

# Foundation MATTERS

A NEWSLETTER FOR DONORS AND FRIENDS OF ST. JOSEPH'S HEALTHCARE

## Connecting to a Cause & Creating World-Class Care



In 1967, Norman and Louise Haac moved to Hamilton from Montreal. They planned on staying for two years; 41 years, two children, and five grandchildren later, they remain fully entrenched in the Hamilton community... a place they've always strived to enhance, little by little, bit by bit.

Louise recalls, "When we arrived here, we were young and just starting out. We didn't have much to give...except for our time." In an effort to meet new people in Hamilton, and to learn more about the city they now call home, Louise started to work with the volunteer association at McMaster Hospital, while Norman took on a volunteer role with the Red Cross.

In 1974, Norman founded Genor Recycling Services Inc. Today, thanks to hard work, a little luck, and help from the community, Norman and Louise feel fortunate to be in a position where they can give back to the place where they built a home, a business, a family, and a life.

"Much of the success Louise and I have been so fortunate to enjoy, is

because of the people in this community...so it's incumbent upon us to do what we can, to the level we can, for as long as we can...to help the causes that mean the most to us."

Over the years, their philanthropy and volunteerism has touched almost every part of Hamilton's cultural and social infrastructure – from horticulture to healthcare, sports and recreation to the arts. Since 2002, Norman and Louise have gifted more than \$100,000 to the McMaster Institute of Urology (MIU) at St. Joseph's Healthcare Hamilton...and they say they're not done yet.

"Philanthropy is very subjective," Norman explains. "It's a little like art. You have to connect to a painting before acquiring it. Similarly, you have to connect to a cause before supporting it. We're impressed by the dynamic team of doctors at the MIU. They've brought together teaching, research, and most importantly, patient care. We are sure our giving is helping to create a world-class facility for urology care, right here in Hamilton."

## About St. Joseph's MIU

*Dr. J. Paul Whelan  
Director of the McMaster Institute  
of Urology (MIU)  
at St. Joseph's Healthcare Hamilton*

### 1. What is the McMaster Institute of Urology?

The McMaster Institute of Urology at St. Joseph's Healthcare Hamilton is the regional lead for kidney and urology services and care, performing over 1,200 procedures and 20,000 outpatient consultations per year. More than 80 kidney transplants per year happen at St. Joe's, accounting for 20% of Ontario's live kidney transplants. The MIU is considered to be the busiest laparoscopic kidney and prostate cancer surgery centre in Canada.

### 2. What are the benefits of bringing together clinical care, teaching and research?

By blending exceptional care, with a residency training program for the healthcare professionals of tomorrow, and leading edge research in minimally invasive surgical techniques, patients of the MIU are receiving comprehensive and innovative care delivered by a caring team of healthcare professionals who are world-renowned leaders in their fields.

### 3. How does private support from the community help the MIU?

Gifts to the MIU support the program's greatest needs including: the redevelopment of St. Joseph's operating rooms; the acquisition of state-of-the-art equipment which enables us to better test, diagnose, and treat urologic patients and their conditions; and the funding of innovative research into minimally invasive surgical techniques for urologic conditions. The ultimate benefit of all of these projects is enhanced care and improved outcomes for patients of the MIU.

St. Joseph's  
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## The Gift of Life

*Janice Locke received the gift of life from her adopted brother, Jim. Now, she's making a gift in his honour to the Hospital that helped her overcome her battle with kidney disease.*

In 1995, Janice Locke was diagnosed with kidney disease. She began dialysis treatment at St. Joseph's Healthcare Hamilton, but the only real hope for Janice, as for anyone living with severe kidney disease, was a life-saving kidney transplant. Unfortunately none of Janice's blood relatives matched closely enough, and so Janice was faced with the seemingly slim chance that a close friend or an anonymous organ donor would miraculously be a match.

Sometimes miracles do happen. Jim McFarland is Janice's adopted brother. In big-brotherly fashion, Jim wanted to help Janice, and asked to be tested to see if he would be a suitable donor. Incredibly, Janice's adopted sibling (who is of no blood relation to her) was a closer tissue-typing match than many tested blood relatives. And so, just over five years ago, Janice's big brother gave her the gift of life – a new kidney – and St. Joseph's nephrology team performed the transplant surgery that would transform her life.

Today, Janice is the picture of health and remains forever grateful for Jim's selfless act of kindness, and for the support of her family and friends. She is also grateful for the care she received at St. Joseph's. Janice recalls, "During the course of my illness, I came into contact with so many different care providers at the Hospital, and in the division of nephrology in particular. It never ceased to amaze me how each one was as caring and competent,



**Janice Locke, President & CEO, Storeimage Programs, and grateful recipient of a life-saving kidney transplant.**

dynamic and knowledgeable, as the one before."

A kidney transplant patient who arrives at St. Joseph's is likely to first encounter a team of nephrologists who assess their case; they would then be introduced to the dialysis nurses and technicians who often become more like confidants than care providers, especially when dialysis treatments become more and more frequent. If a patient is lucky enough to be matched with a donor, they are then transferred to the care of the diverse members of the pre-op, transplant, and post-transplant recovery teams. Each of these care providers plays a critical role in caring for a kidney transplant patient, but it is easy to see how a person might feel like a moving part on a high-tech hospital assembly line.

But Janice said that was never

the case at St. Joe's. "The continuum of care I experienced was incredible. It was warm and embrace, seamless and innovative. It is the human connection balanced with the technical aspects of leading-edge research and surgical procedures that makes the nephrology team at St. Joe's so unique. We are very lucky as a community to have this team, and I wanted to support and recognize that by making a gift to help ensure that level of care will continue to be available to people in need...just like me."

