Despite recent advances in the diagnosis and treatment of esophageal cancers, the estimated five year survival rate for this form of cancer in Ontario is among the lowest of all cancers at 13%, second only to pancreatic cancer. In Canada, esophageal cancer is the 7th leading cause of cancer death in men, 14th in women with mortality rates steadily rising.

Responding to recommendations from Cancer Care Ontario (CCO), the National Comprehensive Care Network (NCCN-USA) and the European Society for Medical Oncology regarding the benefits associated with the utilization of multidisciplinary care teams when treating esophageal cancer, St. Joseph’s Healthcare Hamilton (SJHH), in partnership with the Juravinski Cancer Centre (JCC) and Brantford General Hospital (BGH), has developed and introduced an unique new centralized program that will now ensure that individuals with suspected esophageal cancer will receive the timeliest and most appropriate and comprehensive care during their entire cancer journey.

The first of its kind in Canada, the Esophageal Diagnostic Assessment Program (DAP) will further improve the patient experience and enhance the current pathway to care for those with suspected esophageal cancer through early detection, a reduced wait time for diagnosis and treatment and better treatment outcomes all through a single point of access for referrals. Statistics clearly show that patients diagnosed with or have suspected esophageal cancer require a great deal of clinical and hospital resources. The development of a regional Esophageal DAP will help alleviate this burden on our healthcare system by means of this streamlined referral process all coordinated by a Nurse Navigator. As a result, this will also reduce unnecessary emergency room visits and hospital re-admissions.
President’s Message

This month there are many days set aside to honour and recognize a number of disciplines in the healthcare field. This includes our nursing staff, physicians, our speech and language and audiology team, and our physiotherapists just to name a few. Though these significant dates, weeks and months are annual opportunities to stimulate awareness of various healthcare disciplines, they also give us the chance to celebrate the hard work and dedication these healthcare professionals give to our organization.

Here at St. Joe’s, we know that it is the collective efforts and contributions of each and every one of our staff, physicians, learners and volunteers together that has truly made our hospital the exceptional healthcare facility it is today.

We do our best to recognize the contributions of all our staff through events such as our recent “Free Cup of Joe” event hosted annually every May 1st on what is recognized as St. Joseph the Worker Day. I hope that you had the opportunity to enjoy a cup of coffee or tea courtesy of our St. Joe’s Foundation team. On behalf of the Senior Leadership Team and the St. Joseph’s Healthcare Hamilton Board of Trustees, I would like to sincerely thank every one of our St. Joe’s colleagues for their ongoing commitment to improving the lives of the patients and families we have the privilege to serve.

Value the Invaluable:
Celebrating Nursing Week 2013

Dr. David Higgins

Value the Invaluable

Each year, the Ontario Nurses’ Association (ONA) declares a provincial Nursing Week in recognition of the 60,000 registered nurses, allied health professionals and more than 14,000 nursing students in the province who contribute to their communities by providing patient care, 24/7. They are truly a vital part of the multi-disciplinary health care team.

This year, ONA has chosen as the theme for Nursing Week: Value the Invaluable.

We hope you will join us in celebrating the nursing staff at St. Joe’s.

In Memoriam:
Sister Joan O’Sullivan

It is with profound appreciation for a life well lived that we announce the passing of Sister Joan O’Sullivan on Saturday, April 27th, 2013.

Though her roles as CEO of St. Joseph’s Hospital and her teaching and executive positions in Kitchener, Guelph and Brantford hospitals, Sister Joan continued to serve our hospitals and communities with great distinction, vision and humility; always ensuring that in every decision, we remained true to our mission.

Sister Joan was recognized by many for her ongoing contributions to healthcare and in 2008, was acknowledged for the significant and lasting impact she had on our own organization by receiving a Sisters of St. Joseph of Hamilton Mission Legacy Award.

Sister “Joan O” led us through many challenging years and decisions and at the same time remained close to our staff and patients and was a very familiar presence in our corridors. Her death leaves a void but also a reminder that she and the Sisters have given to all of us. Her life was devoted to others, the relief of suffering, building and strengthening the institutions founded so long ago by the Sisters of St. Joseph. May she rest in peace.

May she rest in peace.

