



Kevin's Column

I recently learned of a very inspirational story about a fellow St. Joseph's Healthcare colleague whose personal touch has made a tremendous difference in the lives of many of our patients, families and staff. I thought I would share this story with you as it demonstrates how we can each find unique ways to bring the Sisters' mission of compassion, dignity, and respect to the care we provide each day.

Nancy Vago has worked here at St. Joseph's Healthcare as a Housekeeper for the past 22 years. Over the years, she has encountered patients and colleagues who have needed that extra boost. In response to this need, she created "Emergency Smile Stones". Nancy paints individual rocks with happy faces. She carries a supply of these stones with her to work and is always prepared to share one with a patient, family member or a fellow colleague who she feels would benefit from a smile. She sometimes shares, not one but two stones, one to comfort the individual and the other to be "paid forward".

Cont'd on Pg. 3

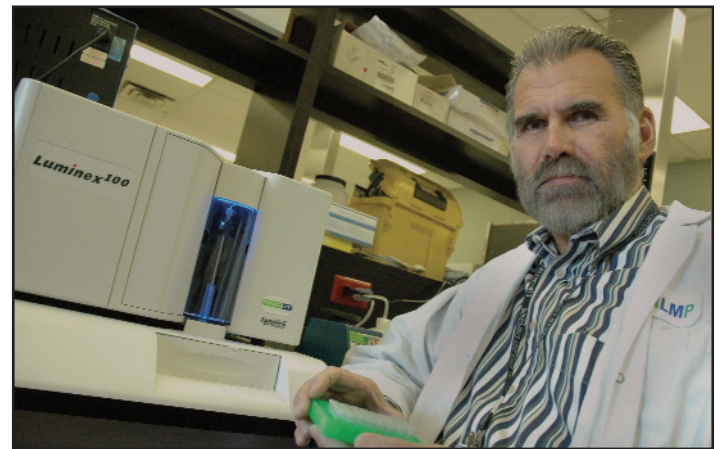
Test developed by SJHH Virologist receives FDA approval in the U.S.

The U.S. Food and Drug Administration (FDA) has approved the use of a new test developed by Virologist Dr. James Mahony, Director of the McMaster University Regional Virology and Chlamydiology Laboratory at SJHH. From development of the test to clinical trials and submitted data, the approval process amounted to nearly 18 months.

The test, xTAG™ Respiratory Viral Panel (RVP), was developed in conjunction with Luminex Molecular Diagnostics (formerly TM Biosciences) and simultaneously detects some of the most prevalent respiratory viruses, including the flu and the common cold, helping doctors more accurately diagnose patients.

"Having a test 'FDA approved' becomes the standard against which every other test is compared," says Dr. Mahony. "The approval is a good process because it guarantees the performance of the test. If you say your test is 90% sensitive and 95% specific, you need to show data that supports that. So the end user who uses the test knows that it is going to be 90% sensitive and 95% specific. The FDA is all about public safety - that is their key."

Traditional testing for this many viruses requires multiple individual diagnostic tests to be performed on a single patient sample and can take several



Dr. James Mahony

days to provide a detailed diagnosis. With this new test, 95% of respiratory viruses can easily and accurately be detected in just a few hours.

"The sensitivity is important because in the course of an infection, if an infection runs one or two weeks, you don't secrete the same amount of virus from your nose each day during the 14 days," says Dr. Mahony. "It starts off low, the amount of virus increases and it tapers off. There are periods in the beginning and the end when there is only a small amount of virus. So that is when the sensitivity of the test benefits the patient. If you collect a sample too early or too late, you run the risk of missing the infection, whereas, if you use a test that is more sensitive, during those periods at the beginning and end, you increase your probability of making the correct and accurate diagnosis."

Dr. Mahony also adds that the test does have a significant impact on public health itself. Public Health officials will be aware of what virus is in the community, therefore making better public health decisions for controlling various outbreaks in the city.