On the fifth anniversary of what she refers to as her "rebirth," Janice has made a very generous gift in honour of her big brother to support the Hospital that helped her to overcome her battle with kidney disease. While certainly this gift is Janice's most significant contribution to St. Joseph's, she shares a long and storied relationship with the Hospital. Janice was born at St. Joe's – as was her husband James...and later, their son Shawn. She served on St. Joseph's Healthcare Foundation's Board of Directors from 2003 - 2006... and more recently, has brought her passion for St. Joe's and her strong business acumen to the Hospital's Board of Trustees. Through her company (Storeimage Programs) Janice has also supported special events like the Foundation's Annual Holiday Gala, and a Joint Mayors Breakfast to raise awareness about the prevalence of kidney disease.

# Snap shots



## 11th Annual Holiday Gala Sparkles with Glitz, Glamour and Intrigue

Diamonds are Forever was the theme of the Foundation's 11th Annual Holiday Gala hosted on November 14, 2008. The event raised \$225,000 to support care that transcends time and research that's ahead of its time at our Hospital. The 2008 Gala Committee is pictured above from l to r: Hoda Kayal,

Angeline MacLeod, Anna Lewis, Renu Kapoor, Roger Adams, Jane Schwenger, Joanna Adams-McGowan, Deanne Day and Anne Moore-Cox. Absent: Elisa Fracassi.

## Editorial Journalist Rex Murphy Highlights Foundation's Annual Check Up

The Foundation hosted its Annual Check Up and Donor Reception on October 23, 2008 at the Art Gallery of Hamilton. Guest speaker Rex Murphy, host of CBC Radio's Cross Country Checkup and a regular on CBC Television's The National, delivered a passionate and poignant address on philanthropy as a defining characteristic of the Canadian identity. Pictured right: Rex Murphy, left, with Rob Donelson, President, St. Joseph's Healthcare Foundation.



## Barry Foster Memorial Golf Tournament

\$5,000 of the proceeds raised through the Barry Foster Memorial Golf Tournament has been earmarked to support cardiology care at St. Joseph's Healthcare Hamilton. Pictured from l to r: Kevin Smith, President & CEO, St. Joseph's Healthcare, Rob Donelson, President, St. Joseph's

Healthcare Foundation, Joel Feldman, President, Jewish Community Centre, Michelle Foster, 2008 Tournament Chair, and Tournament Committee Members Stan Tick, and Larry Szpirglas.

## Building Stronger and Healthier Communities Together

Leading Canadian insurer Great-West Life, together with its subsidiaries, London Life and Canada Life, has contributed \$100,000 to St. Joseph's Healthcare Hamilton to help create one of the largest single-site surgical centres in South Central Ontario.

When complete, the surgical centre will be one of Canada's most technologically advanced, with new operating rooms, a pre-operative assessment area, recovery bays, and a day surgery centre. It will aid the Hospital by providing integrated and timely cancer care through advanced diagnostic imaging and cancer surgery.

The contribution, made through *The Key to Giving™* – the national corporate citizenship program of Great-West Life, London Life and Canada Life – will help St. Joseph's continue to serve the region as a leader in cancer surgery.

In recognition of the gift, St. Joseph's will name the Diagnostic Imaging Centre's MRI waiting room the Great-West Life, London Life and Canada Life Waiting Room.

Through *The Key to Giving™*, Great-West Life, London Life and Canada Life support non-profit, charitable and community organizations across the country and focus their philanthropy on health and wellness, education, social services, arts and culture and civic initiatives. *The Key to Giving™* program also encourages employees to help meet the needs of the communities in which they live and work by becoming involved as a volunteer.

Together with St. Joseph's, Great-West Life, London Life and Canada Life really are building stronger, healthier communities.

To learn more about the Foundation programs and events mentioned above, for a calendar of upcoming events, or to view more photos, visit

[www.stjoesfoundation.ca](http://www.stjoesfoundation.ca).

# Questions or Comments?

## Please contact us:

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# Foundation **MATTERS**



in support of  
**St. Joseph's**  
Healthcare  Hamilton  
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## Hamilton Spectator Leads the Charge in the *Best Team Challenge*

**Y**ou don't have to be the fastest to be the best in the 115th Around the Bay Road Race in support of St. Joseph's Healthcare Foundation. New this year is the Best Team Challenge, where the "Best Team" will be determined by a combination of both race time and funds raised. Here's how it works:

1. Each team member's race time will be added together.
2. All pledges raised by the team will be tallied. For every \$100 raised, 30 seconds will be deducted from the team's total race time.

*So you really don't have to be the fastest to be the best!*

Prizes will be awarded to each member of the "Best Team."

Leading the Best Team Challenge is a formidable foursome from The Hamilton Spectator, led by Publisher Dana Robbins.

"We are so thrilled to be

competing in the historic Around the Bay Road Race this year and raising funds for St. Joseph's – such an important community partner to us and to our readership," said Dana.

"We hope that other teams across the city are up to the challenge...we think we've got a pretty even balance on our team of tenacious runners and dedicated fundraisers!"

For six years "running," the Bay Race has been one of the Foundation's signature fundraising events.

Runners competing in the 30k run or walk, the 5k run or walk, the 2 X 15k relay or the 3 X 10k relay on Sunday March 29, 2009, are encouraged to gather pledges from family and friends in support of their efforts.

Funds raised through the race support ground-breaking medical research, redevelopment of patient care facilities, and equipment renewal.

Our caring staff go the extra mile



for patients at St. Joe's every day. So, lace up your shoes and go the extra mile for St. Joseph's! If you're not able to participate, you can get involved by sponsoring your favourite competitor. To learn more about the Best Team Challenge, to register for the Bay Race, or to sponsor a runner visit [www.stjoesfoundation.ca](http://www.stjoesfoundation.ca) or call 905.521.6036.

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