

Jan. 2012

President's Message



On Sunday, March 25, 2012, the 118th *Around the Bay Road Race* will once again be taking place. This year's fundraising goal is \$240,000 and all funds will be used in support of patient care and research at St. Joe's. I am proud to be acting as co-captain of this year's race and therefore, I encourage all *Team St. Joe's* participants to please register soon because this year's race is selling out very quickly!

As you have overheard in recent media coverage, we are anticipating significant provincial funding pressures as the government aims to trim a \$16 billion deficit. Although health and education will remain funding priorities, we will no doubt be faced with significant funding pressures in the next three years. We are asking all staff to come forward with your cost-saving or process streamlining ideas. We are looking for new and innovative ways to enhance patient care, reduce costs and utilize resources more efficiently, delivering on our commitment to patient safety, quality and satisfaction. Please share your ideas by emailing brightideas@stjoes.ca.

Effective January 1, 2012, the Freedom of Information & Protection of Privacy Act (FIPPA) now extends to our industry. St. Joseph's Healthcare supports this legislative change which enhances efforts to increase accountability and transparency across our industry. As part of our efforts, SJHH now posts a

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The Around the Bay Road Race... Right around the corner!

Looking for a New Year's resolution you can keep? What about participating in the 118th *Around the Bay Road Race*? You can walk, run and raise funds for St. Joseph's just by registering for this historic Hamilton event!

On Sunday, March 25, 2012, the race organizers are planning for more runners than ever to converge on downtown Hamilton and St. Joseph's Healthcare Foundation is hoping the race will raise more funds than ever for our Hospital!

The 2012 fundraising goal for the Bay Race is \$240,000 and all funds will support patient care and research at St. Joseph's Healthcare Hamilton. The majority of funds are raised by race participants who secure pledges from their family, friends and colleagues. Raising pledges can be fun and easy now that you can create your own personalized fundraising page online! And better yet, all pledges will be matched, dollar for dollar!

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Looking for YOUR ideas to enhance the services we provide to our patients

As you know through ongoing media coverage, there exist significant provincial healthcare funding pressures in hospitals today. This means that your cost-saving or process streamlining ideas are even more important than you may think! We are looking for new and innovative ways to enhance patient care, reduce costs and utilize resources more efficiently and ultimately deliver on our commitment to patient safety, quality and satisfaction.

Since the Bright Ideas Campaign was launched in 2008, we have received many fantastic suggestions on how to fulfill our goals, many of which we have been able to implement. We also continue to receive great feedback through our "Ask David" online forum. As such, we are counting on you to keep those ideas coming!

If you have an idea, we encourage you to share it by emailing brightideas@stjoes.ca.



Freedom of Information Requests

As a reminder, St. Joseph's Healthcare along with all other provincial hospitals are now subject to the Freedom of Information and Protection of Privacy Act (FIPPA) as of January 1st, 2012. This act now provides for public access to St. Joe's corporate administrative, financial and general information.

Any member of the public wishing to make a Freedom of Information (FOI) access request for corporate information may not yet understand the process for making requests nor who to contact and therefore may submit requests to someone other than the Freedom of Information (FOI) Coordinator.

Should you receive any requests for corporate records, which are made in writing, referencing FIPPA and/or include a \$5.00 administration fee, please be sure to direct those requests immediately to the FOI Coordinator, Bonnie Hagan. Bonnie can be reached the following ways:

Rm 503, Mary Grace Wing

Phone: Ext. 32875

Fax (internal): Ext. 36546

Fax (external): 905-540-6546

Email:

foi@stjoes.ca

Website:

www.stjoes.ca/privacy

If the request is received by someone at the Charlton Campus, please walk it over to Bonnie's office. If requests are received by anyone at the West 5th or King Campuses, please fax the request to the fax number listed above and immediately mail the original request to Bonnie.

Please note that the identity of anyone making an FOI access request is fully protected under FIPPA and therefore must not be shared with anyone other than the FOI coordinator.

Dear Colleagues:

Starry Night 10 was another huge success. We celebrated our first milestone by having a live band, Reflexion and truffles for everyone. I would like to thank all of the donors who made this year's event such a great success! For 10 years, I have had the opportunity to work with some of St. Joe's finest on the Starry Night Committee. However for me, it's time to pass the torch. Nancy McGregor will be your new Chair for Starry Night 2012 which will be held once again at Michelangelo's.

