

Medication Information Card

Aluminum Hydroxide & Magnesium Hydroxide Antacids

(A-lou-mi-num Hye-drox-ide &
Mag-nee-zi-um Hye-drox-ide)

Other names for this medication

Diovol[®]
Gelusil[®]
Maalox[™]
Mylanta[™]
Univol[®]

There are many other names for this medication.

How this medication is used

This medication is an antacid. It works by making the contents of your stomach less acidic. It is taken to relieve heartburn, acid indigestion, reflux and stomach upset. When you read the label, antacid products that contain an ingredient called simethacone also help reduce stomach gas.

How to take this medication

Take this medication exactly as directed by your doctor. If you buy this medication without a prescription, follow the directions on the label.

This medication should be used only once in a while and not every day. If you have stomach upset all the time, see your doctor or health care provider.

This medication comes in chewable tablets and liquid.

please turn over →

Tablet: Tablets should be chewed well before swallowed.
Drink a full glass of water after taking the tablets.

Liquid: Liquid should be shaken before each use to mix the medication evenly.

If you are taking other medications by mouth talk to your pharmacist or doctor. Some medications should not be taken within 1 hour of taking an antacid because some medications bind to antacids. This may affect how well some medications work.

While taking this medication you may notice

- chalky taste
- diarrhea or constipation

To prevent constipation, eat food high in fibre, drink 6 to 8 glasses of liquid each day and exercise regularly. Food high in fibre includes whole grain products, vegetables and fruit.

Contact your doctor if you notice

- severe diarrhea or constipation
- loss of appetite
- unusual tiredness
- muscle weakness
- changes in your mood