

# connections

SEPTEMBER • 2014



Dr. Darin Treleven  
using Digital  
Order Sets in  
the Dialysis Unit,  
Charlton Campus  
with his patient  
Gerard Mariam.



## Digital Order Sets

Dr. Darin Treleven approaches the workstation on wheels with a smile. As a medical lead at St. Joseph's Healthcare Hamilton's Nephrology Department, he has been road testing order sets as part of clinical practice for almost a decade and the improvements in patient safety, quality and efficiency are clear to him and his team. However, that's not why he's grinning.

"Now that order sets will be done digitally, the team won't have to root around to find papers, or need to find me to clarify a dosage of medication because the process will be streamlined," Dr. Treleven explains. "What's more is that when Digital Order Sets launches on our unit this fall, the team won't have to strain to read my imperfect handwriting which I'm

sure they'll appreciate even more."

Order sets aren't new to clinical units like nephrology. They allow for streaming of care – for example, when a patient is admitted for a kidney transplant, their medical tests, treatments and medications must occur in a specific order. Routine blood work and the administering of antibiotics and antiviral medications all require precise considerations for specific circumstances. Typically these order sets are on paper – but Digital Order Sets works like a secure online medical checklist, developed internally based on evidence-based practice, ensuring that the entire healthcare team knows what has been completed and what must be done next to provide excellent care and ensure the safest environment for care.

"Using Digital Order Sets, everything that requires attention gets attention, in a systematic and efficient way," says Dr. Treleven. "By being as efficient as possible and making order sets digital, we're hoping we'll be able to spend more time with our patients. The biggest difference we'll see is that we'll be able to be assured that all of our orders are comprehensive and clear. If over time they need to be revised, we can be more responsive by making improvements quickly using the new system." ●

**If you are a health care practitioner at St. Joe's looking to learn more about when your unit will be adopting Digital Order Sets, please email**

[digitalordersets@stjoes.ca](mailto:digitalordersets@stjoes.ca)

### Adopting in 2014 //

Nephrology & Renal Transplant

Chest, Head & Neck, Step Down Unit

Palliative Care, Geriatrics, Long Term Care, Infectious Diseases

Musculoskeletal

Psychiatric Emergency Service

9 & 10 Mental Health (Charlton), W5<sup>th</sup> Acute

Global Order Sets



**Enhance Patient Safety**



**Improve Quality of Care**



**Increase Efficiencies**

CAHO

CAHO @CAHOhospitals

13 Aug 2014

Interesting research on how memory is processed – may influence #PTSD risk. Research by Dr M McKinnon @STJOESHAMILTON  
[www.medicalnewstoday.com/articles/281013.php](http://www.medicalnewstoday.com/articles/281013.php)

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## Make an Impression // Name a Tree, Dedicate a Bench or Engrave a Pathway Stone at the West 5<sup>th</sup> Campus

St. Joseph's Healthcare Foundation is pleased to introduce The Healing Garden. Located at the corner of West 5<sup>th</sup> Street and Fennell Avenue, just outside the new Margaret & Charles Juravinski Centre for Integrated Healthcare the garden features acres of tree-lined pathways and wrought iron benches that are yours for the naming...literally.

With a donation to St. Joseph's Healthcare Foundation you can

name a tree, dedicate a bench, or engrave a pathway stone in The Healing Garden. It's a wonderful way to honour or remember a friend, colleague or loved one, or to mark a special occasion, lifetime achievement or milestone. Each commemorative gift in The Healing Garden offers lasting, personalized recognition in a natural environment.

At the same time, your gift to The Healing Garden will help to

create a welcoming space for walks, contemplation and conversation for patients, staff and visitors alike at the West 5<sup>th</sup> Campus. Here at St. Joe's, we know that sometimes the environment in which a patient receives care can be just as important to the healing process as the care itself. That's why we created The Healing Garden, and we invite you to be a part of it. ●



For photos and more information on The Healing Garden visit

[www.stjoesfoundation.ca/healinggarden](http://www.stjoesfoundation.ca/healinggarden)



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Wednesdays.....10:30am to 5:00pm  
Closed Daily from.....1:30pm to 2:30pm





**365**  
DAYS OF GREEN

## Together We Can Achieve 365 Days of Green

St. Joseph's Healthcare Hamilton has been making a quiet yet positive impact on the environment for the past six years. We have been recycling using the single stream program in offices and public areas, diverting organic material in Food Services and switching from disposable biomedical containers to reprocessable containers throughout the hospital. In fact, our combined three campus efforts have resulted in more than 1100 tonnes of recyclable material diverted away from the landfill.

Our original Green Team, Environmental Vision and Action (aka EVA the Green Parrot), is being transformed into the Environmental Co-Operative (ECO) Program. The ECO committee is a dedicated interdisciplinary group with a mandate to advance and support environmental sustainability across St. Joe's. By working together, St. Joe's will be able to create positive environmental impacts with the same compassion, innovation and commitment we give to our patients within the continuum of our care.