I wish everyone a very Happy New Year.

Sincerely,

Terry Cook

Chair, Starry Night Committee, 2011



Boris Family makes \$5 million gift to acquire surgical robot at St. Joe's

On December 9th, 2011, Christmas came early at St. Joseph's Healthcare Hamilton. That day, the Boris Family, founders of Mountain Cablevision, announced a \$5 million gift to support the acquisition of the world's most advanced surgical robot.

St. Joe's has long been a leader in minimally-invasive, robotics-assisted and remote tele-surgery techniques. Building on that legacy, the Boris family's new gift will be used to bring the da Vinci Si Surgical Robotic System, along with two state-of-the-art surgeon consoles to St. Joseph's Healthcare Hamilton.

"When the dual consoles are used for training, control over the instruments can be quickly and seamlessly exchanged during a surgery - meaning the mentoring surgeon can instantly transfer control of the instruments from his own console, to the console of the resident-in-training. This technology fosters a see-and-repeat model of teaching that is designed to accelerate the learning curve associated with performing minimally invasive surgeries," explains Dr. David Higgins, President of St. Joseph's Healthcare.

"When people think of robots, they imagine something out of *Star Wars*, but that's not entirely accurate," says Dr. Anthony Adili, Chief of Surgery at St. Joe's, and the first surgeon to test-drive the robot through a simulator at the December 9th event. "The 'robot' can't perform surgery on its own. It is 100% controlled and maneuvered by the surgeon...it's like an extension of their hands," he said.

The da Vinci Surgical Robotic System brings together 3-D high definition vision capabilities with technology that enhances the already-precise



From L to R: Dr. Kevin Smith, Ms. Sera Filice-Armenio, Dr. David Higgins, Dr. Anthony Adili, Mr. Les Boris and Ms. Jackie Boris-Work gather around a surgeon console for the da Vinci Surgical Robotic System.

hand movements of a surgeon, by filtering them, and translating them to even more precise 'mini-movements' performed by robotic arms with a range of motion far greater than that of the human wrist. Essentially, it allows surgeons to perform complex procedures in very small, hard to access areas of the body with greater ease and while causing less trauma to the patient.

Initially, the robot will be used in research studies designed to determine whether robotic-assisted surgeries can improve the outcomes for patients undergoing urologic, bariatric and gastro-intestinal procedures. In the future, surgeons at St. Joe's will be evaluating the role and use of the robot in the areas of head and neck surgery, gynecological surgery and thoracic procedures. Dr. Adili expects that the first surgery performed with the da Vinci system will occur in March 2012.

This most recent gift brings the Boris family's cumulative giving to the hospital to \$11 million in 2011 alone. When asked why they made this new gift to surgical excellence, Les Boris said, "Our father, Owen, was a technology guy. He was intrigued by the

ways in which technology could work hand-in-hand with medical leaders at St. Joe's to enhance the care of patients." His sister Jackie Boris-Work added, "Our parents wanted their philanthropy to fuel advancements in patient care and from witnessing the power of the da Vinci system, we know that's just what this gift is going to achieve." In recognition of the Boris family's new gift, St. Joseph's will name the two robotic surgical suites within the new surgical centre in their honour.

Quick Facts:

St. Joseph's Healthcare has joined the ranks of only 14 hospitals in Canada to be home to this leading edge technology.

We are the only hospital in the Hamilton-Niagara-Haldimand-Brant LHIN with a surgical robot.

St. Joe's is only the third hospital in Canada to have the dual-console da Vinci system.

Brand new Tim Hortons opens at St. Joe's



After nearly 20 months of preparation and hardwork, St. Joseph's celebrated the Grand Opening of its new full service Tim Hortons location in the Charlton Campus main lobby on December 7th. Pictured above is Ms. Linda Hollingham from Speech and Language, the first customer to be served.

St. Joe's welcomes Nephrologist as he receives national New Investigator Award

St. Joseph's Healthcare Hamilton welcomes Dr. Michael Walsh to its Nephrology team in the Hamilton Center for Kidney Research. To coincide with this welcome, is the announcement of a New Investigator Award to Dr. Walsh from the Kidney Research Scientist Core Education and National Training Program (KRESCENT).



The KRESCENT New Investigator Award is awarded to individuals who have demonstrated excellence during their pre-doctoral and post-doctoral training in kidney disease. The purpose of this award is to assist this individual in establishing themselves as a fully independent investigator in the field of kidney disease.