President’s Message

This month there are many days set aside to honour and recognize a number of disciplines in the healthcare field. This includes our nursing staff, physicians, our speech and language and audiology team, and our physiotherapists just to name a few. Though these significant dates, weeks and months are annual opportunities to stimulate awareness of various healthcare disciplines, they also give us the chance to celebrate the hard work and dedication these healthcare professionals give to our organization.

Here at St. Joe’s, we know that it is the collective efforts and contributions of each and every one of our staff, physicians, learners and volunteers together that has truly made our hospital the exceptional healthcare facility it is today.

We do our best to recognize the contributions of all our staff through events such as our recent “Free Cup of Joe” event hosted annually every May 1st on what is recognized as St. Joseph the Worker Day. I hope that you had the opportunity to enjoy a cup of coffee or tea courtesy of our St. Joe’s Foundation team. On behalf of the Senior Leadership Team and the St. Joseph’s Healthcare Hamilton Board of Trustees, I would like to sincerely thank every one of our St. Joe’s colleagues for their ongoing commitment to improving the lives of the patients and families we have the privilege to serve.

Value the Invaluable:
Celebrating Nursing Week 2013

Dr. David Higgins

Value the Invaluable

Each year, the Ontario Nurses’ Association (ONA) declares a provincial Nursing Week in recognition of the 60,000 registered nurses, allied health professionals and more than 14,000 nursing students in the province who contribute to their communities by providing patient care, 24/7. They are truly a vital part of the multi-disciplinary health care team.

This year, ONA has chosen as the theme for Nursing Week: Value the Invaluable.

We hope you will join us in celebrating the nursing staff at St. Joe’s.

In Memoriam:
Sister Joan O’Sullivan

It is with profound appreciation for a life well lived that we announce the passing of Sister Joan O’Sullivan on Saturday, April 27th, 2013.

Though her roles as CEO of St. Joseph’s Hospital and her teaching and executive positions in Kitchener, Guelph and Brantford hospitals, Sister Joan continued to serve our hospitals and communities with great distinction, vision and humility; always ensuring that in every decision, we remained true to our mission.

Sister Joan was recognized by many for her ongoing contributions to healthcare and in 2008, was acknowledged for the significant and lasting impact she had on our own organization by receiving a Sisters of St. Joseph of Hamilton Mission Legacy Award.

Sister “Joan O” led us through many challenging years and decisions and at the same time remained close to our staff and patients and was a very familiar presence in our corridors. Her death leaves a void but also a reminder that she and the Sisters have given to all of us. Her life was devoted to others, the relief of suffering, building and strengthening the institutions founded so long ago by the Sisters of St. Joseph. May she rest in peace.
Maria Anna DeSantis Waiting Centre Now Includes the DeSantis Family demonstrates for at least 48 hours the compassionate care of patients and their families. Dr. Cook and her team are working to ensure that a wide variety of wishes can be met. Wish- es are sometimes those of the patient, sometimes those of the family members, and sometimes of ICU clinicians caring for the patient. By collaborating with bedside nurses, respiratory therapists, chaplains, social workers, the pallia- tive care team and others, the 3 Wishes Project is able to fulfill a number of wide-ranging aspira- tions to promote dignity-conserving care and ease the grieving process.

The 3 Wishes Project is an exemplary initiative that represents many of the qualities of SJHH Research. Research within our institution begins with the drive to improve patient care, and this particular study takes this ambition to heart. Our researcher- s, clinicians and managers are not afraid to step out of the healthcare box to consider the care – for patients, families, providers and the community – at large.

To the DeSantis Family she said, “Your decision to honour the memory of your beloved mother with this gift is a very fitting legacy to her life. Our Hospital’s ability to serve the community depends on the support of patients and families like yours and we are proud to count you as one of our most generous supporters and friends.”

The 3 Wishes Project: Promoting Dignity-Conserving Care in the ICU

A SJHH pilot study seeks to transform end-of-life care by ful- filling the final wishes of dying patients, their families and ICU caregivers.

Earlier this year, a 79-year-old patient in our Intensive Care Unit (ICU) was able to fulfill one of her promis- es to her family – one of her personal wishes. She had promised her youngest daughter that she would live to see the day of her wedding. Because of a new initiative taking place at SJHH, her daughter was able to marry her partner in a very emotional, intimate wedding ceremony held by her mother’s bedside in the ICU. When she passed hours later, the patient was taken off life support – ful- filling her final promise before saying goodbye to her family.

