

## Using an Insulin Pump and Getting Assistive Devices Program Funding

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### What is the Assistive Devices Program (ADP)?

ADP is a government program that provides financial help for paying for an insulin pump and some supplies.

In order to get this help you:

- ✓ must be 19 years old or older
- ✓ have Type 1 diabetes
- ✓ can show that you can maintain good blood sugar control using daily injections
- ✓ have been assessed by a diabetes team consisting of a diabetes doctor and diabetes educators

More criteria are described on page 2 and 3.

### How much financial help does ADP provide?

ADP covers:

- ✓ the cost of a new insulin pump every 5 years
- ✓ \$600 worth of supplies every 3 months

Funding for supplies include cartridges, infusion sets and tubing only. You need to keep all of your receipts for 2 years. You may be asked to prove that the money is only spent on these items.

- ✗ Funding does not cover the cost of insulin or test strips.

### How is ADP funding renewed?

Funding is renewed each year.

The ADP office mails a renewal form about 2 months before your renewal is due.

The ADP renewal form must be filled out by your diabetes specialist.

You must continue to meet the criteria described in this handout and have completed basal rate testing in order for funding to continue.

**After I get ADP funding can it be taken away?**

After you start using an insulin pump, you have a 90-day trial.

During this time, you need to be followed by your diabetes team regularly by phone or email.

Nearing the end of the 90-day trial, you need to have your basal testing (overnight, morning, afternoon and evening) completed.

If you have not shown that you have been able to work with your team and tried to complete your basal testing funding is stopped and the pump is returned.

After your 90-day trial is over, you must continue to meet the funding criteria.

ADP funding can be stopped any time if you do not continue to meet the criteria.

**When can I start using an insulin pump?**

**In order to start on an insulin pump and get ADP funding you must meet all of these criteria:**

- Take both basal and bolus insulin for at least 1 year.
- Test your blood sugar at least 4 times a day.
- Bring your log book and blood glucose meter to every visit.
- Have 3 – A1C tests done within 1 year and the A1C must be under 10%.
- Be able to count carbohydrates and use an ‘insulin to carbohydrate ratio’ and ‘correction factor’ which the team teaches you.
- Check your blood ketones when your blood sugar is over 14 mmol/L and know what to do if you have ketones.
- Know what to do when you are sick.
- Have no severe low blood sugars needing emergency help within the last year.
- Have no hospitalizations for Diabetic Ketoacidosis (DKA) within the last year.
- Have attended regular follow-up visits with your diabetes team.

**In order to continue ADP funding you must continue to meet these criteria:**

- Test blood sugar at least 4 times daily.
- Bring your log book or pump download information to every visit.
- Maintain good glycemic control.
- Show that you are carbohydrate counting and using an 'insulin to carbohydrate ratio' and 'correction factor'.
- Show that you are managing your sites appropriately. For example, show that you are changing your site every 3 days and know how to prevent problems.
- Check blood ketones when your blood sugar is over 14 mmol/L and know what do to if you have ketones.
- Know how to manage sick days.
- Have not had any severe low blood sugars needing emergency help within the last year.
- Have not had hospitalizations for Diabetic Ketoacidosis (DKA) within the last year.
- Have attended regular follow-up visits with your diabetes team.

## Insulin Pump and Assistive Devices Program

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