"They can start charting the data month over month, year over year," says Dr. Mahony. "Look at the epidemiology and understand, 'Are we seeing more rhinovirus infections in the community today than we did last year? Do we have more viruses? That process will take longer, but it will ultimately provide very useful information in the future.'"

Dr. Mahony also says the company is currently working on getting approval from Health Canada for use of the test in Canada, and thinks that it will be approved in a matter of months.

Mission on the Move

A regular update on recent achievements and progress to date in our Corporate and Clinical Attention Areas

Kidney-Urinary Program

The Kidney-Urinary Program has enjoyed considerable success in implementing its strategic goals so far. Some of the key accomplishments to date include:

- ▶ Currently working to develop and test the new Nephrology IT system.
- ▶ Midway through the redevelopment of the new Nephrology/Urology Unit on 7 Tower. This will include a five-station Hemodialysis unit to accommodate inpatient dialysis treatment.
- ▶ Participants in Alternative Care Delivery Task Group and successfully established collaborative care models in Hemodialysis and Nephrology.
- ▶ Established Kidney Function (Pre-Renal) program and recently relocated to improved space on 4 Marian at the Charlton Campus.
- ▶ Currently working with CCAC and other nursing agencies to support a home therapy program.
- ▶ A record 93 transplants were performed in 2007, making the SJHH Transplant program the third largest centre in Canada.
- ▶ MIU has become a regional referral centre supporting urological oncology patients.
- ▶ The Kidney-Urinary Program is an international leader in Kidney and Urinary research. Established the Amgen Chair in Research in 2007.
- ▶ Redevelopment project- Continue to increase Home HD/PD/Vascular Access to meet Provincial standardization and excellence.
- ▶ Recently partnered with the outpatient department and submitted a proposal for a renal aphaeresis program that will allow SJHH to offer transplants to patients who would have been otherwise excluded.
- ▶ Development of a Vascular Access Clinic at the Charlton Campus to open in April 2008.



Mental Health & Addictions Program

The Mental Health and Addictions Program has made great strides in recent months. Some of our most recent accomplishments include:

- ▶ As part of the continuing focus on integrating clinical care, education, and research, the McMaster University Department of Psychiatry and Behavioural Neurosciences relocated to the Mountain Campus in December of 2007. A new organizational structure for this integration was announced in December and will be implemented throughout the coming months.
- ▶ The 3G General Psychiatry Team transferred from HHS to St. Joseph's Healthcare in January 2008.
- ▶ The new Day Hospital, offering specialized services on an outpatient basis, opened in November 2007. There have been 40 referrals and this number is steadily increasing.
- ▶ East Region Mental Health Services demonstrated a 40% reduction in their active waitlist following implementation of the new Rapid Consultation Model for family physicians.
- ▶ Safety is a priority in the Mental Health and Addiction Program. A safety audit has been conducted and the recommendations are being implemented.

Performance Measurement

In their ongoing commitment to performance improvement and medical quality, the Medical Advisory Committee (MAC) has adopted its own balance scorecard. Titled, *The Medical Quality Scorecard*, the card has 30 indicators across four quadrants. Indicators include length of stay, readmission rates, infection rates and mortality ratios. The four quadrants are:

- ▶ Patient Safety and Quality
- ▶ Appropriateness of Care
- ▶ Resource Utilization
- ▶ Wait Times

Future indicators in the card will include data related to Diagnostic Services and Laboratory Medicine.

The MAC Executive reviews the card quarterly and has used the results to begin working on projects related to case complexity levels and the Hospital Standardized Mortality Ratio (HSMR).

Research Excellence

The Strategic Plan has enabled us to recruit two high-calibre scientists and their research teams. Much credit goes to the leadership of Nephrology and the Firestone Institute of Respiratory Health, as well as the St. Joseph's Healthcare Foundation, McMaster University and our commercial partners.

