

connections

FEBRUARY • 2014



A Great day for the province of Ontario says Premier at Grand Opening of new West 5th Campus

Margaret and Charles Juravinski Centre for Integrated Healthcare exemplifies lasting legacy of generosity, and philosophy of care at St. Joe's.

On Thursday, January 23rd, 2014, sun poured through the windows of the ArcelorMittal Dofasco Atrium at the Margaret and Charles Juravinski Centre for Integrated Healthcare as hundreds gathered to celebrate the launch of St. Joseph's Healthcare Hamilton's new West 5th Campus.

Premier Kathleen Wynne and Minister of Health and Long-Term Care Deb Matthews were on hand for the historical opening, touring the new space with hospital leaders

and a former patient, and meeting members of Team Unbreakable in the new gymnasium as they learned about the first-of-its kind facility and St. Joseph's unique vision for transforming health care in Canada.

"This centre represents for us a belief that together, as a community and as a health system, we can transform mental health, addiction and medical care for the patients we serve in our community, and beyond," said Dr. David Higgins,

President, St. Joseph's Healthcare Hamilton. "This centre is not just another building – it is a space designed in and of itself to aid in recovery and healing."

Premier Wynne captured the essence of the hospital's vision and achievement, acknowledging the bright future ahead for all, thanks to St. Joe's. "The philosophy of care and creation of this space – with a focus on integration and breaking down barriers – there is [CONT'D REJOICING IN RECOVERY PG 2](#)

 ON THE WEB //

Visit us on Facebook for more photos of the Grand Opening

[facebook.com/stjosephshealthcarefoundation](https://www.facebook.com/stjosephshealthcarefoundation)



Kathleen Wynne @Kathleen_Wynne

Proud to help open the new Juravinski Centre for Integrated Healthcare at [@STJOESHAMILTON](#)



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Womankind turned into my safe place...
 It was a place where I wasn't judged...
 It was a place that gave me **hope**.

// CANDICE BRIMMER,
 FORMER PATIENT

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Rejoicing in Recovery

a leadership role being taken here, for this province, and it's a great day for the province of Ontario."

The hospital's focus on integration, breaking down the traditional barriers between medical and mental health care and eradicating stigma were common themes throughout the morning, with many speakers commenting on the focused effort that went into creating a space that is filled with hope, light, and life.

The highlight of the formal program was the presence, and story of, Candice Brimmer – a former patient whose story of addiction, despair, and ultimately hope and recovery, brought many members in the audience to tears.

Starting with the poignant phrase, "My name is Candice, and

I am an addict," Candice shared her story of a happy youth – of a loving family, summers at the trailer park, church and brunch on Sundays, and bible camp when she was twelve. It was there that she first got high, Candice shared. Experimentation with marijuana turned to alcohol, and cocaine. By age 16, she had started doing crack. By age 21 her world had evolved into using crack every day, surrounded by the influence of criminals, crime, and ultimately drug-induced psychosis and paranoia.

Finding St. Joseph's Healthcare Hamilton's Womankind Addiction Service marked the turning point for Candice. "Womankind turned into my safe place," she told the captivated crowd. "It was a place

where I wasn't judged – for my delusions, my paranoia – for the way I looked and smelled. It was a place that gave me hope. Where I met so many wonderful women who embraced me and loved me, when I wasn't able to love myself."

Candice described a pivotal moment in her treatment, when she met Program Manager, Holly Raymond. "Holly saw something in me that I couldn't see in myself – she was the first person who planted in me the seed of hope. After meeting Holly, Candice's journey to recovery began in earnest.

"Rejoice in recovery," Candice told the crowd. "Hold the hope for someone who might feel none. Together, we can be the change we want to see in the world." ●

GRAND OPENING SNAPS //

Top Left: The ribbon cutting ceremony.

Top Right: Former patient, Candice Brimmer, addresses the audience.



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 Room G1104 or call ext 32910

HOURS OF OPERATION
 Mon, Tues, Thurs, Fri...8:30am to 4:30pm
 Wed...10:30am to 5:00pm
 Closed Daily from 1:30pm to 2:30pm



Thousands Get a Sneak Peak of the New Campus

After years of visioning, planning, and designing, thousands of people got a sneak peek of St. Joe's new West 5th Campus, as the hospital hosted "sold out" tours for staff, physicians, volunteers, and the community at large.

More than 1,100 staff members got the first look at the newly completed Margaret & Charles Juravinski Centre for Integrated Healthcare on January 11th, and many proudly brought their friends and family in to see the bright, airy and thoughtfully designed space.

Guided tours covered many significant parts of the space

– from outpatient medical clinics and diagnostic imaging to the inpatient units, galleria and stunning gymnasium. Redevelopment and clinical experts were stationed throughout the various tour rooms in the building to share the hospital's vision for the first of its kind centre, and to add context to the many aspects of the building's unique design.

Another 1,700 Hamiltonians toured the new centre the following weekend, as guided tours were provided throughout the Saturday and Sunday. Neighbours, health care providers and families explored the new

hospital, and heard about how St. Joseph's Healthcare is bringing to life a vision for re-imagining care by, for the first time in Canada, integrating medical and diagnostic outpatient care into an acute mental health and addictions hospital. Many were impressed by the space, the natural light that pours through the windows, and the care and thought that went into creating a space that promotes dignity, privacy, hope and recovery for patients.

Community integration and collaboration was also key theme at the open houses and one of the most popular parts of the event was the "Tiles for Transition" art therapy project run by Sharon Simons,

CONT'D STAFF & COMMUNITY OPEN HOUSE PG 4



TILES FOR TRANSITION //

More than 1,000 ceramic tiles were decorated during the community open house art therapy project.



OPEN HOUSE SNAPS //

Top Left: Community members, Theresa, Kathleen, Gerry & Julia.

Top Right: Mary Griffiths describes a transition living apartment.

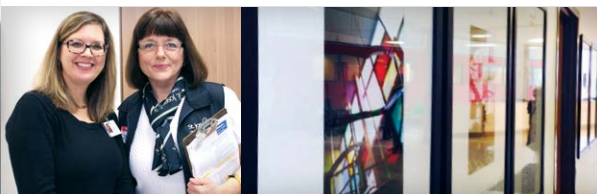


Top Left: Mary Puntillo welcomes a tour group to the entrance of the Inpatient Unit.

Top Right: LeeAnne Wiebe highlights individual patient bedrooms.

Bottom Left: Anne Lech & Janet Cantwell, Volunteer Resources.

Bottom Right: Photo Voice art display.



CONTINUED FROM PG 3

Staff & Community Open House

Manager of the Mood Disorders Program, along with Fiona Wilson, Laura Bromwich, Rubi Garyfalakis and Lina Cannella. People were invited to decorate a small ceramic tile in the themes of recovery, hope, research or unity. More than 1,000 tiles were completed, many of which will have a permanent home in the new facility as part of a mosaic art installation.

Visitors filled the guest book with positive comments, congratulating St. Joe's on achieving a milestone in transforming care for the community, and for bringing mental health and addiction care into the light. ●



St. Joseph's
Healthcare Hamilton
FOUNDATION

PAYDAY LOTTERY WINNERS

December 20, 2013

Vera Dodds of Urgent Care
King Campus, \$7,423.50

January 3, 2014

Miranda Prince of Physiotherapy
Charlton Campus, \$7,363.50

January 17, 2014

Tracy Woodward of Urology
Charlton Campus, \$7,363.50

connections

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