wishes aims to improve the quality of the dying experience for patients and their families. It celebrates the lives of patients and dignifies their death, while humanizing the dying process and creating positive memories for family members. The 3 Wishes Project also hopes to bring deeper meaning to the care of dying patients for ICU clinicians. Depending on the admitting diagnosis, 5-40% of patients needing life support for at least 48 hours end up dying in the intensive care unit.

The 3 Wishes study is led by Dr. Deborah Cook, Academic Chair of Critical Care. Recently, Dr. Cook received the 2013 Anne and Neil McArthur Research Award for her clinical research that has im-

pacted the lives of many patients worldwide.

"We know there is loss of dignity for most critically ill patients, and enormous family suffering. ICU clini-

She had promised her youngest daughter that she would live to see the day of her wedding.

icians are particularly sensitive to this, given the prevalent use of technology, particularly at the end of life," states Dr. Cook. "We hope the 3 Wishes Project will ease the grieving process for patients and families, and inspire a deeper sense of vocation for all

of us. Through follow-up interviews, we have already gained valuable insights about how to further improve end of life care for vulnerable critically ill patients and their families."

Dr. Cook and her team are working to ensure that a wide variety of wishes can be met. Wishes are sometimes those of the patient, sometimes those of the family members, and sometimes those of ICU clinicians caring for the patient. By collaborating with bedside nurses, respiratory therapists, chaplains, social workers, the palliative care team and others, the 3 Wishes Project is able to fulfill a number of wide-ranging aspirations to promote dignity-conserving care and ease the grieving process.

The 3 Wishes Project is an exemplary initiative that represents many of the qualities of SJHH research. Research within our institution begins with the drive to improve patient care, and this particular study takes this ambition to heart. Our researchers, clinicians and managers are not afraid to step out of the healthcare box and simply care – for patients, families, providers and the community – at large. ●

If you'd like to support Dr. Deborah Cook's 3 Wishes Project, please contact the Foundation at 905.522.1155, ext. 34341 or visit www.stjoesfoundation.ca.

A proud family remembers their loving mother with a gift to St. Joe's

A dedicated mother and her loving family became part of St. Joe's history on April 16. In recognition of a generous donation from Tony and Aldo DeSantis, the Hospital's new surgical centre now includes the Maria Anna DeSantis Waiting Room within the Minor Procedures Unit. Family attended a recent event hosted by St. Joseph's Healthcare Foundation to pay tribute to this meaningful gift.

For over two decades, the DeSantis family has given significant contributions of

time, volunteerism and philanthropy to St. Joe's. Maria felt very warmly about our Hospital and the compassionate care we give to the community. When she passed away, the family felt that a gift to St. Joe's would be a very fitting tribute to Maria's life and the dedication she gave to her family.

Aldo DeSantis, Maria's son, spoke at the naming ceremony about the family's great love for her. "Our mother trea-

sured her family. We are her legacy and we feel great pride in the loving care and strong values that she gave us." He added, "This step today ensures that the DeSantis name will always be remembered and associated with St. Joe's... just as our mother would have wanted."

Sera Filice-Armenio, President of St. Joseph's Healthcare Foundation, remembers Maria as a very special woman.



ABOUT THE PHOTO

Dr. David Higgins, President of the Hospital, and Dr. Anthony Adili, Chief of Surgery, were also at the event to thank Tony and Aldo DeSantis for their generous gift and to highlight the positive impact it brings to surgical patients here at St. Joe's

To the DeSantis Family she said, "Your decision to honour the memory of your beloved mother with this gift is a very fitting legacy to her life. Our Hospital's ability to serve the community depends on the support of patients and families like yours and we are proud to count you as one of our most generous supporters and friends." ●

Your voice is important!

St. Joes expects all staff, physicians and volunteers to observe the highest standards of personal ethics in the conduct of our duties and responsibilities. Honesty and integrity are paramount in fulfilling responsibilities and complying with all applicable laws, regulations and hospital policies.

