

Medication Information Card - for Renal Patients

Ferrous Fumarate (Fair – us Fume – are – ate)

Other names for this medication

Novo-fumar[®]
Euro-Fef
Palafer[®]
Neo-Fer

How this medication is used

This medication is used to treat or prevent anemia of kidney disease. Renal patients can have anemia because they may have low iron in their bodies.

Many renal patients take an iron supplement and an erythropoietin product called Aranesp or Eprex to treat anemia. These medications work together to increase your hemoglobin.

It is important to have enough iron in your body so that the erythropoietin will work. This will make you feel less tired and increase your energy level.

How to take this medication

It is best to take this medication on an empty stomach, 1 hour before or 2 hours after a meal or at bedtime. If this medication causes stomach upset, you can take this medication with food.

Do not take this medication within 2 hours of having milk products, phosphate binder medication such as calcium carbonate, TUMS, aluminum hydroxide or some antibiotics. Talk to your health care provider about when to take this medication.

Swallow the tablets or capsules whole with a small amount of water. Chewing this medication will stain your teeth.

While taking this medication you may notice

- an increase in energy
- nausea
- stomach upset or pain
- diarrhea
- constipation
- dark stools or urine

Contact your doctor if you notice

- severe constipation or diarrhea
- continued nausea or stomach pains