▶ Dr. Rick Austin and his team have been recruited to the McMaster AMGEN Chair in Nephrology at SJHH. This recruitment represents an important investment in the Kidney-Urinary Program, and paves the way for the eventual creation of a Nephrology Research Institute at St. Joseph's Healthcare.

▶ Dr. Mark Larche and his team have been recruited to the McMaster GSK/CIHR Chair in Lung Immunology at SJHH. This recruitment represents another investment in the research of a major regional program at SJHH. Dr. Larche is a highly respected researcher who has been recognized nationally with the award of a Canada Research Chair.

Cont'd from Pg 1

After hearing Nancy's story, I was inspired to reflect on the ways that we can each put our own personal signature on the care we provide to our patients and their families.

On a final note, we will be celebrating the Feast of St. Joseph on March 14th. To honour this significant day, we will be providing prayer cards to each of our patients and offering Zeppole, an Italian dessert traditionally served to mark this occasion to all of our staff, physicians, volunteers and patients at each campus. I hope that each of you will have the opportunity to be able to take a moment to celebrate this occasion.

Dr. Kevin Smith
President & CEO

Do you have a question or bright idea to share?
I want to hear from you.
Please email me at: president@stjoes.ca

New Birth Registry developed with new parents in mind

In 2005, ServiceOntario introduced an integrated online birth registration system that has made it easier for Ontario families to obtain their child's birth certificate. Previously, parents needed to register newborn births with the Ontario government before they could secure a birth certificate. This new service allows parents to register their child's birth online and apply for a birth certificate and Social Insurance Number at the same time.

"This is a fantastic service," said Marnie Buchanan, Nurse Manager of the Maternal Child Program at St. Joseph's Healthcare Hamilton. "It is so easy and simple to use that someone obviously built it with new parents in mind."

"In all aspects, we are revolutionizing government services," said Government and Consumer Services Minister Ted McMeekin, pointing out that the newborn registration system is now available in Hamilton and other municipalities in Halton, Niagara and Peel regions. McMeekin joined St. Joseph's Healthcare employees at a recent reception held in celebration of the 500,000th birth certificate issued with this system.



Left to Right: Ms. Rebecca Repa, VP of Planning, Redevelopment and Diagnostic Imaging; MPP Ted McMeekin; Ms. Alison Coyle and daughter Sydney Brown; Ms. Connie Gattozzi, Registration Clerk, Birthing Unit; Ms. Marnie Buchanan, Nurse Manager, Maternal Child; Dr. Rory McDonagh, Chief of Obstetrics and Gynecology, and Ms. Jackie Barrett, Director of Maternal Child.

Living the Mission

A spotlight on staff, physicians and volunteers who demonstrate the SJHH Mission in Action

On Monday, December 3, 2007, I was injured while playing hockey and transported to St. Joseph's Hospital by ambulance. I suffered a fractured left clavicle, fractured rib and associated soft tissue injuries and ACL joint separation of the right shoulder. To complicate matters, I had just recovered from an injury in the summer related to degenerative C6 and C7 vertebrae. While en route to the hospital, I experienced pain in my sternum, and coupled with my age of 50, there was some concern for my heart.

Upon my arrival in the emergency, I was cared for by one of your nurses who identified herself as "Mare." I was taken to a Critical Care suite as my blood pressure was rather high.

The attention and care I received throughout my stay by ER staff and doctors, and x-ray technicians was superb. Everyone was pleasant and genuinely concerned for my well-being. Of course, "Mare" stood out to me. She showed compassion, professionalism and dedication to duty, in addition to a keen sense of humour.

I also work in the public sector and am well aware that our actions are scrutinized and challenged on a regular basis. I was so impressed by the level of professionalism, organization and efficiency that I observed and received in your Emergency Department on a day my wife and I would like to forget. I am biased in that my wife is also a registered nurse, but make no mistake, as you know; it is the nurses that carry the load within the hospitals. You should be very proud of what I observed and I will never forget the quality of care and the kindness bestowed upon me.

