

Medication Information

Non-Steroidal Anti-Inflammatory Drugs

NSAIDS

Other names for this medication

Acetylsalicylic acid	Ibuprofen	Naproxen
Celecoxib	Indomethacin	Sulindac
Diclofenac	Ketoprofen	

There are many names for this medication.

How this medication is used

This medication is used to treat different types of pain such as arthritis, menstrual pain and headaches. It is also used to treat inflammation.

Ibuprofen and Acetylsalicylic acid are also used to treat fever.

If you have stomach ulcers, heart problems, or high blood pressure, do not take this medication without talking to your doctor or health care provider.

How to take this medication

Take this medication exactly as directed by your doctor or health care provider. Always take this medication with food.

If you miss a dose, take it as soon as you remember. However, if it is almost time for your next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

Do not take more medication than advised by your doctor or health care provider.

How to take this medication (continued)

Tablet and Capsules: Take with food and water to avoid stomach upset.

Long-Acting Tablet or Capsule: Swallow whole with a full glass of water. Do not split, crush or chew.

Suppository: Wash your hands. Take off the wrapper. Lie on your side. Put the rounded end of the suppository into the rectum as far as it will go. It may be easier to moisten the suppository with cool water to help it slide in. Suppositories can be used every 4 to 6 hours if needed. Do not take more than 6 suppositories a day.

While taking this medication you may notice

- nausea and vomiting
- drowsiness
- agitation
- headache
- yellowing of your skin or the whites of your eyes
- dizziness
- constipation
- restlessness
- ringing in ears
- upset stomach

Most of these side effects will go away as your body gets used to the medication.

To prevent constipation, eat food high in fibre, drink 6 to 8 glasses of liquid each day and exercise regularly. Food high in fibre includes whole grain products, vegetables and fruit.

To avoid stomach upset, take this medication with food. Your doctor or health care provider may suggest another medication to help with any constipation and nausea.

While taking this medication you may notice (continued)

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

Talk to your doctor or health care provider before taking blood thinners or products containing aspirin, ASA or other anti-inflammatory medication while taking any NSAIDS.

Contact your doctor or health care provider if you notice

- severe stomach pain
- blood in your stool
- skin rash
- trouble breathing
- swelling of your hands or feet
- vomit that looks like coffee grinds