A dedicated mother and loving family became part of St. Joe’s history on April 16. In recogni- tion of a generous donation from Tony and Aldo DeSan- tis, the Hospital’s new surgical centre now includes the Maria Anna DeSantis Waiting Room within the Minor Proce- dures Unit. Family attended a recent event hosted by St. Joseph’s Healthcare Foundation to pay tribute to this meaningful gift.

For over two decades, The DeSantis family has given significant contributions of time, voluntarism and philanthropy to St. Joe’s. Maria felt very warmly about our Hospital and the compassionate care we give to the commu- nity. With the passing away of the family, the opportunity to stay at Maria’s home and the dedication she gave to SJHH as our registration and office applications, as well as our registration and documentation systems.

Your voice is important!

St. Joes expects all staff, physicians and volunteers to observe the highest standards of personal ethics in the conduct of our duties and responsibilities. Honesty and integrity are paramount in fulfilling responsibilities and complying with all applicable laws, regulations and hospital policies.

In an environment as complex as healthcare, it is not unusual to be faced with ethical dilemmas in the course of your work. Perhaps it may be something you see or have knowledge of that conflicts with your own personal values or it could be a questionable activity directly or indirectly impacting your role at the hospital. In most situations, your immediate supervisor or manager may be in the best position to address your concerns. In situations where you may be uncomfortable talking to your supervisor or manager, or they are unable to help, you are encouraged to speak with the next level manager or seek advice from Human Resources, the Clinical Ethicist, the Chief Privacy Officer, the Risk Management department, a professional practice lead, related regulated college, or in case of a physician, you may contact the Head of Service or Chief of Department.

If you have any questions about this change, please contact Tara Coxen at ext. 32871.
St. Joe’s staff members are nominated for a total SAGE Awards

Jane Loncke
Director, Clinical Programs, Therapeutics, and Palliative Care
Nominated for Executive Award

Jane Loncke’s executive leadership has advanced St. Joe’s interprofessional approach to “senior friendly strategies” such as reducing agerism, reducing falls, integrating advanced care planning and increasing the number of clinicians trained in gentle persuasive approach. Jane is a strong advocate with a dedicated focus on seniors, which has improved the care and services we provide.

Julia Baxter
Manager of Outreach Services, Geriatric Psychiatry Program
Nominated for Executive Award

In her role, Julia is recognized for her community development and system change achievements locally, regionally and provincially. Julia’s passionate enthusiasm and drive for action has been an asset in an asset to a wide range of activities and initiatives such as Behavioural Support Ontario, Community Continuum Collaborative, Demen
ta Network and the Seniors Health Knowledge Network where she has contributed as a resource and a leader. To Julia, “Driven by needs, strengthened by partnerships” is not just a motto for the Seniors Man
tal Health Outreach Services but a personal belief and guide post.

Therapeutics Seniors Education Care Team
Nominated for Team Award

An interprofessional collaborative team created to evaluate the learning needs of our therapeutics staff related to senior care and develop an education plan to address these learning needs. Their recommendations to address these learning needs have had multiple clinicians trained as Gentle Persuasive Approaches (GPA) coaches and provided this training to all therapeutics staff at the Charlton Campus. They created a Seniors Community Resource Fair and have organized monthly Lunch and Learn sessions about senior care that are attended by all members of the healthcare team.

St. Joseph’s Alternate Level of Care Unit Team - Charlton Campus
Nominated for Team Award

Through the hard work of this dedicated team of individuals, patients have benefited greatly with improved or newfound mobility and an improved behavioral modification through various interventions and initiatives. The Life Story Initiative is just one example that has shown positive effects, including: strengthening relationships between patients and team members, decreasing restraints and sedation, and promoting a sense of belonging, stimulation and commisation. In addition, this has succeeded in maintaining one of the lowest rates of healthcare associated infections at St. Joseph’s.