Again, please relay my heartfelt thanks to "Mare." She is an asset to your hospital and serves as a role model for others to follow.

Sincerely,
John Lewington

Body Watch

Get Teenagers on the Move!

While exercise should be a part of everyone's daily routine, research has shown that physical activity drops when kids hit the teenage years. A busy schedule doesn't always translate into an active lifestyle. Help your teen be active and stay fit and consider adopting these ideas yourself.

- Get off the phone. Walk and talk with friends in person.
- Turn off the TV. Join a local recreation program, go skating, hiking or dancing.
- Turn off the computer. Sign up for a community sports team.
- Volunteer for community service - for example at a community garden, home-building project, community clean-up or kid's daycamp.
- Baby-sit and take the kids to a park or on a sled ride.

Being active now also helps reduce the risk of chronic health problems later in life. Indulge your teenager to engage in at least 30 minutes of physical activity most days of the week.

Body Watch is a monthly column on health and nutrition written by the Dietitians of

The Psychiatric Rehabilitation Program is changing one life at a time

By Jason, Graduate of the Psychiatric Rehabilitation Program, SJHH

Richard once "struggled emotionally" and didn't believe in the possibility of recovery. Now he has learned to manage his anxiety symptoms and develop his social skills after a successful, year-long involvement with the Psychiatric Rehabilitation Program.

This comprehensive service of St. Joseph's Healthcare Hamilton initially opened in 1982 as a 14-week closed group that ran three times a year. Since then, the program has evolved into the present open program with ongoing intake. The program generally takes one to one and a half years to complete.

The ensuing change in his life culminated this past Fall when Richard began studies at Mohawk College. Richard says that he "feels eager, enthusiastic and confident" that the tools he acquired in the Psychiatric Rehabilitation Program will serve him well in this endeavor.

Emma, another program graduate says bipolar disorder made her life miserable for years before she found the Psychiatric Rehabilitation Program. "I used to hide in the house, without any social contact, for several weeks in a row. I was unable to function." Emma's life changed as a result of the program. "After graduating from the program, I realize a big change in my behaviour and self-esteem."

The staff of the Psychiatric Rehabilitation Program never get tired of seeing this change. "We walk side by side on our client's journey to recovery," says Shirley Gignac, RN who has worked with the program for the past 25 years.

New clients to the psycho-social service begin their assessment phase in a weekly intake group, along with three skill-teaching groups that include Time Management and Organization, Goals and Feedback. Core programming includes Mutual Aid, a mandatory, tri-weekly session that promotes support, information sharing and decision-making among clients. Optional groups include Independent Living Skills, Assertiveness, Self-esteem, Stress Management and Leisure Planning.

Referrals are accepted from St. Joseph's Healthcare outpatient clinics for individuals who have serious mental illness and are open to change. They must have a community worker, experience struggles in daily living and remain free of acute symptoms while living in a stable environment for three months prior to engagement.

For more information of the Psychiatric Rehabilitation Program, please contact (905) 521-6001.

Sharing our knowledge globally

From January 17th to February 1st, medical leadership from SJHH joined representatives from St. Joseph's Health System (SJHS) on an International Outreach trip to Uganda. This year's trip enabled representatives from St. Joseph's Healthcare to provide a wealth of education and training in the areas of medical research and education to the Ugandan medical community.

Attendees on the trip included: Dr. Mark Crowther, Head of Service in Hematology and Senior Clinical Research Advisor at SJHH; Dr. Hugh Fuller, Chief Dept. of Medicine at SJHH; Mr. Brian Guest, President and CEO of SJHS; and Dr. Peter Kagoma, a Ugandan native, and physician from Brantford General Hospital, a member organization of SJHS.

"This was a tremendous opportunity for us to share our key learnings and assist the Ugandan people in carrying out their own research," says Dr. Crowther. "We have given them the tools to take the lead and initiate innovative research projects in their own country that may someday be recognized globally."



