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## Using an AeroChamber<sup>®</sup> with a Mask

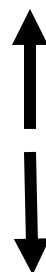
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The AeroChamber is a device that attaches to a pressurized aerosol inhaler. The AeroChamber holds the medication while you breathe it into your lungs. **Shake the inhaler well before each puff.**

1. Take the plastic cap off the inhaler mouthpiece.



2. Shake the inhaler well.



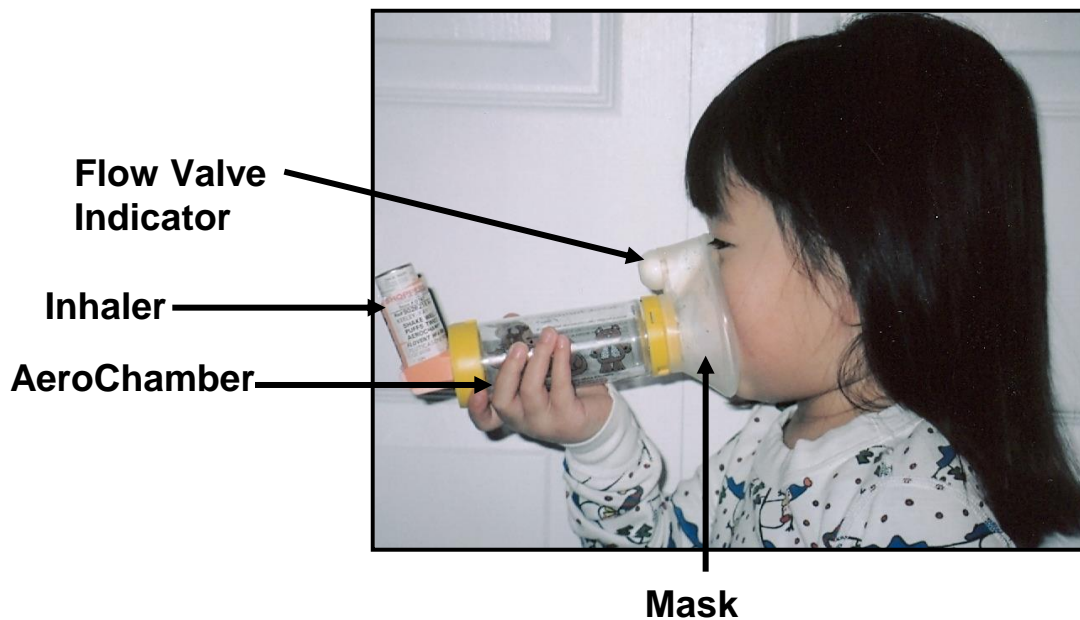
3. Put the mouthpiece of the inhaler into the back of AeroChamber.



4. Gently place the mask over the child's mouth and nose. Make sure you have a good seal.
5. Press down the inhaler canister to spray medication into the AeroChamber.  
**✘ Do not spray more than one puff at a time.**
7. Hold the mask in place for at least 6 breaths. You will hear the Flow Indicator Valve open and close with each breath.
8. For each puff of medication, follow the same steps. Wait 30 seconds between each puff. Shake the inhaler well before each puff.



**Here is a picture of the parts of the equipment used to give your child medication:**



When a child is afraid of using the AeroChamber or mask:

- let the child touch and hold it
- stroke the child's cheek with the mask
- put it on a favourite doll, action figure or toy animal

When a child is upset during treatment, he or she will still get the medication by breathing in and out when crying or screaming.