Marion Penko
Psychogeriatric Resource Consultant (PRC)
Nominated for Individual Award

In her role, Marion creates opportunities to positively impact the lives of seniors, their families and those who provide care in a wide range of settings. Dr. David Lam, consulting Li
harris geriatric psychiatrist, cites Marion’s “patience, persistence and passion” as key attributes that have guided Marion’s unique abilities to effectively coach and build capacity in others and strengthen the communities they live and work in. Marion’s heartfelt commitment and dedication to geriatric service excellence can be seen and heard, everyday.

The 10th annual SAGE Awards will be presented at a special ceremony at the Canadian Warplane Heritage Museum on May 24th.

For more information on the SAGE Awards, please visit: http://www.rgpc.ca/sage/sage.cfm

Ask David

Jane Loncke
Director, Clinical Programs, Therapeutics, and Palliative Care
Nominated for Team Award

We did it! A big Thank You to all St. Joe’s staff who supported our Staff Giving 2 St. Joe’s challenge, and to Dr. Rosa Giannarco and Dr. Mark Crowther for personally matching each donation. Our Foundation is deeply grateful to each and every one of you who helped raise just over $20,000 in new gifts to enhance patient care at our Hospital. Not only did we meet our goal, we exceeded it! Wow! The matching portion of our challenge is now complete, but staff wishing to support our Hos
tical can still do so. Simply visit www.stjoes
oundation.ca and click on the Staff Giving 2 St. Joe’s tab in the ‘Make a Gift’ menu to make a donation. Your generosity is helping to transform healthcare in our region and to create a health
tier tomorrow for the community we serve. Thank you again! ●

Nurse Navigator

The role of the Nurse Navigator is to support all patients within our LHIN and to co-ordinate patient care from referral to diagnosis and treatment. The Nurse Navigator will be the key contact for the patient and family and will contact the patient within 48 hours of referral to do a preliminary assessment and expedite diagnostic proce
dures so that the patient is seen by the specialist within a timely manner. “This alone will help improve the patient experience by reducing their worry and anxiety while waiting for the next step in their journey”, says Dr. Shargall.

Patients will receive care by a multi-disciplinary team including thoracic surgeons, medical oncologists, radiation oncologist, gastroenterologist, allied health professionals palliative care, and homecare.

Evaluation

To ensure that this program meets the needs of this patient population, regular evalua
tion and monitoring of processes and outcomes must also take place. Indicators similar to those currently collected and monitored for the EDAP will be used. In ad
dition, the Thoracic Surgery research group successfully received a two-year grant to evaluate the Esophageal DAP, which includes metrics such as patient quality of life patient satisfaction, symptom management and healthcare system utilization. The ultimate goal of this evaluation will be to determine the validity of the program and if it is successful in prolonging the survival rate of patients with this type of cancer.

Introducing EDAP

Continued from Page 1

active patients (receiving approximately 120 new referrals each monthly), of which 80% have an ultimate diagnosis of cancer. The median wait time from referral to diagnosis is 20-26 days, and patient satisfaction scores are approximately 97%.

Nurse Navigator

The role of the Nurse Navigator is to support all patients within our LHIN and to co-
ordinate patient care from referral to diagnosis and treatment. The Nurse Navigator will be the key contact for the patient and family and will contact the patient within 48 hours of referral to do a preliminary assessment and expedite diagnostic pro-
duces so that the patient is seen by the specialist within a timely manner. “This alone will help improve the patient experience by reducing their worry and anxiety while waiting for the next step in their journey”, says Dr. Shargall.

Patients will receive care by a multi-disciplinary team including thoracic surgeons, medical oncologists, radiation oncologist, gastroenterologist, allied health professionals palliative care, and homecare.

Evaluation

To ensure that this program meets the needs of this patient population, regular eva-
ulation and monitoring of processes and outcomes must also take place. Indicators similar to those currently collected and monitored for the EDAP will be used. In ad-
dition, the Thoracic Surgery research group successfully received a two-year grant to evaluate the Esophageal DAP, which includes metrics such as patient quality of life patient satisfaction, symptom management and healthcare system utilization. The ultimate goal of this evaluation will be to determine the validity of the program and if it is successful in prolonging the survival rate of patients with this type of cancer.

Introducing EDAP

Continued from Page 1

active patients (receiving approximately 120 new referrals each monthly), of which 80% have an ultimate diagnosis of cancer. The median wait time from referral to diagnosis is 20-26 days, and patient satisfaction scores are approximately 97%.