Emergency Preparedness: If we fail to plan, we plan to fail

An outbreak, pandemic or hospital emergency can occur without warning. At any given time, hospitals must be prepared to respond to all emergencies that may arise within the community. In order to ensure that the hospital has a coordinated, effective emergency response, it is imperative that hospital emergency plans are continuously maintained, revised, implemented and tested.

In January 2006, St. Joseph's Healthcare and Hamilton Health Sciences collaborated with the City of Hamilton's Department of Public Health and Social Services, to initiate the development of a detailed Pandemic Influenza Plan. This plan would ensure that our hospitals are prepared to mobilize resources quickly and effectively in order to limit the impact of an influenza pandemic.

Since that time, our partnership has continued

and significant planning has taken place. In addition, SJHH has continued with the development of the pandemic influenza plan to ensure a cohesive, collaborative and comprehensive plan that will also partner with Long Term Care and community physicians.

In January of 2007, the OHA released the Final SARS (Campbell) Commission Report that specifically highlighted the importance of improving hospital emergency preparedness plans, along with the continued management of such plans.

Taking a proactive role in response to these findings, St. Joseph's Healthcare seconded Stephanie Trowbridge in January to a one-year contract position as Project Manager, Emergency Preparedness. Further to this, the SJHH Emergency Preparedness Committee (formerly Emergency Measures), chaired by Derek McNally, was reconvened.

The goal of the SJHH Emergency Preparedness Committee is to provide continuous direction and support for the development, implementation and maintenance of all policies and procedures encompassing emergency and disaster management functions; thereby ensuring the safety of patients, visitors, employees, physicians, volunteers and the community.

Over the next year, the committee, along with Derek and Stephanie's leadership will address the emergency preparedness protocols for the organization ensuring that SJHH remains on the cutting edge of emergency disaster management as the organization continues to respond to the ever changing external pressures of the environment, such as SARS or a pandemic influenza. We will keep you posted on our progress throughout the next 12 months, so please stay tuned!

Celebrate
The Feast of St. Joseph's
March 14th, 2008

The Feast of St. Joseph, the patron saint of our founders, the Sisters of St. Joseph, is the Patronal Feast day for persons named Joseph, Josephine, etc. and for religious orders, schools and parishes bearing his name.

St. Joseph's Healthcare will honour this significant day by serving the traditional Italian delicacy, *Zeppole* in the cafeterias at each Campus. All staff, physicians, volunteers and patients are invited to come out and enjoy this delectable dessert.

Power from within

Hematologist Dr. Peter Powers has worked at St. Joseph's Healthcare Hamilton for over 31 years. By strange coincidence, it was on the 31st day of January that he and his wife Eugenia announced "A Powerful Gift" to St. Joseph's Healthcare Foundation -- \$100,000 to support the hospital's upcoming capital campaign.

When asked about the inspiration for their gift, Peter and Eugenia offered a rationale founded in experience. "The St. Joseph's we have come to know is constantly changing, growing and adapting. They say that if you stop moving forward, you might soon find that you're moving backwards. We don't believe that would ever happen here at St. Joseph's...perhaps that's why with this gift, we're hoping to ensure that the legacy of innovation that has defined this hospital for so many years lives on."

In recognition of their kind gift, St. Joseph's Healthcare Foundation will name a



Dr. Peter Powers (right) with wife Eugenia and son John.

waiting room in the hospital's recently redeveloped Diagnostic Imaging area after Peter and Eugenia's parents who were sources of immense support and guidance throughout Peter and Eugenia's lives. The Maleschok-Powers Ultrasound Waiting Room is scheduled to open in the fall of 2008.

Call! Buy with Confidence! List for Results! (905) 575-5478

ROSS ROBERTSHAW SALES REPRESENTATIVE

FREE MARKET EVALUATION!
"LET HIS BANK MANAGER EXPERIENCE WORK FOR YOU!"

