

## Check List for Surgery

Come to the Day Surgery Registration area at \_\_\_\_\_ ☐ a.m. ☐ p.m.

Your surgery is scheduled for: \_\_\_\_\_.

date and time

If you are called with a change in date and time for surgery, adjust the time you arrive.

### Before your surgery at home:

- ☐ Remove make-up, lipstick, artificial nails and nail polish from fingers and toes.
- ☐ Remove all jewellery such as earrings, rings, watches and body piercings and leave at home.
- ☐ Leave money, wallet, purse and items of value at home.
- ☐ St. Joseph's Healthcare is not responsible for lost or stolen items.

If you are staying overnight, do not bring your bag or suitcase to the Day Surgery Unit.

Arrange to have your bag brought to you after you are in your hospital room. You may want to pack:

- easy care comfortable clothing
- toothbrush
- hair care products
- night gown or pyjamas
- toothpaste
- box of tissue
- socks and good walking shoes
- brush or comb
- shaving supplies

### When you come to the Day Surgery Unit, bring only:

- ☐ Provincial Health Card and **all health insurance cards**
- ☐ your medications    ☐ non-slip slippers    ☐ short housecoat
- ☐ the name and telephone number of the person who is taking you home if you are going home

If you have a cough, cold or flu symptoms, call your surgeon. Your operation may have to be cancelled. You should call even if you are taking medication for your cold or illness.

If you have had a blood transfusion between your clinic visit and the day of surgery, call your surgeon.

### The night before surgery:

- ☐ Do not eat or drink anything after midnight the night before surgery.
- ☐ Follow any other instructions your doctor has given you.

### The day of surgery:

- ☐ Do not have anything to eat or drink unless you are advised that you can. Do not have candy, gum, throat lozenges or water. You can brush your teeth. You can take any medications as advised with a small amount of water.
- ☐ Take a bath or shower before coming to the hospital.
- ☐ Wear loose, comfortable clothes and walking shoes with low heels.

### If you are going home the same day as your surgery:

You must not drive for 24 hours after surgery. You must arrange for a responsible person to pick you up, take you home from the hospital and stay with you the first night. Please have this person on-call to come to the Day Surgery Unit around: \_\_\_\_\_ ☐ a.m. ☐ p.m.

I understand these conditions and agree to follow them: \_\_\_\_\_

Patient's Signature

Information reviewed by: \_\_\_\_\_  
Name/Discipline

For questions or concerns, call 905-522-1155 ext. 33830, Monday to Friday, 7:00 am to 3:00 pm.