Nurse Navigator

The role of the Nurse Navigator is to support all patients within our LHIN and to co-
ordinate patient care from referral to diagnosis and treatment. The Nurse Navigator will be the key contact for the patient and family and will contact the patient within 48 hours of referral to do a preliminary assessment and expedite diagnostic pro-
duces so that the patient is seen by the specialist within a timely manner. “This alone will help improve the patient experience by reducing their worry and anxiety while waiting for the next step in their journey”, says Dr. Shargall.

Patients will receive care by a multi-disciplinary team including thoracic surgeons, medical oncologists, radiation oncologist, gastroenterologist, allied health professionals palliative care, and homecare.

Evaluation

To ensure that this program meets the needs of this patient population, regular evalua-
tion and monitoring of processes and outcomes must also take place. Indicators similar to those currently collected and monitored for the EDAP will be used. In ad-
dition, the Thoracic Surgery research group successfully received a two-year grant to evaluate the Esophageal DAP, which includes metrics such as patient quality of life patient satisfaction, symptom management and healthcare system utilization. The ultimate goal of this evaluation will be to determine the validity of the program and if it is successful in prolonging the survival rate of patients with this type of cancer.

Introducti

The Esophageal DAP will receive referrals 24/7 via the DAP fax line (1-877-803-4422). All referrals will be triaged by a specialist and nurse navigator within 48 hours.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP will receive referrals 24/7 via the DAP fax line (1-877-803-4422). All referrals will be triaged by a specialist and nurse navigator within 48 hours.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.

The Esophageal DAP clinic will see approximately 125-150 patients per year, serving patients across the HNHB LHIN.
A new Payday Payouts Lottery season has begun … and more tickets are available than ever before! If you’ve been waiting for a chance to play Payday Payouts, or if you’d like to purchase additional tickets, sign up today! Just fill out the enrolment form available at www.stjoesfoundation.ca and fax it to Liz Marck in Payroll. Good luck!

Please note: Payday Payouts draws take place at 2:00 p.m. on Payday Fridays in the lobby of St. Joseph’s Healthcare Foundation. All employees are invited to attend the draw.

Send your comments, suggestions, story ideas or submissions to:

Public Affairs Department
Level 1, 225 James St. South
Telephone: 905.522.1155, ext. 33423
Email: kdebreau@stjoes.ca

All submissions are subject to approval and must be received by the 15th of the month prior.

Photography: Craig Peters
Printing/design: Hamilton Regional Printing & Graphics (SJHH)

Find Quality Here
Our Commitment to Quality and Safety

Find Change Here
Transforming How We Work

Find Innovation Here
Research and Education

Find Community Here
Engaged People

Find Interconnection Here
Breaking Down Barriers

April 12th, 2013
Annie Edillo
Retail Pharmacy
$6,574.50

April 26th, 2013
John Plumb
Anesthesia Dept.
$6,837.00

April 26th, 2013
John Plumb
Anesthesia Dept.
$6,837.00

The 2013 Lotto Season has begun!
## 2013 Nursing Week Calendar of Events

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 06</td>
<td>May 07</td>
<td>May 08</td>
<td>May 09</td>
<td>May 10</td>
</tr>
</tbody>
</table>

### Charlton Campus
**Juravinski Tower**
**Miller Amphitheatre & 2nd Floor Lobby**

Nursing Week Celebration
Nursing Led Innovative Projects
- Winnie Doyle
- Gail Burns
- Mary Griffiths

- **Coffee/Tea Break for all Nursing Staff**
- **2:00pm - 3:00pm**
- **Reception to Follow**
- **3:00pm - 4:00pm**

**New Event**

### King Campus
**Celebration Kemp Auditorium**

**Knowledge Café**
**2:30pm - 4:00pm**

Collaboration: A Leading Force for Change
Poster Presentation, Refreshments, Cake, Live Music, Networking & Door Prizes!

- **Everyone Welcome!**

### West 5th Campus
**Celebration Cafeteria**

**12th Annual Nursing Excellence Awards Dinner**

**Michelangelo’s Banquet Centre**
**Appetizers: 6:00pm**
**Dinner: 7:00pm**

Celebrate the outstanding contributions of nurses with your colleagues & support excellence in the provision of healthcare!