RE/MAX
Escarpment Realty Inc., Brokerage
Independently Owned and Operated



Team St. Joseph's

See who's running in the 2008
Around the Bay Road Race



Name: Stephanie Cooper, Alexis Officer and Sherri Fry

Department: Physiotherapy

"We're going the extra mile because we want to raise a combined total of \$1,500 for St. Joseph's"



Name: Patricia Peters (Team St. Joseph's trainer)

Department: Clinical Operations

"I'm going the extra mile because I want to give back to the community that I both live in and work in"



Name: Lystra Chandree and Jacqueline Milinkovic

Department: Lystra: Health Information Services, Jacqueline: Redevelopment

"We're going the extra mile because we are training to run the 30k before we turn 30"

Team St. Joseph's is sponsored by:



Pharmacists: Your trusted partners in healthcare

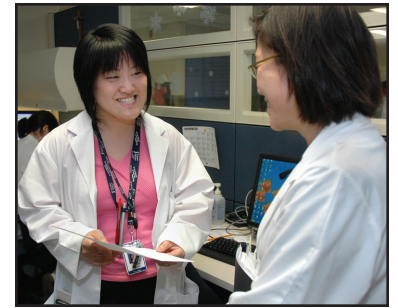
By Carmine Nieuwstraten, Professional Practice Leader - Pharmacy & Pharmacotherapy Specialist

In celebration of the recent Pharmacy Awareness Week which was held during the week of March 3rd to 9th, we would like to share with you some facts about the pharmacists, pharmacy technicians, and the pharmacy department at St. Joseph's Healthcare Hamilton.

Did you Know...

Our Pharmacists are:

- university-trained health professionals and are licensed with the Ontario College of Pharmacists,
- medication experts who work with physicians, nurses, and other staff to optimize the safe and effective use of medications,
- include investigators, authors, and reviewers of research studies and publications,
- working at all St. Joseph's Healthcare campuses, in such areas as: the inpatient pharmacies at the Charlton and Mountain Campuses, the outpatient pharmacies at the Charlton and Stoney Creek Campuses and the Chronic Disease Management Program for Diabetes and Medication Assessment Clinic at the Charlton Campus.



Our Pharmacy Technicians:

- operate the technical aspects of the medication distribution system in the hospital which allows pharmacists to focus on their direct patient care,
- maintain the ROBOT-Rx and Acudose systems,
- repackage up to 10,000 medication doses per day,
- prepare SAM dosettes and pass medications,
- will soon become a regulated health profession.



Our Pharmacy Department:

- has one of the oldest hospital pharmacy residency programs in the province of Ontario, training residents since the 1960's,
- supports the teaching mandate of the hospital, accepting pharmacist and pharmacy technician students in addition to pharmacy residents,
- was awarded a Ministry of Health and Long-Term Care grant to develop and evaluate a pharmacist mentorship program in 2007. This program has captured the interest of a number of other pharmacy departments across Canada,
- our ROBOT-Rx dispenses over 5,000 doses of medications per day.

Pharmacists are considered to be among the most "trustworthy" professionals (Ipsos Reid, 2007). Talk to your pharmacist today!

Some useful websites:

www.ocpinfocan.ca

www.cshp.ca

www.pharmacists.ca

St. Joseph's Hospital Staff Credit Union Branch

HOURS OF OPERATION

Mon, Tues, Thurs, Fri.....8:30am to 4:30pm
Wednesdays10:30am to 5:00pm
Closed Daily from 1:30pm to 2:30pm

ON-SITE BANKING SERVICES INCLUDE:

- ◆ Open New Accounts
- ◆ Full Pay Deposit/Deductions Arranged
- ◆ ATM and Debit Cards
- ◆ Savings/Chequing/GIC's & RRSP's
- ◆ Personal Loans/Mortgages and L.O.C.
- ◆ Internet & Phone Banking, Bill Payments *and more...*