Dr. Walsh has been awarded by KRESCENT for his Remote Ischemic Preconditioning in Cardiac Surgery Trial (Remote IMPACT). The three-year research award for \$210,000 is co-funded by the Canadian Institutes of Health Research, Kidney Foundation of Canada and the Canadian Society of Nephrology.

"This award is a significant boost to our research program in kidney diseases," says Dr. Walsh, Nephrologist and Researcher at St. Joseph's Healthcare. "Kidney diseases are understudied despite how common and devastating they can be. We need to do more research and increase awareness of kidney disease to find better ways of preventing and treating them."

Dr. Walsh first arrived at St. Joseph's Healthcare in 2010 as a clinical scholar and has since become one of the most innovative and exciting new additions to the Hamilton Center for Kidney Research.

His current areas of research include:

Perioperative Renal Injury - Investigating the incidence, pathophysiology, early diagnosis of, and prophylactic treatment of acute kidney injury following non-cardiac and cardiac surgery.

Inflammatory Renal Diseases - Investigating the epidemiology and treatment of inflammatory glomerular diseases, primarily lupus nephritis and ANCA associated vasculitis. Dr. Walsh is the co-Principal Investigator of the largest randomized trial in ANCA associated diseases the world.

End-Stage Renal Disease - Investigating treatments to improve cardiovascular health and quality of life in patients that require dialysis for kidney failure.

Health Research Methodology - Examining factors that make the result of randomized trials unreliable.

For a full listing of Employee Deals and Discounts, visit www.stjoes.ca/play

All employee deals and discounts are offered with a valid hospital identification badge.



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HMECU
St. Joseph's Hospital Staff Branch
Room G1104 corridor 529 10
HOURS OF OPERATION
Mon, Tue, Thurs, Fri..... 0:50am to 4:50pm
Wednesday.....10:50am to 5:00pm
Closed Daily from.....1:50pm to 2:50pm

Are You Code Ready?

The newest hospital emergency colour code is **Code Amber**.

Code Amber is based on the North American Amber Alert which was established in 1996 to facilitate a community approach in the safe recovery of missing or abducted children. The goal of a Code Amber is to protect all infants, or children (newborn to 17 years of age) from unauthorized transportation or abduction. Further, the policy and procedure will also facilitate locating a missing child who has wandered off.

It is St. Joseph's Healthcare policy to provide a safe environment for everyone who enters our hospital therefore, this policy and procedure applies to all children (patients or visitors) who enter any of our three Campuses.

*Submitted by Stephanie Trowbridge
Emergency Preparedness Manager, SJHH*



Congratulations to the St. Joe's Tobacco Addiction Treatment Initiative team who received an Innovation Honourable mention for successfully training hospital staff and providing active support to individuals with mental illness to reduce or quit smoking. The team was recognized by the Cancer Quality Council of Ontario (CQCO), Cancer Care Ontario (CCO), and the Ontario Division of the Canadian Cancer Society at the recent 2011 Quality and Innovation Awards.

The annual awards honour organizations that have made significant contributions to quality and innovation in cancer care across Ontario including efforts in areas of cancer prevention.

Pictured above from L to R: Dr. Bill Evans, Vice-Chair, Cancer Quality Council of Ontario; Ms. Mary Griffiths, RN, Tobacco Treatment Specialist; Ms. Susan Strong, OT, Program Evaluator; Ms. Dawnna Keith, Manager; Mr. Martin Kabat, CEO, Canadian Cancer Society, Ontario Division and Honorable Deb Matthews, Minister of Health.

Carrying on the Mission of our Founders

On behalf of Wesley Urban Ministries, CHML/Y108 Children's Fund and the many sponsored families we helped bring Christmas to, we would like to extend a huge thank you to all of the caring staff here at St. Joseph's Healthcare Hamilton as well as numerous contractors for all your generous donations of hats, scarves, mittens, food items and toys!

This year, you definitely went above and beyond, collecting over 600 toys and over a 1000 food items for those in need in our local community.

This is clearly a true testament to the mission set forth by our Founders, the Sisters of St. Joseph of Hamilton, in serving the poor and marginalized in our community.



Museum Collection OPEN HOUSE

**January 25th 2012
10:00 am to 2:00 pm**

**Free Admission
Refreshments**

**Beckfield Bldg
West 5th Campus**





New Year's Resolutions

We all had such great intentions on January 1st. Losing weight is the most popular New Year's resolution and over 90% of us do not achieve it.