In an environment as complex as healthcare, it is not unusual to be faced with ethical dilemmas in the course of your work. Perhaps it may be something you see or have knowledge of that conflicts with your own personal values or it could be a questionable activity directly or indirectly impacting your role at the hospital. In most situations, your immediate supervisor or manager may be in the best position to address your concerns. In situations where you may be uncomfortable talking to your supervisor or manager, or they are unable to help, you are encouraged to speak with the next level manager or seek assistance from Human Resources, the Clinical Ethicist, the Chief Privacy Officer, the Risk Management department, a professional practice lead, related regulated college, or in case of a physician, you may contact the Head of Service or Chief of Department.

To facilitate the confidential reporting of a breach of any St. Joseph's policy, process or procedure, we have adopted CARE (Confidential, Anonymous Reporting for Employees) and have retained Grant Thornton LLP to provide an independent anonymous reporting tool to complement existing reporting procedures. In the event that your issue remains unresolved and you still believe it is a serious violation of the Workplace Ethics Policy (refer to Ethics Policy for definition of serious violations), you may now make an online report through the Workplace Ethics Reporting Hotline at www.GrantThorntonCARE.ca, call 1-855-484-CARE(2273) or e-mail usecare@ca.gt.com. All methods of communication are confidential. You are making this report without any personal consequences to yourself.

We encourage you to use CARE if you have knowledge of unethical or unlawful activity or suspect wrong doing.

Once the report has been reviewed, it will then be assessed and evaluated. The reporter will be consulted and an investigation will be opened at which point an appropriate resolution process will begin. ●



Should you need more information on CARE, please visit: www.GrantThorntonCARE.ca.

Transforming How We Work: A New Model for Managed Services in IT at St. Joe's

By breaking down barriers, transforming the way we work, delivering on our commitment of research and innovation and engaging our people, we believe we can achieve our vision of delivering an integrated, high quality care experience. Now, more than ever, Information Management and Technology is a critical factor in enabling our success to achieve this vision.

We recently commissioned KPMG to provide a thorough review of our IT/IM strategy. The goal of the review was to provide us with

the tools to design a vision for IT/IM services. With their feedback, we have drafted a vision for IT/IM that enables the best possible patient experience by breaking down barriers to effective care and information transmission, advances adoption and use of electronic medical records (EMR) to improve quality and patient safety, and integrates IT into our organization's academic, research and mission.

As a result, we have given notice to end our managed services contract with our long term partners, McKesson.

We have enjoyed a long-standing relationship with McKesson and will continue our relationship with them in our pharmacy automation and back office applications, as well as our registration and documentation systems.

Though we will be exploring IT/IM design with our regional health partners and system partners, in the short term, IT/IM services at SJHH will be repatriated to an in-house service. Employees who currently have a job in this department through our contract with McKesson will be offered the opportunity to stay at St. Joe's as part of this in-house IM/IT team.

In addition, we are pleased to announce that **Tara Coxon** has been appointed Director of Information Technology. To provide strategic advice and executive oversight, we have also retained **Mark Farrow** as Chief Information Officer (CIO). ●

If you have any questions about this change, please contact Tara Coxon at ext. 32871.



St. Joe's staff members are nominated for annual SAGE Awards



St. Joseph's Healthcare Hamilton team members have been formally recognized with nominations for the 2013 Service Awards for Geriatric Excellence (SAGE).

The Awards for Geriatric Excellence Awards recognizes the outstanding achievements of individuals and organizations who demonstrate excellence in positively influencing the quality of life of seniors and to highlight geriatrics as a critical area of healthcare. This unique program celebrates the professional excellence of individuals and organizations that provide healthcare and community services for seniors and their families.

Jane Loncke

Director, Clinical Programs, Therapeutics, and Palliative Care
Nominated for Executive Award

Jane Loncke's executive leadership has advanced St. Joseph's inter-professional approach to "senior friendly strategies" such as reducing ageism, reducing falls, integrating advanced care planning and increasing the number of clinicians trained in gentle persuasive approach. Jane is a strong advocate with a dedicated focus on seniors, which has improved the care and services we provide.