Office Manager - Joanne Foster

Call Ext: 32910

Fax: 905-308-7224

Going Green: SJHH invites feedback on green opportunities

St. Joseph's Healthcare Hamilton is committed to fostering a healthy work environment for patients, staff and visitors. As one of Hamilton's largest organizations, we also recognize our civic responsibility to reduce our carbon footprint. A team of St. Joseph's Healthcare employees are leading an initiative to find new and innovative ideas that will support St. Joseph's Healthcare's goal of **greening** the environment.

The **Green Team** is looking for input from all staff and will be hosting a number of "**Greenstorming sessions**" at each campus over the coming months to explore new ways that SJHH can enhance the **greening** of our environment. These one-hour brainstorming sessions are designed to share experiences, ideas and ways that you or your department are **greening** your environment. All ideas are welcome.

Some of the ground work for this initiative has already taken place. Last year, SJHH embarked on an Energy Savings and Renewal Program through a partnership with Honeywell Energy Solutions to reduce energy consumption throughout the organization.

The on-going audit includes a review of the hospital's existing systems including heating, ventilation and air conditioning (HVAC), mechanical equipment, air quality, lighting and automation systems. Through this retrofit project, SJHH will reduce carbon dioxide pollution emissions by an estimated 4,165 metric tonnes per year.

Sustainable design principles are also a focal point of redevelopment plans at the Mountain Campus. The redesign of this facility will incorporate Leadership in Energy and Environmental Design Principles [LEED] as part of the redevelopment.

We invite you to come and learn more about these initiatives and to share with us your ideas of how SJHH can reduce our carbon footprint.

Please join us at our Greenstorming sessions

April 1

Mountain Campus
Seminar Room
12:00 - 1:00 p.m.

April 2

Stoney Creek Campus
Kemp Auditorium
12:00 - 1:00 p.m.

April 3

Charlton Campus
Classroom B
12:00 - 1:00 p.m.

April 8

After Hours Session
Charlton Campus
Classroom B
6:00 - 7:00 p.m.

Refreshments will be provided.
Please RSVP to Ext. 33408



Left to Right: Mr. Brian Cross, Manager Environmental Services; Ms. Kyla Kumar, Manager Public Affairs; Mr. John Woods, Director FSORC; Ms. Karen Prine, Administrative Director Clinical Programs; Mr. Chris Chovaz, Director Biomedical Engineering and Mr. Brady Wood, Manager Special Projects.



Energy Saving
and
Facility Renewal
Program



Working together for a healthier environment

St. Joseph's Healthcare Hamilton and Honeywell are teaming up to find ways to improve energy efficiency and the indoor environment. We thank you for your patience and cooperation during the initial audit stage which is now underway at the Charlton and Stoney Creek campuses.

St. Joseph's
Healthcare Hamilton

If you have any questions or concerns, please contact Chris Chovaz at 905-522-1155 ext 33009 or email energymatters@honeywell.com

A program created and supported by
Honeywell

Energy Saving Tips

...at Work:

- ✓ Report drafts, running water, and unnecessary lighting in the off hours to physical plant.
- ✓ Screen savers save computer screens, not energy - be sure to turn off computer monitors.
- ✓ Only electrical equipment that is necessary in a power failure should be plugged into the red receptacles.
- ✓ Turn off lights when not required, take advantage of natural light.
- ✓ Many small appliances are still drawing energy when turned off. Unplugging appliances after using them is the best way to reduce their energy use.

...at Home:

- ✓ Close curtains and blinds during the day to reduce heat buildup generated by sunlight.
- ✓ Most lawns need 2-3 cm (1 in) of water per week, don't over water.
- ✓ Hang clothes outdoors to dry, it saves energy and gives them a fresh-air scent.
- ✓ Install outdoor lights that have built-in motion detectors.

