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## Inhaled Bronchodilator ~ Long Acting Muscarinic and Beta 2-Agonist Combination Medication ~

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### Other names for this medication:

- Anoro<sup>®</sup> – umeclidinium + vilanterol
- Ultibro<sup>®</sup> – indacaterol + glycopyrronium

### How does this medication work?

This medication helps the muscles around the bronchial tubes in the lungs to relax. This widens or bronchodilates the tubes and improves breathing. This medication also makes the muscle less likely to contract and narrow the tubes in response to exercise, cold air and irritants such as dust and cigarette smoke.

### How fast and long does this medication work?

- **Anoro:** Works within 15 minutes. The effects last 24 hours or more.
- **Ultibro:** Works within 3 to 5 minutes. The effects last 24 hours.

### How much medication do I take and how often?

Take this regularly as directed by your doctor.

### While taking this medication you may notice:

- fast heart beat
- headache
- heart palpitations
- problems sleeping
- dry mouth
- bad taste in mouth
- constipation

Dry mouth often goes away. If not, talk to your health care provider about what you can do to help.

**Please turn over →**

**Consult your doctor if:**

- this medication does not relieve symptoms within 30 minutes
- the effect of this medication does not last for at least 4 hours
- you need to use this medication more often than usual

**If any of these occur, you may need other treatment.**