Julia Baxter

Manager of Outreach Services, Geriatric Psychiatry Program
Nominated for Executive Award

In her role, Julia is recognized for her community development and system change achievements locally, regionally and provincially. Julia's passionate enthusiasm and drive for action has been an asset to a wide range of activities and initiatives such as Behavioural Supports Ontario, Community Continuum Collaboratives, Dementia Networks and the Seniors Health Knowledge Network where she has contributed as a resource and a leader. To Julia, "Driven by needs, strengthened by partnerships" is not just a motto for the Seniors Mental Health Outreach Services but a personal belief and guide post.

Therapeutics Seniors Education Care Team

Nominated for Team Award

An interprofessional collaborative team created to evaluate the learning needs of our therapeutics staff related to senior care and develop an education plan to address these learning needs. Their recommendations to address these learning needs and have had multiple clinicians trained as Gentle Persuasive Approaches (GPA) coaches and provided this training to all therapeutics staff at the Charlton Campus. They created a Seniors Community Resource Fair and have organized monthly Lunch and Learn sessions about senior care that are attended by all members of the healthcare team.

St. Joseph's Alternate Level of Care Unit Team - Charlton Campus

Nominated for Team Award

Through the hard work of this dedicated team of individuals, patients have benefited greatly with improved or newfound mobility and an improved behavioral modification through various interventions and initiatives. The Life Story Initiative is just one example that has shown positive effects, including: strengthening relationships between patients and team members, decreasing responsive behaviours and promoting a sense of belonging, stimulation and conversation. In addition, this has succeeded in maintaining one of the lowest rates of healthcare-associated infections at St. Joseph's.

Marion Penko

Psychogeriatric Resource Consultant (PRC)
Nominated for Individual Award

In her role, Marion creates opportunities to positively impact the lives of seniors, their families and those who provide care in a wide range of settings. Dr. David Lam, consulting SJHH geriatric psychiatrist, cites Marion's "patience, persistence and passion" as key attributes that have guided Marion's unique abilities to effectively coach and build capacity in others and strengthen the communities they live and work in. Marion's heartfelt commitment and dedication to geriatric service excellence can be seen and heard, everyday. ●



The 10th annual SAGE Awards will be presented at a special ceremony at the Canadian Warplane Heritage Museum on May 24th.



For more information on the SAGE Awards, please visit: <http://www.rgpc.ca/sage/sage.cfm>



We did it! A big Thank You to all St. Joe's staff who supported our Staff Giving2 St. Joe's! challenge, and to Dr. Rose Giammarco and Dr. Mark Crowther for personally matching each donation. Our Foundation is deeply grateful to each and every one of you who helped raise just over \$20,000 in new gifts to enhance patient care at our Hospital. Not only did we meet our goal, we exceeded it. Wow!

The matching portion of our challenge is now complete, but staff wishing to support our Hospital can still do so. Simply visit www.stjoes-foundation.ca and click on the Staff Giving2 St. Joe's! tab in the 'Make a Gift' menu to make a donation. You'll be helping to transform healthcare in our region and to create a healthier tomorrow for the community we serve.

Thank you again! ●

Ask David and the Leadership Team

Q. Wellness classes are targeted to 9-5 workers but there is nothing for shift workers. I think we should have a gym accessible to employees at anytime as this will help keep our energy levels up and keep fit.

A day care would also help reduce sick time as a lot of staff have kids and sometimes have babysitting issues.

A. We do appreciate the challenges faced by employees who work shifts however, we do not currently have the resources to provide a daycare or a 24-hour gym. We are regularly evaluating our program offerings and appreciate your input.

There are gym discounts available to St. Joe's staff that can viewed at the following link:

<http://www.stjoes.ca/default.asp?action=article&ID=1699>

Below is also a link to childcare resources, which may be of assistance.

