

Medication Information Card

Aliskiren (Al – e- sker – n)

Other names for this medication

Rasilez[®]

How this medication is used

This medication is used to treat high blood pressure. It works by relaxing the blood vessels.

How to take this medication

Take this medication exactly as directed by your doctor or health care provider. Take this medication regularly, even if you feel well. Take this medication at the same time each day.

It is best to take this medication on an empty stomach ½ to 1 hour before you eat or 2 hours after you eat.

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

Do not take this medication if you are pregnant or plan to get pregnant.

please turn over →

While taking this medication you may notice

- diarrhea
- headache
- dry cough
- dizziness

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

Contact your doctor or health care provider if you notice

- swelling of your face, lips or tongue
- swelling of your hands and feet
- continued dizziness or fainting
- diarrhea that does not get better