- **Tickets $35 each**
- Contact Nancy St. Aubin X35201
  nstaubin@stjoes.ca

**New Event**

### Charlton Campus
**Celebration Cafeteria**

**Registered Nurses’ Association of Ontario’s (RNAO)**
**Hamilton Chapter**

**New Event**

### RNAO
**Hamilton Chapter**
**Nursing Week Dinner**

**For Information Contact:**
Lisa Richter
289.776.6953
richterlj@gmail.com
**Nursing Excellence Award Nominees**

### Excellence in Mental Health & Addictions Nursing
- Cathy Bell, RN - East Region Mental Health Services
- Maria Collins, RN - Assertive Community Treatment Team (ACTT 2)
- Elizabeth Cotter, RPN - Schizophrenia & Community Integration Services
- Mary Griffiths, RN - Schizophrenia & Community Integration Services
- Elizabeth Jordan, RN - Mood Disorders Program
- Kyle Landy, RN - Assertive Community Treatment Team (ACTT 2)
- Stephanie McDonald, RN - Assertive Community Treatment Team (ACTT 2)
- Christine Mohl, RPN - Schizophrenia & Community Integration Services
- Christina Oliveira-Picado, RPN - Secure Forensic Unit G2
- Gail Pappale, RN - Community Psychiatry Services
- Carolin Reimann, RPN - Schizophrenia & Community Integration Services
- Jane Sanderson, RN - Community Schizophrenia Services

### Excellence in Women's & Infants' Nursing
- Susan Afflato, VN - NICU
- Franz Bier, RN - OBS - Post Partum & Combined Care
- Valerie Bell, RN - Birthing Unit
- Lindsay Chatters, RN - Birthing Unit
- Kelly Chinchilla, RN - Birthing Unit
- Nancy Markwick, RN - Women's & Infants' Program
- Dianne McMaster, RN - Birthing Unit
- Barb McQueens, RN - OBS - Post Partum & Combined Care
- Heather Mobach, RN - Birthing Unit
- Meghan Ruttle, RN - Birthing Unit
- Michelle Scime, RN - Birthing Unit
- Patti Shaw, RN - Birthing Unit
- Caitlin Stewart, RPN - OBS - Post Partum & Combined Care
- Sharon Summers, RN - NICU
- Christine Worley, RN - NICU

### Excellence in Surgical Nursing
- Donna Archer, RN - Surgical GI
- Cail Goag, RN - Urology
- Sandra Dingledine, RN - Surgical GI
- Joyce Fabbo, RN - Surgery Centre - King Campus
- Lesley Holmes, RN - Urology
- Jacqueline Jarasukas, RN - Chest/Head & Neck/Step Down
- Wini Kolich, RN - Surgery Centre - King Campus
- Sarah Law, RN - Chest/Head & Neck/Step Down
- Jasmina Martinez, RN - Renal Transplant Unit
- Katherine Marinais, RN - Urology
- Alice McKinnon, RN - MSK
- Marisa Mendez, RN - Urology
- Jaime Simpson, RN - Renal Transplant Unit
- Bonnie Spencer, RN - Renal Transplant Unit
- Gloria Taylor, RN - Chest/Head & Neck/Step Down
- Alicia Timmerman, RN - Surgical GI
- Lisa Tomasini, RN - Renal Transplant Unit
- Jesse Vincent, RPN - Operating Room
- Christine Woods, RN - Surgical GI

### Leadership
- Elisa Bolognese, RN - Operating Room
- Elizabeth Cotter, RPN - Schizophrenia & Community Integration Services
- Cheryl Evans, RN - Nursing Practice & Education
- Louise Guthro, RPN - Breastfeeding & Newborn Assessment Clinic
- Sabrina Headley, RN - Complex Care
- Donna Johnson, RN - General Internal Medicine
- Cindy Leite, RN - Nursing Practice & Education
- Maryanne Mancini, RN - Acute Mental Health - 9 Tower/Bridge to Recovery Program
- Stephanie Markotic, RNC - Central/DCD
- Linda Mills, RN - Home Hemodialysis
- Mary Lou Mulholland, RN - OBS - Post Partum & Combined Care
- Barb Page, RN - Chest/Head & Neck/Step Down
- Shannon Porter, RN - Operating Room
- Kathy Saville, RNC - CTU West
- Sharon Simmons, RN - Mood Disorders Program
- Joyce Stacey, RN - Operating Room
- Lynda Stanisz, RN - Clinical Informatics