To increase your chances of losing weight, try setting a S.M.A.R.T. goal instead of resolution. A resolution is a vague wish such as "I am going to lose weight". A S.M.A.R.T. goal is straight-forward, helps you focus your efforts and defines what you need to do to lose weight.

An example of a S.M.A.R.T weight loss goal:

I am going to lose 10 pounds by March 1st by running on a treadmill for at least 30 minutes 3 times per week.

Specific

This goal is specific because it focuses on running on a treadmill which is the behaviour that needs to change to help achieve the weight loss.

Measurable

Measuring your goals lets you know how you are doing. For example, you can use a calendar to track how often and for how long you use the treadmill. You can easily see when you are not meeting your goal and problem solve how you can improve the following week.

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How are we doing?

Hand Hygiene Results

Overall, we are doing very well in our efforts to reduce infections by high hand hygiene compliance. Below are the rates for the month of December 2011.

Thank you to each of you for continuing to keep Hand Hygiene on the forefront.



	Before Patient Contact	Before Aseptic Procedure	After Body Fluids	After Patient Contact
West 5th Campus	83.1	95.5	100	88.9
King Campus	86.3	83.3	83.3	91.8
Charlton Campus	84.1	78	76.8	92
All Campuses	84	81.5	81.6	91.3

President's Message

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number of previously undisclosed documents on a new section of our website, entitled, Accountability, Quality & Performance. Please take a moment to view this new section of our website, accessed using the quick links list on www.stjoes.ca. In addition to these website changes, we now have a Freedom of Information (FOI) office which will process and coordinate all FOI requests from individuals and organizations in our community. Should anyone receive any communication that appears to be a Freedom of Information request, please ensure to forward immediately to the FOI office.

On December 9th, 2011, St. Joe's became the newest owners of the world's most advanced surgical robot as a result of a \$5 million gift announcement from the Boris Family, founders of Mountain Cablevision. St. Joe's has long been a leader in minimally-invasive, robotics-assisted and remote tele-surgery techniques and the Boris family's generous gift will enhance this legacy by bringing the da Vinci SI Surgical Robotic System to St. Joseph's Healthcare Hamilton.

Thank you again to all staff for all your hard work and dedication to our organization and I am looking forward to a brand new year ahead as we move into 2012.

Dr. David Higgins

President - St. Joseph's Healthcare Hamilton



in support of

St. Joseph's
Healthcare & Hamilton
FOUNDATION

St. Joseph's Healthcare APPOINTMENTS

Administrative Assistant

Congratulations to Kati Sackett who was the successful candidate for the Administrative Assistant position. Kati will provide support for the Corporate Directors working closely with Anne Marie MacDonald, Director of Peri-op Services and Laura Wheatley, Senior Manager for Clinical Development.

Interim Chief of Psychiatry, Mental Health and Addiction Program

We are happy to announce that Dr. Joseph Ferencz is now acting Interim Chief of Psychiatry, effective January 1st. Dr Ferencz is a longstanding member of the Mental Health and Addiction Program and is past Director of the Forensic Psychiatry Program, past Head of the Schizophrenia Service, and most recently Assistant Chief of Psychiatry. In his new role, Dr. Ferencz will be working closely with other leaders in the Mental Health and Addictions Program.

Interim Vice-President, Mental Health and Addiction Program

We are pleased to announce that Romeo Cercone, VP Quality and Strategic Planning has taken over as Interim VP Mental Health and Addiction Program effective January 3rd. Romeo will work closely with the Chief of Psychiatry, Directors and medical leadership. Romeo is a highly experienced hospital administrator and has been a key figure in developing our quality of care agenda and processes over the past four years. He is also our executive lead in strategic planning and is a hospital accreditor with Accreditation Canada.

Infection Control Professional

Congratulations to Maria Ralph, successful candidate for the Infection Control Professional position. Maria brings a wealth of experience in infection prevention to her new role at SJHH. She was previously a public health nurse working in infectious diseases at the Brant County Health Unit where she played an active role in coordinating infection prevention initiatives and in the management of multi-jurisdictional outbreaks.

