

Medication Information Card

Haloperidol (Ha – lo – per – i – dol)

Other names for this medication

Haldol®

This medication has many other names.

How this medication is used

This medication helps block psychotic thoughts by decreasing the activity of a naturally occurring chemical in the brain. It helps control anxiety, hallucinations, trouble sleeping, agitation, aggressive behaviour and social withdrawal.

It can also be used to control nausea in some patients.

How to take this medication

Take this medication exactly as directed by your doctor.

Do not suddenly stop taking this medication.

When it is time to stop this medication, your doctor may slowly decrease the amount.

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

How to take this medication (continued)

Until you know how this medication affects you, do not drive or operate machinery.

This medication does not mix well with alcohol in your body. Ask your doctor about drinking alcohol such as beer, wine or liquor while taking this medication.

Tablet: Swallow whole with a full glass of water or juice.

Liquid: May be mixed with water or juice.

Injectable: The nurse will give you an injection in your muscle.

While taking this medication you may notice

- headache
- restless or excited feelings
- nausea
- dry mouth
- dizziness
- constipation
- drowsiness
- more sensitive to heat
- sweat less than normal

To avoid constipation, eat food high in fibre, drink 6 to 8 glasses of liquid each day and exercise regularly. Food high in fibre includes whole grain products, vegetables and fruit.

To help dry mouth, try sucking sugar-free candy or chewing sugar-free gum. Sucking ice chips also helps if you are not on a limited fluid diet. Good care of your teeth is very important at this time.

Avoid strenuous exercise and exposure to heat for long periods of time because this medication may cause you to sweat less than normal.

please turn over →

Contact your doctor if you notice

- skin rash
- trouble sleeping
- trouble staying still
- changes in menstrual cycle
- muscle stiffness
- uncontrolled movements of your face, hands and arms
- drooling
- changes in how much or how often you urinate