### Preceptorship/Mentorship of Students/Colleagues
- Sonja Bernhard, RN - MSK & Rehabilitation Nursing Teams
- Lauren Codognotto, RNC - CTU West
- Kaela Bisson, RNC - DCD
- Chantelle Campbell, RNC - CTU West
- David Davies, RN - Renal Hemodialysis
- Denice Davis, RPN - Complex Care
- Laurenita Garside, RN - Renal Transplant Unit
- Mia Gonzales, RN - Medical Stepdown Unit
- Joanna Halikaz, RPN - Complex Care
- Helen Jan, RN - Operating Room
- Jason Jarvis, RNC - DCD
- Helen Kirkpatrick, RN - Nursing - Best Practice Spotlight Organization
- Ashley Lagleza, RNCU - CTU West
- Kathleen Mendoza, RNCU - CTU West
- Rob Singh, RN - Medical Stepdown Unit

### Excellence in Medical Nursing
- Jody Cascella, RNCU - CTU West
- Karen Cottrell, RNCU - Central
- Alexandria Crowe, RN - Complex Care
- Diana De Rosa, RNCU - DCD
- Danielle Field, RN - Nephrology
- Genevieve Hadley, RPN - Nephrology
- Susan Kerr, RNCU - Central
- Jenny Lo, RN - Nephrology
- Vi Mazz, RN - Nephrology
- Jen McKay, RPN - Nephrology
- Debbie Meirentz, RNCU - CTU West
- Edyta Mińch, RN - Nursing Resource Team
- Kathy Saville, RNCU - CTU West
- Selim Teiwaldai, RNCU - CTU West

### Star on the Horizon
- Melissa Campbell, RN - Emergency Department
- Allan Catanguy, RN - Surgical GI
- David Holden, RN - Nursing Resource Team
- Asha Koshy, RN - MSK
- Kayla Lima, RPN - OBS - Post Partum & Combined Care
- Kim MacAllister, RPN - Nephrology
- Amy Marshall, RNCU - CTU West
- James McCulloch, RN - Geriatric Psychiatry
- Sarah Meagher, RNCU - CTU West
- Chantal Mefford, RNCU - CTU West
- Laura Nieman, RNCU - Central
- Jennifer Olarte, RN - Acute Mental Health H1
- Andrea Passztor, RN - Emergency Department
- Apolline Spicer, RNCU - CTU West
- Paige Winton, RN - Medical Stepdown/Coronary Care Unit
- Gabrielle Wolfe, RN - Geriatric Psychiatry

### Education
- Linda Cundy, RN - Nursing Education
- Lisaebeth Gatkowska, RN - Nursing Education
- Angela Greiter, RN - Nursing Education
- Susan Hatcher, RN - Nursing Education
- Lisa Robertson, RN - Nursing Education
- Fran Szypula, RN - Nursing Education

### Excellence in Emergency/ Ambulatory Care Nursing
- Susan Butler, RN - Emergency Department
- Judy Guido, RN - Urgent Care - King Campus
- Mare Harsteert, RN - Emergency Department
- Erin Heynemann, RN - Emergency Department
- Lisa Koziel, RN - Emergency Department
- Brenda Zakrzewski, RN - Urgent Care - King Campus

### Excellence in Critical Care Nursing
- Brenda Almas, RN - Medical Stepdown Unit

### Research
- Linda Smith, CN - Forensic Services

---

**Robertson Memorial Innovation Award Nominees**

- 7 MSK & Rehabilitation Nursing Teams
- Abuse Education Committee: Mental Health & Addictions Program
- CTU West Nursing Team
- IV Team
- Pressure Ulcer Prevention & Assessment Working Group - Nurse Educators
- Gema Ruiz, RN - Intensive Care Unit
- Kelly Stevenson, RN - Acute Mental Health - Tower 9
- West 5th Observational Rounds Working Group - Late Career Nursing Initiative
Within the existing West 5th facilities, there is a Transitional Apartment used by some clients as a stepping stone to independent living. The new building will include four of these specialized spaces, which will be used by the Forensic and Schizophrenia units.