**Want to announce a new appointment
or staff member? Send to
infoandevents@stjoes.ca
and we'll post it in
Connections and/or MyStJoes!**



Road Race around the corner

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Last year, we had more than 70 members of *Team St. Joe's* participate in this world-class running event. This year, we hope to have even more staff members come out to experience the historic *Around the Bay Road Race*. This year's team co-captains are Dr. David Higgins and Lisa Lewandowski (pictured above).

David and Lisa encourage all *Team St. Joe's* participants to register soon because the race is selling out quickly! The two by 15K and three by 10K relays are already sold out and the 30K race is filling up fast. If you prefer a shorter distance, consider the 5K run or walk event.

Visit www.aroundthebayroadrace.com to register today and don't forget to select that you are a member of *Team St. Joe's* under the "join a fundraising team" section of the webpage! You'll receive a free *Team St. Joe's* toque or t-shirt just for registering!

Had your heart set on a relay spot? No problem! The Bay Race organizers have allotted St. Joseph's Healthcare Foundation a few extra "charity spots" in each of the relay events. These spots can be secured by making a charitable donation to St. Joseph's Healthcare Foundation. Once you're registered, you can fundraise to have your charity spot fee fully refunded!

Please contact Leslie for more details at leslie@stjoesfoundation.ca or call 905.522.1155, ext. 35982.

Payday Payouts Lottery

Winners!

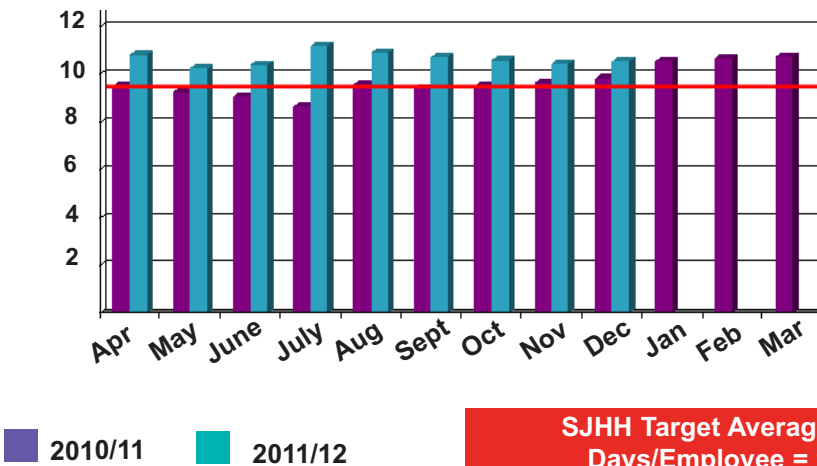
Winner: Anica Matko
Department: Housekeeping
Draw Date: December 8th, 2011
Prize Amount: \$6,009.00

Winner: Diana Ferguson
Department: Emergency Dept.
Draw Date: December 22nd, 2011
Prize Amount: \$6,114.00

Winner: Andrea Wydysz
Department: Orth & Arthr. Clinic.
Draw Date: January 5th, 2012
Prize Amount: \$6,076.50

Creating a Culture of Attendance @ St. Joe's

Average Sick Days/Employee -
Fiscal 2010/11 compared to 2011/12



We ended 2011 with a slight increase in sick time over the previous month. Sick time increased from an average of 10.44 sick days per employee to 10.55 days as of the end of December. As indicated in the graph above our projected average remains 6.7% higher than the average sick days at this time last year. As we enter the New Year, our SJHH target will remain at 9.25 days.

Body Watch

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Attainable

Ask yourself how confident you are that you can achieve the goal. If you feel you cannot achieve it, revise your goal. For example, start with using a treadmill once a week if 3 times per week is not attainable.

Realistic

Most New Year's Resolutions are unrealistic. If you are trying to lose weight, a healthy weight loss should be no more than 1-2 pounds per week. Slow weight loss is healthier and is more likely to stay off.

Timely

All goals should have a timeline. Without a timeline there is no sense of urgency or commitment to get started. Setting a date to achieve the weight loss will keep you committed.



Hours of Business

Charlton Main Lobby
6:30am - 11:30pm
7 days a week

Fontbonne Building
6:30am - 4:30pm
Mon-Fri

Connections is published monthly by the St. Joseph's Healthcare Public Affairs Department.

We want to hear from you!

Please send us your comments, suggestions, story ideas or submissions. The Public Affairs Department reserves the right to edit and print your submissions as space permits. Submissions are subject to approval. Submissions must be received by the 10th of each month prior.

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