Coinciding with the relaunch of the ECO program is our 12 month campaign: 365 Days of Green. 365 Days of Green will drive both local and broad environmental sustainability initiatives that balance our organizational fiscal, social and environmental goals. To do this, each month of the campaign will demonstrate how everyday actions will make St. Joe's a greener and more environmentally sustainable organization. ●

### For more information visit:

MyStJoes / Corporate Initiatives /  
Environmental Co-Operative (ECO) Program

eco@stjoes.ca

# re·locating

**Between September 11 - 14 2014, the following clinics are opening at St. Joseph's West 5<sup>th</sup> Campus located at 100 West 5<sup>th</sup> Street.**

*If you have questions about the exact date that the clinic or service is moving, please call the clinic or service or email [west5th@stjoes.ca](mailto:west5th@stjoes.ca).*

Clinics and Services Relocating to the West 5 <sup>th</sup> Campus	Old Location	New Location at West 5 <sup>th</sup> Campus
Anxiety Treatment & Research Clinic	Charlton Campus Fontbonne Level 4 and 6	Level 1
Community Psychiatry Clinic		
<i>Borderline Personality Disorders</i>	Charlton Campus Fontbonne Level 3	Level 0
<i>Rapid Consultation Clinic</i>	Charlton Campus Fontbonne Level 3	
<i>Bridge to Recovery</i>	43 Charlton Ave. E.	
The Cleghorn Early Intervention Clinic	25 Charlton Ave. E.	Level 0
Medical Outpatient Clinics <i>Diabetes Education and Care Clinic</i> <i>Note: Only the Charlton Campus Diabetes Clinic is relocating. The Diabetes Clinic at St. Joseph's King Campus will remain at its current location and continue to care for patients in the Stoney Creek and Hamilton East regions</i>	Charlton Campus Fontbonne Level 5	Level 0
<i>Bariatric Surgical and Medical Clinic</i>	Charlton Campus Juravinski Tower Level 4	
Mental Health Specialty Clinics <i>Eating Disorders Clinic</i>	Charlton Campus Juravinski Tower Level 9	Level 1
Psychotherapy Clinic	Charlton Campus Fontbonne Level 4	Level 2
Schizophrenia Outpatient Clinic	First Place, 350 King St. E.	Level 2

Clinics and Services Expanding to the West 5 <sup>th</sup> Campus	New Location at West 5 <sup>th</sup> Campus
Medical Outpatient Clinics <i>Community Internal Medicine Clinic</i>	Level 0
Stay Well Program	Level 0

# Happening at St. Joe's



**INTRODUCING PRESSURE ULCER ERADICATOR**  
AMANDA CAPOFERRI, REGISTERED NURSE

**PATIENT SAFETY SUPERHEROES**

**Better Health. Better Experience.**

**PROCESS!**  
**PREVENTION!**

They swiftly appear bedside, to assess a wound or size up the risk. A special skill meant to keep their arch rival at bay. **They are Pressure Ulcer Eradicators!**

Amazing Amanda Capoferri is among this team of **Patient Safety Superheroes** dedicated to quality care. They are determined to seek out, educate and eliminate pressure ulcers at St. Joe's! More on their work at MyStJoes.

## We Appreciate You!



Another Summer Sizzler success! St. Joe's annual staff appreciation BBQ took place in August at each campus – Charlton, King and West 5<sup>th</sup>. This year our staff contributed \$875.50 in cash donations surpassing our previous years and 1,139 pounds of non-perishable food to our local food bank, Neighbour to Neighbour. A BIG thank you to everyone at St. Joe's for helping to make a difference and supporting our community. ●

## Welcome to the Quarter Century Club



Congratulations to those staff who reached their 25 year long service milestone with St. Joe's this past year. 82 recipients attended a formal dinner at Carmen's Banquet Centre to celebrate this great accomplishment. Thank you for your loyalty and dedication to St. Joseph's Healthcare Hamilton. ●

**Pictured above:** Dr. David Higgins, President, St. Joseph's Healthcare Hamilton with this year's Quarter Century recipients.

St. Joseph's  
Healthcare Hamilton  
FOUNDATION

**A new season of the lottery is here with more tickets than ever before!**

Visit [stjoesfoundation.ca](http://stjoesfoundation.ca) and click on 'Staff Programs' to download the enrollment form.

### PAYDAY PAYOUT LOTTERY WINNERS

#### August 1, 2014

Justin Andersen  
Housekeeping  
Charlton Campus  
\$7,911.00

#### August 15, 2014

Michelle Elliott  
Medical Transcription  
Charlton Campus  
\$7,870.50

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**Send your comments,  
suggestions, story ideas  
or submissions to:**

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**[www.stjoes.ca](http://www.stjoes.ca)**



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