<http://www.inform.hamilton.ca/csrch.asp?UseCICVw=70>

Introducing EDAP

Continued from Page 1

active patients (receiving approximately 120 new referrals each month), of which 80% have an ultimate diagnosis of cancer. The median wait time from referral to diagnosis is 20-26 days, and patient satisfaction scores are approximately 97%.

Nurse Navigator

The role of the Nurse Navigator is to support all patients within our LHIN and to coordinate patient care from referral to diagnosis and treatment. The Nurse Navigator will be the key contact for the patient and family and will contact the patient within 48 hours of referral to do a preliminary assessment and expedite diagnostic procedures so that the patient is seen by the specialist within a timely manner. "This alone will help improve the patient experience by reducing their worry and anxiety while waiting for the next step in their journey", says Dr. Shargall.

Patients will receive care by a multi-disciplinary team including thoracic surgeons, medical oncologists, radiation oncologist, gastroenterologist, allied health professionals palliative care, and homecare.

Evaluation

To ensure that this program meets the needs of this patient population, regular evaluation and monitoring of processes and outcomes must also take place. Indicators similar to those currently collected and monitored for the LDAP will be used. In addition, the Thoracic Surgery research group successfully received a two-year grant to evaluate the Esophageal DAP, which includes metrics such as patient quality of life patient satisfaction, symptom management and healthcare system utilization. The ultimate goal of this evaluation will be to determine the validity of the program and if it is successful in prolonging the survival rate of patients with this type of cancer. ●

HOW THE EDAP WORKS:

1. The Esophageal DAP will receive referrals 24/7 via the DAP fax line (1-877-803-4422).
2. All referrals will be triaged by a specialist and nurse navigator within 48 hours.
3. The patient and referring physician will have a single point of contact, the Nurse Navigator.
4. Patients will then be seen by a specialist at the FIRH clinic where a nurse navigator will begin coordinating and overseeing the diagnostic journey.
5. Once a diagnosis has been made, a multi-disciplinary meeting will be held with the multi-disciplinary team (thoracic surgeon, oncologist, gastroenterologist, palliative care, and nurse navigator) to determine the best care path for the patient.
6. The Esophageal DAP clinic will continue to follow the patients and families throughout the care pathway and will navigate the patient accordingly.

It is estimated that the Esophageal DAP will see approximately 125-150 patients per year, serving patients across the HNHBLHIN.



For more information please visit www.stjoes.ca/EDAP or call the Esophageal DAP at 905-521-6190.

St. Joseph's Healthcare Hamilton FOUNDATION

payday lottery winners

The 2013
Lotto Season
has begun!

April 12th, 2013

Annie Edillo
Retail Pharmacy
\$6,574.50

April 26th, 2013

John Plumb
Anesthesia Dept.
\$6,837.00

A new Payday Payouts Lottery season has begun ... and more tickets are available than ever before! If you've been waiting for a chance to play Payday Payouts, or if you'd like to purchase additional tickets, sign up today! Just fill out the enrolment form available at www.stjoesfoundation.ca and fax it to Liz Marck in Payroll. Good Luck!

Please note: Payday Payouts draws take place at 2:00 p.m. on Payday Fridays in the lobby of St. Joseph's Healthcare Foundation. All employees are invited to attend the draw.

connections

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Healthcare Hamilton Public Affairs Department.

Send your comments, suggestions, story ideas or submissions to:

Public Affairs Department
Level 1, 225 James St. South
Telephone: 905.522.1155, ext. 33423
Email: kdebreau@stjoes.ca

All submissions are subject to approval and must be received by the 15th of the month prior.

Photography: Craig Peters
Printing/design: Hamilton Regional
Printing & Graphics (SJHH)



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Our Commitment to
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HMECU St. Joseph's Hospital Staff Branch
Room G1104 or call ext 32910
www.hmecu.com

HOURS OF OPERATION
Mon, Tues, Thurs, Fri... 8:30am to 4:30pm
Wednesdays..... 10:30am to 5:00pm
Closed Daily from..... 1:30pm to 2:30pm

2013 Nursing Week Calendar of Events

MONDAY May 06	TUESDAY May 07	WEDNESDAY May 08	THURSDAY May 09	FRIDAY May 10
<p><i>Charlton Campus Juravinski Tower Miller Amphitheatre & 2nd Floor Lobby</i></p>	<p><i>King Campus Celebration Kemp Auditorium</i></p>	<p><i>West 5th Campus All About You Cafeteria</i></p>		
<p>Nursing Week Celebration Nursing Led Innovative Projects Winnie Doyle Gail Burns Mary Griffiths</p> <p>2:00pm - 3:00pm <i>Reception to Follow</i> 3:00pm - 4:00pm</p>	<p>New Event</p> <p>Coffee/Tea Break for all Nursing Staff</p> <p>2:00pm - 3:00pm</p>	<p>Knowledge Café</p> <p>2:30pm - 4:00pm</p> <p>Collaboration: A Leading Force for Change Poster Presentation, Refreshments, Cake, Live Music, Networking & Door Prizes!</p> <p>Everyone Welcome!</p>		
<p><i>West 5th Campus Celebration Cafeteria</i></p>	<p><i>King Campus Celebration Kemp Auditorium</i></p>	<p><i>12th Annual Nursing Excellence Awards Dinner</i></p>	<p><i>Charlton Campus Celebration Cafeteria</i></p>	<p><i>Registered Nurses' Association of Ontario's (RNAO) Hamilton Chapter</i></p>
<p>New Event</p> <p>Coffee/Tea Break for all Nursing Staff</p> <p>9:00pm - 10:00pm</p>	<p>New Event</p> <p>Coffee/Tea Break for all Nursing Staff</p> <p>9:00pm - 10:00pm</p>	<p>Michelangelo's Banquet Centre</p> <p>Appetizers: 6:00pm Dinner: 7:00pm</p> <p>Celebrate the outstanding contributions of nurses with your colleagues & support excellence in the provision of healthcare!</p> <p>Tickets \$35 each</p> <p>Contact Nancy St. Aubin X35201 nstaubin@stjoes.ca</p>	<p>New Event</p> <p>Coffee/Tea Break for all Nursing Staff</p> <p>9:00pm - 10:00pm</p>	<p>RNAO Hamilton Chapter Nursing Week Dinner</p> <p>For Information Contact: Lisa Richter 289.776.6953 richterlj@gmail.com</p>



Nursing Excellence Award Nominees

Excellence in Mental Health & Addictions Nursing

Cathy Bell, RN East Region Mental Health Services
 Maria Collins, RN Assertive Community Treatment Team (ACTT 2)
 Elizabeth Cotter, RPN Schizophrenia & Community Integration Services
 Sarah Fuller, RN Acute Mental Health - 9 Tower
 Mary Griffiths, RN Schizophrenia & Community Integration Services
 Elizabeth Jordan, RN Mood Disorders Program
 Kyle Landry, RN Assertive Community Treatment Team (ACTT 2)
 Stephanie McDonald, RN Assertive Community Treatment Team (ACTT 2)
 Christine Mohl, RPN Schizophrenia & Community Integration Services
 Christina Oliveira-Picado, RN Secure Forensic Unit-G2
 Gail Papple, RN Community Psychiatry Services
 Carolin Reimann, RPN Schizophrenia & Community Integration Services
 Jane Sanderson, RN Community Schizophrenia Services