These living spaces are fully furnished and, for the most part, they look and feel just like any other one-bedroom apartment that you could rent in the community. Each apartment contains a kitchen equipped with all the necessary appliances for cooking. The living/dining spaces are filled with natural light, and the bedrooms are complete with spacious closets. The apartments also contain full, modern bathrooms and in-suite laundry.

Linda Pillinini, Occupational Therapist in Schizophrenia and Community Integration Services, has been involved with the programming of the existing apartment for some time and is excited to start using the new spaces, which will be a much more accurate simulation of independent living than the current model.

According to Linda, there are lots of reasons why a client could benefit from spending time in the transitional apartments. “A really important outcome of this program is to help rebuild the confidence and self-esteem required for living independently. People often lose this confidence when they have been in a hospital setting for a long period of time, and these apartments help them practice these skills and ease into living in the community.”

Others may be learning these skills for the first time, if they have previously been in a supervised setting but are striving to live on their own. Clients learn practical skills like meal planning or using public transit, as well as social skills like interacting with a landlord and neighbours. Staff members are on-hand to assess these skills, provide feedback and support, and to identify key areas for improvement.

Hospital-based support programs for independent living have been slowly increasing in prevalence, and Linda is optimistic that they will become a more common part of mental health services. “There is research potential here, but we immediately see the benefits of providing our clients with the opportunity to achieve goals and learn or enhance their skills.”

In preparation for the move into the new building, the model of care for the Transitional Apartments is being reviewed to determine the most effective program structure.
Going Green (and Silver!)

The new facility at West 5th will not only help enhance our role as a regional leader in providing care for those living with mental illness and addiction, it will also elevate St. Joseph’s Healthcare Hamilton as a leader in environmental sustainability.

The facility is designed and built to meet Leadership in Energy and Environmental Design® (LEED®) Silver standards. LEED® is a third-party certification program that sets the international standard for the design, construction and operation of high performance sustainable buildings. A building achieves LEED® certification by accumulating points across six credit categories. Depending on the number of points a building earns, it can achieve either a Silver, Gold or Platinum certification.

For our project, effective waste management has been a major contributor. To achieve full points in this section, LEED® requires that a minimum of 75 per cent of total waste be diverted from landfill. As it stands, the project has diverted an incredible 92 per cent of total waste by adhering to a firm recycling plan.

Using local, sustainable materials is another important part of LEED® building. More than 15 per cent of the building materials are recycled and more than 20 per cent of the materials are regionally extracted, in alignment with LEED® standards. Sourcing local materials reduces the carbon footprint of the construction process by cutting down emissions that result from transporting materials over long distances.

“Earning LEED® points starts with a sustainable construction process, and our team is making sure our building practices are in line with LEED® standards,” explains John Gallacher, Senior Construction Manager. “We wanted to design a building that is patient centered, but also promotes best environmental practices in the interest of our community.”

Great care has been taken to ensure good indoor air quality for the building. For example, LEED® standards require that building materials such as paints, adhesives and protective coatings be low-emitting to minimize undesirable respiratory, allergic and immune effects. Incorporating measures like these help guarantee air quality long after the construction process is complete.

The remaining LEED® points are awarded based on how the building operates after completion. Many of the features that contribute to points in these categories are tied to components that reduce the consumption of resources like energy and water.

Our new building will consume 30 per cent less water than an average building of comparable size. This will be accomplished through high-efficiency plumbing fixtures like low-flush toilets, faucets and showers, as well as by using a cistern to collect water for irrigation.

These are just some of the ways that our new building has been designed to have minimal impact on our beautiful natural surroundings. In addition to reducing our environmental impact, sustainable buildings help to reduce operational costs and contribute to occupants’ comfort.

FUTURE WEST 5TH CAMPUS COORDINATES

Our address: 100 West 5th Street
Name of the campus: West 5th Campus
Name of the new building: Margaret and Charles Juravinski Centre for Integrated Healthcare
Our fax numbers, phone numbers and extensions will stay the same (If you currently have a St. Joe’s phone extension then your extension will stay the same. If you aren’t in the St. Joe’s phone system yet, you will receive a new number and extension)