

ON THE DAY OF YOUR APPOINTMENT



Please report to the Diagnostic Imaging Department (x-ray) 15 minutes prior to your appointment time.

Diagnostic Imaging, Level 0
Juravinski Innovation Tower
Charlton Campus



Don't forget to allow time for parking.



If you have any questions or need to cancel your appointment please call:

905-522-1155
ext. 34075

QUESTIONS:

Diagnostic Imaging Department

Getting Ready for an Upper Gastrointestinal (Upper G.I.) Series

Questions, Answers and Preparation Information for Patients



What is an Upper Gastrointestinal (Upper G.I.) Series?

An Upper G.I. Series is an x-ray done to see how food and fluids pass through the esophagus, stomach and duodenum.

How do I prepare for an Upper Gastrointestinal (Upper G.I.) Series?

- You are to have nothing to eat or drink from midnight the night before the exam until your exam is finished.
- DO NOT take any medication the morning of your test. Your stomach needs to be empty. Bring your medication with you to take after the test.
- If you are diabetic, do not take your insulin before the exam. Bring your insulin with you as well as something to eat with it.



Who does the examination?

This procedure is done by a radiologist (x-ray doctor) and a technologist.

What happens during the test?

You will be asked to stand in front of an x-ray machine that has moving parts. The machine is equipped to do “fluoroscopy”, which allows the radiologist to see your stomach on a tv monitor.

You may be asked to swallow some gas-producing granules, washed down with a drink of barium. You will be instructed to move through different positions and the radiologist will take images as a record.

What happens after the Upper G.I. Series?

You may go back to your normal diet unless you are told differently by your doctor. The barium will change the colour of your stool. Be sure to drink lots of fluids and eat a lot of fiber to clear your bowel.

When do I find out the results?

The radiologist will provide a report to the physician who requested your test. The physician will receive the results within 3 business days.



QUESTIONS:
