

After Combined Endosonography Staging (CES)

✗ Do not eat or drink until _____ a.m. p.m.

After Sedation:

- Do not drive, operate machinery, drink wine, beer or alcohol or make major decisions for 24 hours.
- You can go back to work and your normal activities the next day.
- You will not hear the results of your procedure on the day of the CES. Your doctor will talk to you about your results at your follow-up appointment. Call to book an appointment if you do not have one booked.
- Only drink clear fluids for 24 hours if your doctor or nurse advises you too. Clear fluids include water, juice you can see through such as apple juice, broth and black tea and coffee.

Contact your doctor if you have:

- prolonged face, neck, throat or chest discomfort
- trouble breathing or swallowing
- a cough with more than a teaspoonful of bright red blood
- any concerns or questions

 Call your doctor's office on _____ or sooner if you need to.

Doctor's name: _____ Telephone: _____

Other instructions:

Your doctor may use this picture to show you what he or she saw.