...on the Road:

- ✓ Decreasing your highway cruising speed from 120 to 90km/hr will decrease fuel consumption by about 20%.
- ✓ Tests show that rapid starts and hard braking reduce travel time by only 4%. However, fuel consumption increases by 39% and emissions of toxic air pollutants are more than five times higher.

Save the date!

Go the extra mile for SJHH!
114th Around the Bay Road Race
in support of SJHH Foundation
March 30, 2008

Join us in raising funds for
St. Joseph's Healthcare Hamilton.



Risk & Recovery Conference

April 28/29, 2008
8:00 a.m. to 5:00 p.m.
Sheraton Hotel
116 King Street West
Call (905) 522-1155 x36493
for more information.



Kidney/Urinary Conference

Caring for Patients. Caring for Each Other.
May 15, 2008
Royal Botanical Gardens
Call (905) 522-1155 x32167
for more information.



Crisis Workers Society Conference

The Future of Crisis Intervention
June 11-13, 2008
Contact Tanya at
tgardner@coasthamilton.ca
for more information.

CONA starting new chapter in Hamilton

The Canadian Orthopaedic Nurses Association is starting a chapter in Hamilton. This group will benefit any Orthopaedic nurse, or any associated colleague. Educational sessions will be held every month in Hamilton with locations including SJHH and HHS. Anyone interested in attending should contact Bev Greenwood at ext. 34036.

The latest Payday Payouts winners are...

February 7th, 2008

Carolyn Spriet from Audiology won \$4,324.50.

February 21st, 2008

Lois Saunders from GIM/ICU Research Program won \$4,336.00.



Please note: We're SOLD OUT! It's been a tremendous year for the Payday Payouts 50/50 Staff Lottery! The jackpot is now approaching \$4,500 and we have sold all 3,200 tickets printed for this fiscal lottery year.

Draws will continue, but we must apologize as no new applications for the Payday Payouts program can be processed until April 1st, 2008. On April 1st, we'll start a new year for the Payday Payout Lottery with plenty of tickets available for players old and new! If you have any questions about this process, don't hesitate to contact the Foundation at (905) 521-6036.

With our thanks

In December, Joanna Currie celebrated her 70th birthday. Joanna is a graduate of the St. Joseph's School of Nursing Class of 1959, and worked within St. Joseph's maternal program for many years. To honour Joanna on this special occasion, her friends and family came together and made donations to St. Joseph's Healthcare Foundation to support the highest priority needs of the hospital's Maternal Child Program. The Foundation would like to thank Joanna's friends and family for making such wonderful gifts in celebration of a nurse's lifelong dedication to compassionate care.



Enterprise Risk Management Initiative

SJHH has partnered with Deloitte Consultants to help us to identify and assess our risks from a hospital or enterprise-wide perspective. This process is complimentary to our patient and staff safety initiatives and allows us to demonstrate our response to the 2005 Accreditation suggested improvement that we develop a comprehensive Risk Management Framework.

This initiative will also assist us in evaluating our existing risk management practices and structures and to identify opportunities to enhance proactive risk management throughout the organization.

We believe that managing risk is everyone's responsibility! Please stay tuned to learn how you can be involved in the process.

CONNECTIONS

is published monthly by the St. Joseph's Healthcare Public Affairs Department.

We want to hear from you!

Please send us your comments, suggestions, story ideas or submissions. The Public Affairs Department reserves the right to edit and print your submissions as space permits. Submissions are subject to approval.

Managing Editor: Kyla Kumar
Editor: Karen DeBreau
Contributors: Debbie Silva, Lindsay Whelan, Carrie Thomas
Photography: Craig Peters, Kellie Mackay

Contact:
Public Affairs Department, Rm T1407
50 Charlton Avenue East, Hamilton ON L8N 4A6
Telephone: (905) 522-1155 ext. 33423
Fax: (905) 540-6531
Email: kdebreau@stjoes.ca