Excellence in Women's & Infants' Nursing

Susan Alliston, NP NICU
 Fiona Behr, RN 3 OBS - Post Partum & Combined Care
 Valerie Bell, RN Birthing Unit
 Lindsay Charters, RN Birthing Unit
 Kelly Chinchilla, RN Birthing Unit
 Nancy Markwick, RN Women's & Infants' Program
 Dianne McMaster, RN Birthing Unit
 Barb McQueen, RPN 3 OBS - Post Partum & Combined Care
 Heather Mobach, RN Birthing Unit
 Meghan Ruttle, RN Birthing Unit
 Michelle Scime, RN Birthing Unit
 Patti Shaw, RN Birthing Unit
 Caitlin Stewart, RPN 3 OBS - Post Partum & Combined Care
 Sharon Summers, RN NICU
 Christine Worley, RN NICU

Excellence in Surgical Nursing

Donna Archer, RPN 6 Surgical GI
 Gail Boag, RN Urology
 Sandra Dingleline, RN 6 Surgical GI
 Joyce Fabbro, RN Surgery Centre - King Campus
 Lesley Holmes, RN Urology
 Jacqueline Jarusauskas, RN Chest/Head & Neck/Step Down
 Wini Kolich, RN Surgery Centre - King Campus
 Sarah Law, RN Chest/Head & Neck/Step Down
 Jasminka Martinez, RN Renal Transplant Unit
 Katherine Marinas, RN Urology
 Alice McKinnon, RN 7 MSK
 Marisa Mendes, RN Urology
 Jaime Simpson, RN Renal Transplant Unit
 Bonnie Spence, RN Renal Transplant Unit
 Gloria Taylor, RN Chest/Head & Neck/Step Down
 Alicia Timmerman, RN 6 Surgical GI
 Lisa Tomasini, RN Renal Transplant Unit
 Jessie Vincent, RN Operating Room
 Christine Woods, RN 6 Surgical GI

Leadership

Elisa Bolognone, RN Operating Room
 Elizabeth Cotter, RPN Schizophrenia & Community Integration Services
 Cheryl Evans, RN Nursing Practice & Education
 Louise Guthro, RN Breastfeeding & Newborn Assessment Clinic
 Sabrina Headley, RN Complex Care
 Donna Johnson, RN General Internal Medicine
 Cindy Leite, RN Nursing Practice & Education
 Maryanne Mancini, RN Acute Mental Health - 9 Tower/Bridge to Recovery Program/CPS
 Stephanie Markotic, RN CTU Central/DCD
 Linda Mills, RN Home Hemodialysis
 Mary Lou Mulholland, RN 3 OBS - Post Partum & Combined Care
 Barb Page, RN Chest/Head & Neck/Step Down
 Shannon Porter, RN Operating Room
 Kathy Saville, RN CTU West
 Sharon Simons, RN Mood Disorders Program
 Joy Stacey, RN Operating Room
 Lynda Stanisz, RN Clinical Informatics

Preceptorship/Mentorship of Students/Colleagues

Sonja Bernhard, RPN Acute Mental Health - 9 Tower
 Kaela Bisson, RN DCD
 Chantelle Campbell, RN DCD
 Lauren Codognotto, RN CTU West
 Kerry Coffey, RN Medical Stepdown Unit
 Elizabeth Cotter, RPN Schizophrenia & Community Integration Services
 David Davies, RN Hemodialysis
 Denice Davis, RPN Complex Care
 Laurretta Garside, RN Renal Transplant Unit
 Mia Gonzales, RN Medical Stepdown Unit
 Joanna Halizak, RPN Complex Care
 Helen Jan, RN Operating Room
 Jason Jansz, RN DCD
 Helen Kirkpatrick, RN Nursing - Best Practice Spotlight Organization
 Ashley Lagleva, RN CTU West
 Kathleen Mendoza, RN CTU West
 Rob Singh, RN Medical Stepdown Unit

Excellence in Medical Nursing

Jody Cascella, RN CTU West
 Karen Cottrell, RN CTU Central
 Alexandria Crowe, RN Complex Care
 Diana De Rosa, RN DCD
 Danielle Field, RN Nephrology
 Genevieve Hadley, RPN Nephrology
 Susan Kerr, RN CTU Central
 Jenny Lo, RN Nephrology
 Vi Marck, RN Nephrology
 Jen McKay, RPN Nephrology
 Debbie Meiretz, RN CTU West
 Edyta Mnich, RN Nursing Resource Team
 Kathy Saville, RN CTU West
 Selem Telwaldai, RN CTU West

