

# Medication Information Card

## Propafenone (Pro – pa – fen – own)

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### Other names for this medication

Rythmol<sup>®</sup>

There are many other names for this medication.

### How this medication is used

This medication helps your heart beat regularly.

### How to take this medication

Take this medication exactly as directed by your doctor.

To avoid stomach upset, take this medication with a meal or snack. It is best to take doses of this medication evenly spaced over 24 hours.

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

Tell your doctor and pharmacist about all the medications or natural or herbal products you take, even the ones you buy without a prescription.

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## **While taking this medication you may notice**

- dizziness or lightheadedness
- headache
- diarrhea
- a metallic or unusual taste in your mouth
- loss of appetite
- constipation
- nausea, vomiting

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

To prevent constipation, eat food high in fibre, drink 6 to 8 glasses of liquid each day and exercise regularly. Food high in fibre includes whole grain products, vegetables and fruit.

## **Contact your doctor if you notice**

- chest pain
- palpitations
- your heart beat is not regular
- breathing problems
- coughing or wheezing
- changes in your eyesight
- severe swelling of ankles and lower legs