Star On the Horizon

Melissa Campbell, RN Emergency Department
 Allan Catanguay, RN 6 Surgical GI
 David Holder, RN Nursing Resource Team
 Asha Koshy, RN 7 MSK
 Kayla Lima, RPN 3 OBS - Post Partum-Combined Care
 Kim MacAllini, RPN Nephrology
 Amy Marshall, RN CTU West
 James McCulloch, RN Geriatric Psychiatry
 Sarah Meagher, RN CTU West
 Chantal Mephram, RN CTU West
 Laura Nielsen, RN CTU Central
 Jennifer Olarte, RN Acute Mental Health H1
 Andrea Pasztor, RN Emergency Department
 Aprille Spicer, RN CTU West
 Paige Winton, RN Medical Stepdown/Coronary Care Unit
 Gabrielle Wolfe, RN Geriatric Psychiatry

Education

Linda Gandy, RN Nursing Education
 Lisebeth Gatkowski, RN Nursing Education
 Angela Greiter, RN Nursing Education
 Julie Pace, RN Nursing Education
 Susan Ritchie, RN Nursing Education
 Lisa Robertson, RN Nursing Education
 Fran Szygula, RN Nursing Education

Excellence In Emergency/ Ambulatory Care Nursing

Susan Butler, RN Emergency Department
 Judy Guidolin, RN Urgent Care - King Campus
 Mare Hartnett, RN Emergency Department
 Erin Heynemans, RN Emergency Department
 Lisa Kozel, RN Emergency Department
 Brenda Zakrzewski, RN Urgent Care - King Campus

Excellence In Critical Care Nursing

Brenda Almas, RN Medical Stepdown Unit

Research

Mary-Lou Martin, CNS Forensic Services

Robertson Memorial Innovation Award Nominees

7 MSK & Rehabilitation Nursing Teams
 Abuse Education Committee: *Mental Health & Addictions Program*
 CTU West Nursing Team
 IV Team
 Pressure Ulcer Prevention & Assessment Working Group *Nurse Educators*
 Gema Ruiz, RN *Intensive Care Unit*
 Kelly Stevenson, RN *Acute Mental Health - Tower 9*
 West 5th Observational Rounds Working Group - Late Career Nursing Initiative

Transitional Living Environments

Integration is a key component in the redevelopment of the West 5th Campus. We are combining inpatient and outpatient mental health services with diagnostic services like MRI and breast screening, and community medical services. The campus will be a full-fledged academic health sciences centre where research, clinical care, and education come together.

We will also be expanding one of our innovative inpatient programs that aims to help our clients become reintegrated with the community.



View of the kitchen in a transitional apartment

Within the existing West 5th facilities, there is a Transitional Apartment used by some clients as a stepping stone to independent living.

The new building will include four of these specialized spaces, which will be used by the Forensic and Schizophrenia units.

These living spaces are fully furnished and, for the most part, they look and feel just like any other one-bedroom apartment that you could rent in the community. Each apartment contains a kitchen equipped with all the necessary appliances for cooking. The living/dining spaces are filled with natural light, and the bedrooms are complete with spacious closets. The apartments also contain full, modern bathrooms and in-suite laundry.

Linda Pillinini, Occupational Therapist in Schizophrenia and Community Integration Services, has been involved with the programming of the existing apartment for some time and is excited to start using the

new spaces, which will be a much more accurate simulation of independent living than the current model.

According to Linda, there are lots of reasons why a client could benefit from spending time in the Transitional Apartments. “A really important outcome of this program is to help rebuild the confidence and self-esteem required for living independently. People often lose this confidence when they have been in a hospital setting for a long period of time, and these apartments help them practice these skills and ease into living in the community.”

Others may be learning these skills for the first time, if they have previously been in a supervised setting but are striving to live on their own.

Clients learn practical skills like meal planning or using public transit, as well as social skills like interacting with a landlord and neighbours. Staff members are on-hand to assess these skills, provide feedback and support, and to identify key areas for improvement.

Hospital-based support programs for independent living have been slowly increasing in prevalence, and Linda is optimistic that they will become a more common part of mental health services.

“There is research potential here, but we immediately see the benefits of providing our clients with the opportunity to achieve goals and learn or enhance their skills.”

In preparation for the move into the new building, the model of care for the Transitional Apartments is being reviewed to determine the most effective program structure.

MARK YOUR CALENDARS:

DECEMBER 6, 2013 Building construction is complete; SJHH gets the keys to the building

JANUARY/FEBRUARY 2014 Inpatient move

FALL 2014 Completion of Grounds/Parking & Final Move

WHAT'S HAPPENING NOW?

- The Honeywell and Comstock trailers are being removed to make way for landscaping along the north side of the building
- Honeywell has moved into their space in the new building
- Installation of the cistern, to collect rain water for irrigation, is underway



The new centre is surrounded by views of natural landscape and the escarpment, promoting comfort and wellness.

Going Green (and Silver!)

The new facility at West 5th will not only help enhance our role as a regional leader in providing care for those living with mental illness and addiction, it will also elevate St. Joseph's Healthcare Hamilton as a leader in environmental sustainability.

The facility is designed and built to meet Leadership in Energy and Environmental Design® (LEED®) Silver standards.

LEED® is a third-party certification program that sets the international standard for the design, construction and operation of high performance sustainable buildings. A building achieves LEED® certification by accumulating points across six credit categories. Depending on the number of points a building earns, it can achieve either a Silver, Gold or Platinum certification.

For our project, effective waste management has been a major contributor. To achieve full points in this section, LEED® requires that a minimum of 75 per cent of total waste be diverted from landfill. As it stands, the project has diverted an incredible 92 per cent of total waste by adhering to a firm recycling plan.

Using local, sustainable materials is another important part of LEED®

building. More than 15 per cent of the building materials are recycled and more than 20 per cent of the materials are regionally extracted, in alignment with LEED® standards. Sourcing local materials reduces the carbon footprint of the construction process by cutting down emissions that result from transporting materials over long distances.

“Earning LEED® points starts with a sustainable construction process, and our team is making sure our building practices are in line with LEED® standards,” explains John Gallacher, Senior Construction Manager. “We wanted to design a building that is patient centered, but also promotes best environmental practices in the interest of our community.”

Great care has been taken to ensure good indoor air quality for the building. For example, LEED® standards require that building materials such as paints, adhesives and protective coatings be low-emitting to minimize undesirable respiratory, allergic and immune effects. Incorporating measures like these help guarantee air quality long after the construction process is complete.

The remaining LEED® points are awarded based on how the building operates after completion. Many of the features that contribute to points in these categories are tied to components that reduce the consumption of resources like energy and water.

Our new building will consume 30 per cent less water than an average building of comparable size. This will be accomplished through high-efficiency plumbing fixtures like low-flush toilets, faucets and showers, as well as by using a cistern to collect water for irrigation.

These are just some of the ways that our new building has been designed to have minimal impact on our beautiful natural surroundings. In addition to reducing our environmental impact, sustainable buildings help to reduce operational costs and contribute to occupants' comfort.

FUTURE WEST 5TH CAMPUS COORDINATES

Our address: 100 West 5th Street

Name of the campus: West 5th Campus

Name of the new building: Margaret and Charles Juravinski Centre for Integrated Healthcare

Our fax numbers, phone numbers and extensions will stay the same (If you currently have a St. Joe's phone extension then your extension will stay the same. If you aren't in the St. Joe's phone system yet, you will receive a new number and extension)